

Restauration Lodge #548

June 2009

www.sofn-cedarrapids.org

Volume XXXIII Number 6

The June social meeting will be Tuesday, June 9, 2009

6:30 pm

Our Savior's Lutheran Church

3634 1st Avenue NE

Cedar Rapids, Iowa 52403

Program : The Johansens' Trip to Antarctica

Perhaps the Johansens did not go quite as far as Roald Amundsen did when he captured the South Pole in December, 1911, but they came close! Come to the June 9 meeting of Restauration Lodge to hear about Dave and Sue Johansen's adventure to Antarctica in February of 2008. We are promised a Power Point presentation showing lots of penguins and icebergs -- which will keep us cool on a warm June evening.

Fra Presidenten

As I have been trying to squeeze in time to work in my gardens outside, I have wondered what is happening in Norwegian gardens at this time. I looked at pictures from our trip and realized my interest at that time was architecture and fences. A brief Internet search told me that common lilac are very popular and that heather is the national flower. That was not enough to satisfy my curiosity. It's time to sit down by our own lodge library and look at books! If you haven't taken time to explore our library, you are missing out on a great treasure. It is open before and after our lodge meetings and materials may be checked out. Meet you there.

Cindy Charlson Monroe

Board Meeting Date

The next S.O.N. Board meeting will be at 7:00 p.m. the fourth Tuesday of the month (June 23) at President Cindy Charlson Monroe's home - 449 Dows Rd. SE (363-7420).

Events of Interest

-July 19 - 16th Lutefisk Golf Outing in Owatonna, MN. Cost is \$45. Call 507-451-5841 for more information.

Program Suggestions for 2010?

Cultural Director Ann Gesme is working on next year's programs. Please send suggestions to her at augdhq@mchsi.com. Thank you.

Condolences to Family of Otis Boyd

We were deeply saddened by the death of Otis Boyd. Otis was a charter member of our lodge and sang in the Norseman's quartet for many years. Cards may be sent to 912 Jacolyn Drive N. W., Cedar Rapids, 52405.



Note the stunning lights of Norway decorating our Syttende Mai banquet room.

Bok Forening

The Book Club will meet at the Gesme home (2119 Lincolnshire Dr. SE – Cedar Rapids) on Wednesday, June 17, 2009 at 1 p.m. Ann Gesme will provide dessert and the group will share leadership in the discussion. July’s selection is *Norway to America* by Semmingson.

Way to Go, Verl

Member Verl Lekwa organized a Syttende Mai Parade in Columbus Junction in answer to the first St. Patrick's Parade held there earlier. The photo shows the four who marched, plus two of Verl's grandchildren, a couple of spouses, and a Welsh driver of an antique tractor.



Can you tell who Verl is?

Membership Recruitment & Retention

If you have a friend join our Lodge, call them to follow up to see if their lodge experience meets their expectations. If there is a way we can make our organization stronger, share that information with one of the officers listed on our back page. Consider being a mentor to a new member. Help new members understand our what we have to offer.

It's Party Time

Open House for Bernice Clark's (Lois McCormick's mother) 100th birthday on June 28th from 2:00p.m. - 4:00p.m at Fellowship Hall of the First United Methodist Church in Marion, Ia. Cards can be sent % Lois McCormick, 2990 18th Ave., Marion, Ia.

Foundation News

Twenty-two General Heritage and Culture Grants were awarded in 2009, helping to promote Norwegian heritage and culture in communities across the U.S. through theatre and vocal performances, festival participation, books, DVDs, touring groups and more. These grants are made possible by donations to the Heritage and Culture Fund. In Iowa, Dianne Fulton of Decorah received a grant for "A Common Thread", textile traditions of Norway and Sweden and Vesterheim Museum received a grant for a virtual portfolio of Norwegian-American Folk Artists. Our donations went to good use!

Cultural Skills Medals Program

Ask Lois McCormick for help in participating in the Sons of Norway Cultural Skills Program. You can explore Traditional Norwegian Cooking, Reading Norwegian and American-Norwegian Authors, Collecting Norwegian and North American Stamps, Norwegian Rosemaling,

Genealogy- Family History, Hand Knitting, Norwegian Language and Culture, Hardanger Embroidery, Figure Carving, Weaving, Ornamental Carving, Chip Carving, Folk Dances, and/or Music and Musicians of Norway.

date, please let Cindy Charlson Monroe know (319-363-7420)

Save July 10, 2009 to represent S.O.N. at Linn County Fair



Our Lodge's Namesake

Cleng Peerson, one of the first Norwegian immigrants to come to America in 1821, was one of two Quakers seeking a location for a congregation. In 1824, he returned to Norway and told church members about the opportunities in America. In 1825, he brought about fifty Norwegians on a sloop called the *Restauration* to settle in America. The trip took ninety-eight days. Cleng Peerson became known as the father of Norwegian immigration.

Nametags

Orders for nametags will be take at meetings. If unable to attend, please call Dean Gesme to get information.

Happy Birthday

June

- 8 Marilyn Skaugstad – Iowa City
- 11 Wilmer Mickelson – Cedar Rapids
- 12 Barbara Erickson – Cedar Rapids
- 13 Melanie Harrison
- 13 Berger Zoe
- 19 Sandra Van Amburg - Atkins
- 25 Barb Taylor – Cedar Rapids
- 29 Alan Erickson – Cedar Rapids

If you prefer to not have your name and birthday listed, or there is an error in the

A Little in English...

Walpurgis Night and St. Hansaften
Walpurgis Night is the night of May 1st, and is named in honor of the German saint Walpurgis (approx. 710-779 AD) who was a Christian missionary to the kingdom of the Franks. Even though the name comes from Christianity, many believe that the celebration is connected to pre-Christian times and heathen beliefs. The night belongs to young people, with bonfires and singing. Walpurgis Night is celebrated throughout Scandinavia and many places in Germany. While celebrating Walpurgis Night is more common in Sweden than in Norway, St. Hans' Eve is popular in both countries. The name St. Hans comes from the biblical John the Baptist who was born June 24th. For the most part we call it St. Hans Eve, but "midsummer's eve" is used as well. The parties often get quite wild, and so midsummer's eve is always held on a weekend. The tradition of setting a bonfire, especially along the coast, was originally a heathen practice. A long time ago it was typical to believe that the flames would keep the witches away. According to folk belief witches were especially active on midsummer's eve. They might be out to collect ingredients for their witchcraft activities, or they were on their way to witch meetings at Troms Church or The Brocken, which is the highest peak of the Harz mountain range.

Adapted from various sources

Litt på norsk...

Valborgsnatten og Sankthansaften
Valborgsnatten er natten til 1. mai, og er oppkalt etter den tyske helgenen Valborg (ca 710-779) som var kristen misjonær til frankerriket. Selv om natten har fått navnet fra kristendom, tror mange at feiringa er tilknyttet til førkristen tid og hedensk tro. Natten er en ungdomsfest med bål og song. Valborgsnatten feires over hele Norden og

mange steder i Tyskland. Feiringa av Valborgsnatten er mer vannlig i Sverige enn i Norge, men St. Hansaften (23. juni) er populær i både landene. Navnet St. Hans kommer fra den bibelske Johannes Døperen som ble født den 24. juni. Sankthansaften feires altså her i Norge kvelden før. Vi kaller det stort sett Sankthansaften, men ordet «midtsommeraften» forekommer også. Feiringa går ofte vilt for seg og legges derfor alltid til helgen. Tradisjonen med å tenne bål, særlig langs kysten, var opprinnelig en hedensk skikk. Lenge siden var det vanlig å tro at ilden skulle holde heksene borte. I følge folketroen var heksene spesielt aktive midtsommernatt. De kunne for eksempel være ute for å samle ingredienser til sine trolldomsaktiviteter, eller de var på vei til heksemøter ved Troms Kirke eller i Bloksberg i Harzen.
Adaptert fra forskjellige kilder

Frende er frende verst. (Kinsman is worst to kinsman.) Peder Syv
Peder Syv is a Danish author, who studied and wrote about Danish grammar.

2009 Lodge Kalendar

June 7	Flag Day – Nor./Swed. Dissolved
June 9	Lodge Social Meeting
June 17	Book Club
June 19	Midsummer Eve
June 23	Board Meeting
June 26	Newsletter Deadline
July	NO BOARD MEETING
July 4	Flag Day – H.I.M. Queen Sonja, 1937
July 10	S.O.N. Table at Linn Co. Fair
July 14	Lodge Social Meeting
July 15	Book Club, <i>Norway to America</i>
July 20	Flag Day – Crown Prince Haakon Magnus, 1973
July 24, 25	Nordic Fest, Decorah
July 29	Flag Day – St. Olav's Day
July 31	Newsletter Deadline



President Cindy Monroe's parents, Violet and Ray Charlson were guests at our Syttende Mai celebration,

Proverbs and Literary Quotes

In additional to the large number of proverbs shared by many nations/cultures, you often will find proverbs of a national and/or local character.

Enhver er sin egen lykkes smed. (Everyone is the maker of his own luck.) Peder Syv
Eplet faller ikke langt fra Stammen. (The apple does not fall far from the tree.) Peder Syv

Pickled Herring (Sursild)

*From Authentic Norwegian Cooking
by Astrid Kalsen Scott*

Ingredients:

Firm dark rye bread
Bibb lettuce
Pickled herring
Apple slice
Dab of sour cream
Fresh dill or parsley
Butter coarse, dark rye or pumpernickel breadlightly. Top with Bibb lettuce leaf.
Cover generously with herring and onion slices from the pickled herring. Add a dab of sour cream, an apple slice (sprinkled with lemon juice) and a sprig of dill or parsley.
As a tasty alternative, try this combination!
Bibb lettuce
4 slices of boiled potato
Pickled herring
Red onion slices
Fresh dill

Address, Name, E-mail, Telephone
Change

Please let our membership secretaries know ASAP – Alan and Barbara Erickson at 377-1707. Thank you.

Norwegian in 5 Minutes a Month

Want to impress your relatives? Need to learn a few phrases for that trip coming up? Got some old letters you'd like to translate? Whatever your goals, Sons of Norway can help you get started learning the Norwegian language.

Our website, www.sonsofnorway.com, has two great language programs for members. The first one, "Norwegian in 5 Minutes a Month," consists of 37 lessons of simple phrases, written in Norwegian with English translations and pronounced by native speakers. They are all aimed at the beginner level, but they will give you a sense of what the language sounds like and how it works. The second, newer program is called "Norwegian for Reading Comprehension." As the title indicates, this program focuses on reading for general understanding, rather than speaking or writing. Norwegian for Reading Comprehension shows you how the Norwegian language works and teaches you a strategy for breaking down sentences, paragraphs and passages piece by piece.

Since there's so much variation in the Norwegian language, this program includes instruction on the two different forms of the written language as well as tips about reading older texts. To try either of these programs, just sign into the "Members Login" section of www.sonsofnorway.com. If you're interested in studying Norwegian at a local university, check out this list from the Less Commonly Taught Languages project at <http://www.carla.umn.edu/lctl/db/>. For more information and help about learning the language generally, check out Norskklassen, a free online community and resource bank by going to <http://norskklassen.ce-service.biz/>.

Better yet, join the language class offered again next fall by our lodge.

Vesterheim's Lifelong Learning

The month of June is busy at Vesterheim. Multiple classes are offered in rosemaling, making a Psalmodikon, Acanthus carving, weaving, nalbinding, Viking and Sami bracelets, and chip carving. Please visit their website or call the museum for more information.



Elected Officers:

President – Cindy Monroe 363-7420
Vice President-Dean Gesme 362-6910
Secretary –Harold Williamson 338-5658
Treasurer-Ding Sather 393-7310
Assistant Treasurer-Dean Gesme 362-6910
Membership Secretary-Alan and Barbara
Erickson 377-1707
Cultural director-Ann Gesme 362-6910
Social directors- Mavis Hovden 393-3286
Anna Marie Klein 373-9260
Jean Murray 393-9560

Sons of Norway representative:

David Tesdahl 319-286-9447

Lodge web site: www.sofn-cedarrapids.org web
master- Robert Thorkildson 319-721-9902

Appointed Officers:

Auditors:

Verl Lekwa 319-728-2847
Ruth Christ 319-351-7717
Bob Thorkildson 319-721-9902
Foundation-Wally Sundet 393-6971
Greeters-Sharon Mow 366-3202
Ruth Berger 365-4979
Historian-Paula Schulte 396-1076
Language Facilitators:
Tom and Ingrid Næsse 319-841-2311
Past President-Lois McCormick 377-2890
Librarian-Sarah Eness Gunderson 319-330-3153
Marshall- Lloyd Holecek 377-4438
Musician- Sharon Kay Stang 319-351-5133
Newsletter Editors – Cindy Monroe 363-7420
Publicity-Sandra Van Amburg 223-5331
Scholarship-Ruth Christ 319-351-7717
Sports/Recreation/Youth-Verl Lekwa 319-728-2847
Sunshine-Cheryl Zapf 363-5326
Trustee-Paula Schulte 396-1076

**Sons of Norway
Restauration Lodge #548
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Cedar Rapids, IA 52403-1606**