

RESTAURATION LODGE #548



August 2009

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The next social meeting will be **Tuesday, November 10, 2009**

7:00 p.m.

**Our Savior's Lutheran Church
3634 1st Avenue NE
Cedar Rapids, Iowa 52403**

Program: The *Stabbur*, or Norwegian Storehouse – a building unique to Norway, by Ann Gesme. Slides from the 1880s to the 1940s depicting many examples of stabbur in Norway, its function and design.

Don't miss the Silent Auction! Bring your donations of gently used or new Norwegian items for the auction. ☺

Thank you to Fred Amundson and Nancy and Bob Thorkildson for providing treats for our November meeting.

6:30 p.m. - December 8 – Julebord - annual lutefisk potluck dinner

Fra President

After writing this article for our newsletter, I am packing for a trip to my hometown of Forest City. I plan to stay there for a few days and visit with relatives. One of my goals is to spend time with older relatives and record their stories and scan some of their pictures. I have promised to create a CD to be shared with our extended family. Our Sons of Norway programs last year gave me the genealogy bug. Perhaps the most important aspect of our work last year was the realization that your family history is more than names and dates and locations of births and deaths. There is a story

that can be told. In order to tell the story, we need to interview our seniors and research the times and events through which our ancestors lived. At our next book group (Wednesday, November 18 at 1:00 at Gesmes' home), we are discussing *Between Rocks and Hard Places* (traditions, customs, and conditions in Norway during the 1800's emigration from Norway, the immigrant community in America) by Ann Urness Gesme. If you have any interest in understanding or telling your story, this session is a must. It will be worth taking an afternoon of vacation time.

Cindy Charlson Monroe

Norwegian Name Days- English

In Norwegian culture, a person's name day is a day of the year that according to an almanac is dedicated to their first name. The tradition of celebrating a name day comes from the early Christian church, evidently to reduce the significance of celebrating birthdays, which was considered a heathen practice. The original name days were taken from a list of Catholic saints and martyrs from the Middle Ages. Even though the religious basis for saints' days fell away after the Reformation, the practice was retained in folk tradition. From about the middle of the 18th century until early in the 1900s these name days were published in almanacs. By 1912 both the names and the traditions surrounding them had died out in Norway. Name days had little meaning in Norway during the 1900s, while growing in popularity in Sweden. This generated a certain amount of attention in the Norwegian media during the 1980s, and in 1988 a new calendar was published that included name days. For every date in the year except January 1st, February 29th and December 25th, two names were chosen, based on statistics for names from the period 1900-1982. About 125 of the names from the old name day calendar were reintroduced on the same dates as before. A few names were assigned to dates connected to historical figures with the name. Examples of this are Snorre, which was assigned to September 23rd, the birth date of Icelandic saga scholar Snorre Sturlason, and Håkon and Maud, which were both assigned to June 21st, the date of the coronation of King Håkon VII and Queen Maud in 1906. Today the tradition is well-known in Norway. You can look up your own name day at [http://www.nordicnames.de/wiki/Norwegian Name Day](http://www.nordicnames.de/wiki/Norwegian_Name_Day)

Norske Navnedager- litt på norsk...

En persons navnedag er den dag som ifølge almanakken er tilegnet personens fornavn. Tradisjonen å feire navnedag oppstod i den tidlige kristne kirken, nærmest for å redusere betydningen av fødselsdagsfeiringen, som ble oppfattet som en hedensk skikk. De gamle navnedagene var hentet fra en liste over helgener og martyrer fra middelalderen. Selv om det religiøse grunnlaget for helgendagene falt bort med reformasjonen, ble de bevart i folketradisjonen. Fra omtrent midten av den 18de århundret til tidlig i 1900-tallet var navnedagene trykket i almanakker. Innen 1912 hadde både navnene og tradisjonene rundt dem dødd ut i Norge. Navnedager hadde lite betydning i Norge gjennom 1900-tallet, mens feiringen av folks navnedager fikk stor utbredelse i Sverige. Dette vakte en viss oppmerksomhet i norske medier på 1980-tallet, og i 1988 lanserte Almanakkforlaget en ny kalender som etter svensk forbilde inneholdt navnedager. For hver dato i året, bortsett fra 1. januar, 29. februar og 25. desember, ble to navn valgt ut, basert på statistikk over navn for perioden 1900–1982. Rundt 125 av navnene fra den gamle navnedagskalenderen ble gjeninnført på samme dato som tidligere. Noen få navn ble lagt på datoer knyttet til historiske personer med navnet. Eksempler på dette er Snorre, som fikk navnedag 23. september etter dødsdatoen til Snorre Sturlason, og Håkon og Maud, som begge fikk navnedag 21. juni etter kroningsdagen til kong Haakon VII og dronning Maud i 1906. I dag er tradisjonen velkjent i Norge. Du kan slå opp din egen navnedag på [http://www.nordicnames.de/wiki/Norwegian Name Days](http://www.nordicnames.de/wiki/Norwegian_Name_Days)

Donate to Auction at November Meeting

We are featuring a silent auction at our November meeting. Please consider donating a new or gently used Norwegian item. Bring it before the meeting so we can attach an auction sheet and arrange it on the table. Baked goods sell very well!!

PLANNING A VACATION?

Check out some of these Midwest Norwegian events

- Nordic Lights Film Festival-Twin Cities, Minneapolis, MN 11/20 to 11/22/2009
- Torsk & Meatball Dinner & Bake Sale, Sioux Falls, SD 01/16/2010
- Midsummer Scandinavian Festival, Crookston, MN 06/14/2010

LOOK FORWARD TO THESE UPCOMING PROGRAMS!

- **Stabbu The Norwegian Storehouse – Ann Gesme, 11/13/2009**
- **Julefest 12/08/2009**

Out With the Old....Viking for Kids, Winter 2009

Oslo, Norway's most visited landmark is no more. The 56-year old Holmenkollen Ski Jump, built for the 1952 Winter Olympics and renovated 18 times, has been taken down to make way for a modern jump.

The new structure, designed by architects from Denmark, will be sleek and better able to meet the needs of today's professional jumpers. Norway hopes to host the 2011 Nordic Skiing World Championships. It plans to have the new jump ready for the tryouts in winter 2010.

(Don't forget to catch your favorite Norwegians in this years winter Olympics ☺)

ANNOUNCEMENTS

*** Norwegian Language Class Every Thursday**

Our Lodge is fortunate to have Norwegian born Tom Naesse teaching our language and culture class every Thursday evening. Call Tom (841-2311) to get information about joining.

*** Lingonberry and Herring Orders Being Taken**

We will take orders at the November meeting for lingonberries (\$8) and herring (\$8.50). Orders may be picked up at the December meeting – in time to give as Christmas gifts. The lingonberries are really tasty on ice cream!

*** Lutefisk Dinner on December 8**

This potluck is what lutefisk lovers have been waiting for! Please bring a main dish or dessert. The cost is \$1 for none-lutefisk eaters and \$4 for lutefisk eaters. Your president and vice-president feel the costs should be reversed, but were outvoted at the Board meeting. Invite your Scandinavian friends to this dinner. Can't you just smell that special aroma as you read this newsletter.

*** Office Election at November Meeting**

The nominating committee has selected the following slate of officers to be elected at our

November meeting. Nominations will also be taken from the floor. To provide continuity for our Lodge, we elect half of our officers each year and ask that they serve two-year terms.

Vice-President	David
Johansen	
Secretary	Harold
Williamson	
Membership	Alan and
Barbara Erickson	
Cultural Director	Lois McCormick
and Cheryl Zaph	

*** Sorry, No More Calendars**

Our Norwegian calendars were a very popular item. We sold out and will not reorder. Next year, we may need to order more.

*** Stories Needed**

Do you have ideas or stories for the newsletter? Other members are interested! Please submit your own stories, or call Cindy or Sherrie with ideas. ☺

Simple Lutefisk Jokes or Lutefisk Jokes for the Simple

Uff Da is ...arriving late at a lutefisk supper and getting served minced ham instead.

Lena says that Ole's favorite sandwich is a BLT. Baloney, lutefisk and torsk.

You know you are a Lutheran church basement woman if you get so pooped out from boiling potatoes and fish for the lutefisk supper that

you feel a close kinship to 90-year-old Sarah in the Bible when she was in labor.

You know you are a Norwegian Lutheran if you just assume that lutefisk and lefse are directly descended from the two fishes and five loaves at the Sea of Galilee.

You know you are a Norwegian Lutheran if you not only know where all the lutefisk suppers are held within a 75-mile radius, but you know the dates, times and the wait period in the Sanctuary before the fish is served.

You know you are a Norwegian Lutheran if you know you are motoring in the fast lane when you have been to four lutefisk suppers already this November and you still have two to go.

(The rest of the lutefisk jokes were inappropriate for a family newsletter.)

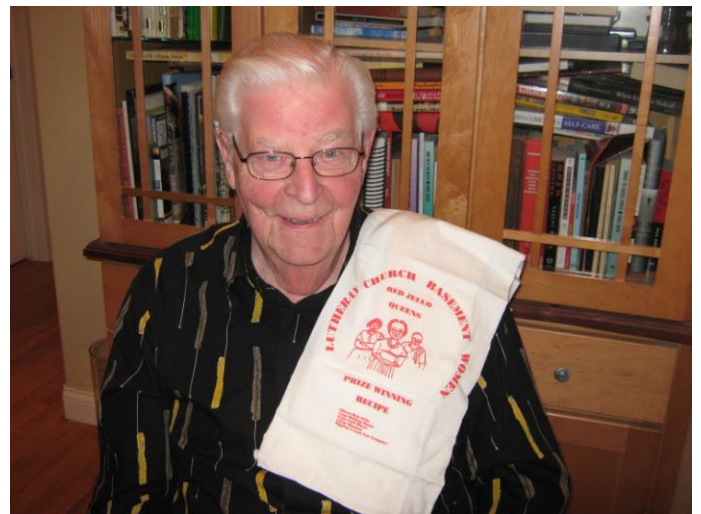
Norwegian Blessing

May da ruts always fit da wheels of
your pickup
May your ear muffs always keep out
da Nort vind
May da sun Shine varm on your
lefse
May da rain fall soft upon your
lutefisk
And until ve meet again....
May God protect you from any and
all unnecessary
Uff Das

Joke Sent in By Subscriber



Ole drives by Sven's house near Duluth and sees a sign on the fence: "Talking Dog for Sale -- \$100." Ole stops and greets Sven who shows him the dog. The dog says he bravely served in Desert Storm and Iraq as a tank driver and went on about his military service. Ole was impressed, got out his billfold, and asked how Sven could sell the dog so cheaply. "Because he's a liar," said Sven. "He was in the Navy and never drove a tank in his life. He was a cook.



Vice president Dean Gesme has his eye on the Lutheran Church Basement Women Red Jello Queen dish towel. We certainly hope someone can outbid Dean for this one-of-a-kind beauty. It comes with many other suggested uses – dishtowel scarf, temporary coverlet for freshly baked lefse, shower gift for new Lutheran bride (can be embroidered), etc.

Cities in Norway- Word Search

s e n r e v k l s o a s t
t o d d a n e e l r a s r
a l p a r e n d a l e t r
v d s t l e e m a f t e k
a r e s n r a d r r h i i
n o a r d h p e o a v n v
g j e a a p m n u r s k r
e f l h o m d g a o e j a
r e m m a h e l l i l e n
n t n h e s o s m a n r o
m s e i u s t o r v i k l
a n m n o r d k a p p l s
a i d n u s m a t s g e o

OSLO	LILLEHAMMER	TRONDHEIM
HAUGESUND	LARVIK	STAVANGER
INTEFJORD	KVERNES	HARSTAD
NARVIK	HAMAR	OPPDAL
STEINKJER	ARENDAL	NAMSOS
STORVIK	STAMSUND	ODDA
NORDKAPP	HAMMERFEST	OLDERDALEN

Christmas Ornament - Sons of Norway is offering a limited-edition Christmas ornament to help you celebrate your Norwegian heritage this holiday season. Proudly displaying the Sons of Norway logo and colorful Telemark Rosemaling design, the ornament will display your Nordic pride as well as be a cherished, colorful addition to your Christmas tree this year. About the Design The ornament is styled with a Telemark Rosemaling design. Noted for its transparent and lyrical style, Telemark's use of organic shapes and scrolls create a dynamic feeling of movement, which carries the eye rhythmically through the design. Also, its color palettes have historically consisted of earth tones, mostly due to rural painters access to inorganic native elements. This year's ornament design preserves these styles and continues the traditions of Norway's earliest artisans.

Remember, this year's ornament is a special offer and quantities are limited. If you'd like to order an ornament for yourself or for someone special, contact Sons of Norway at (800) 945-8851. The cost is \$14.99 + tax and shipping per ornament.
www.sonsofnorway.com

<u>Elected Officers:</u>		<u>Appointed Officers:</u>	
President – Cindy Monroe	363-7420	Auditors:	
Vice President – Dean Gesme	362-6910	Veri Lekwa	738-2847
Secretary – Harold Williamson	338-5658	Ruth Christ	351-7717
Treasurer – Ding Sather	393-7310	Bob Thorkildson	721-9902
Assistant Treasurer – Dean Gesme	362-6910	Foundation-Wally Sundet	393-6971
Membership Secretary –		Greeters-Sharon Mow	366-3202
Alan & Barbara Erickson	377-1707	Ruth Berger	365-4979
Cultural Director – Ann Gesme	362-6910	Historian-Paula Schulte	396-1076
Social Directors – Mavis Hovden	393-3286	Language Facilitators:	
Anna Marie Klein	373-9260	Tom & Ingrid Næse	841-2311
Jean Murray	393-9560	Past President-Lois McCormick	377-2890
<u>Sons of Norway representatives:</u>		Librarian-Sarah Eness Gunderson	330-3153
Davis Tesdahl	286-9447	Marshall-Lloyd Holecek	377-4438
<u>Lodge web site:</u> www.sofn-cedarrapids.org		Musician-Sharon Kay Stang	351-5133
Web master: Robert Thorkildson	721-9902	Newsletter Editors-Cindy Monroe	363-7420
		Sherrie Waite	329-8190
		Publicity-Sandra Van Amburg	223-5331
		Scholarship-Ruth Christ	351-7717
		Sports/Recreation/Youth-Veri Lekwa	728-2847
		Sunshine-Cheryl Zapf	363-5326
		Trustee: Paula Schulte	396-1076