

RESTAURATION LODGE #548



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The January social meeting will be Tuesday, January 10, 2012 at 6:00 pm at Our Savior's Lutheran Church

This will be our annual Lutefisk supper and potluck. Everyone should bring a dish to share and their own table service. There will be a charge for lutefisk (for those who wish to eat it). Board members should arrive at 5:30 to set up.

Life stories are not life histories -- they are simply written accounts of brief episodes or events in a person's life. This sort of writing exercise brings enjoyment and fulfillment to the writer. It also preserves important episodes in the writer's life for other family members to enjoy. No special writing skills are necessary. At the January meeting Dean and Ann Gesme will tell a little about how to carry out this writing project

Sessions to help you write your own life story will be arranged for those interested in pursuing this project.

FYI: Norwegian Calendars will be available for the last time this year. Lois will be returning the remaining calendars after the January meeting. The cost is \$12.00. Contact Lois McCormick at 377-2890 with any questions.

Name Tags are also available by calling Lois McCormick at 377-2890. The cost for each name tag is \$7.25.

BOOK CLUB

Wednesday, January 25, 2012, 1 p.m. at Gesmes - Everyone welcome, but please phone Ann at 362-2910 if you plan to come.

Since 1926, the Norwegian American Historical Association has published many books, including 36 volumes of interest to folks of Norwegian American heritage. You may read an entire volume or choose articles of interest to you from several volumes. The first 20 volumes are titled *Norwegian-American Studies and Records*, the more recent ones *Norwegian-American Studies*. Each volume contains about 10 or 12 interesting articles about the Norwegian-American experience. All volumes are available online at <http://www.naha.stolaf.edu/pubs/nastudies.htm>. Volumes 29-35 are in our Sons of Norway library at the church.

JANUARY BIRTHDAYS

Name	Birth Day	Name	Birth Day
Beverly E Reinertson	1	Janice L Miller	21
M Jean Murray	3	Susan R Speicher	21
Signe Hovet	4	Lois M Mc Cormick	17
M David Solberg	4	David E Christ	24
William S Jacobson	10	Dianne F Garber	24
Marvin Robeck	13	Nancy L Hansen	24
David A Aanonson	17	Gloria A Larson	24
Iver Hovet	17	Frank D Klemetson	25
Larry D Knutson	18	Alan V Stang	28

LINK FOR NEWS

Here's a link for news from Norway (in English) as promoted at our meeting in November <http://www.thelocal.no/>

SARAH JORSTAD'S NORWEGIAN RYE BREAD (Anna Marie Klein)

5 C. water	1 T. salt
½ C. molasses (I use Grandma's unsulphered)	2 C. rye flour
1 T. shortening	1 envelope + 1 tsp. yeast
½ C. brown sugar	½ C. white sugar
11-12 C. white flour	

Measure water, molasses, shortening, sugars and salt into big bowl and heat until shortening is melted and mixture is warm. (I put this in the microwave and check after one minute. It usually takes about three minutes.) Stir in the rye flour and yeast. Stir in as much white flour as possible, then with your hands work in the rest. Knead until satiny and smooth. Cover, set in warm place and let rise until double in bulk. Punch down and let rise again, then shape into five loaves. Place in well greased loaf pans, cover and let rise again until double. Bake in 350 deg oven for 50 minutes. Makes 5 loaves. (Anna Marie furnished this bread for the December meeting.)

December 13, 2011 Social Meeting, Restauration Lodge 1-548, Sons of Norway Our Savior's Lutheran Church

- Meeting began at 6:30 PM with serving of three kinds of pea soup and rye bread which were provided by Cindy Charlson Monroe and others. About 50 people were present including 6 guests, two of whom were from Norway.
- Business meeting began at 7:24 PM
- Singing of America and Ja Vi Elsker accompanied by Sharon Kay Stang
- Pledge of Allegiance
- Committee Reports:
 - o Treasurer's Report: Ding Sather – Checking \$3612.65, Savings \$7785.56, all bills paid.
 - o Secretary's Report: Harold Williamson – Minutes of November 8 as published in the newsletter were approved.
 - o Social Directors' Report: Mavis Hovden
- January meeting will be Lutefisk potluck.

- Have servers thru mid year.
- o Membership Directors: Alan and Barbara Erickson – 137 members.
- o Sunshine Report: Cheryl Zapf – Last card sent to Beverly Solberg
- o Sports/Recreation Report: Verl Lekwa – No awards this period.
- o News of Norway: Tom Naesse – Summarized events in Norway including current butter shortage.
- o Norwegian Class: Tom Naesse – A break in class until January 12.
- Book Club: Ann Gesme said group will meet at her place at 1 PM, a week from tomorrow. Book to be discussed is “Notably Norwegian” and Norwegian traditions.
- Insurance Agent: Dave Tesdahl –
- o Spoke about a policy for grandchildren
- o Indicated that annuities are still available.
- Announcements:
- o Ann Gesme will demonstrate preparation of flat bread at her home, Thursday, at 9 AM.
- o Herring, lingonberries and calendars are still available.
- o Next board meeting is Dec. 27, 7 PM, at home of Lois McCormick.
- o Next Social Meeting: Jan. 10, 6 PM, at Our Savior’s Lutheran Church and will be a Lutefisk potluck.
- Program: Introduced by Lois McCormick
- o Singing of Norwegian Christmas songs accompanied by Sharon Kay Stang
- o Demonstration by Barbara Erickson of making of heart woven baskets.
- o Video on Christmas in Norway.

From a column in the Quad City Times (written by Bill Wundram) This is a small excerpt from the article.

The November night had been gleefully awaited – by some. It’s the annual lutefisk dinner of the American Scandinavian Association at Augustana College in Rock Island. On the feasting tables were song sheets, a regular anthem of those misguided Scandinavian souls who think that lutefisk is edible.

“O lutefisk, O lutefisk, I put you by the dorvay. I wanted you to ripen up, just like dey do in Norway. A dog came by and sprinkled you....I hit him vid my overshoe. O lutefisk, now I suppose, I’ll eat you as I hold my nose...O lutefisk, O lutefisk, now everyone here discovers, dat lutefisk makes Norvegians better lovers. Now all da vorld can have a ball. You’re better dan dat Yeritol.”

Submitted by Verl Lekwa

Students from Norway

We had two guest foreign exchange students from Norway with us at the last meeting, Julie Johannessen and Margrethe Heggheim. They attend Kennedy and Linn-Mar respectively.



Cindy inspecting her soup



Norsk Students Margrethe and Julie



Goodie Table-at the Soup Supper



Barbara Erickson Demo on Baskets



**Soup line at the last meeting-
Margrethe and Julie partaking**



Felt Heart Basket on a Tree

Elected Officers:

President – Cindy Monroe 363-7420
Vice President – Dave Johansen 319-338-7034
Secretary – Harold Williamson 338-5658
Treasurer – Ding Sather 393-7310

Membership Secretary –

Alan & Barbara Erickson 377-1707
Cultural Directors – Paula Schulte 396-1076
Lois McCormick 377-2890
Social Directors – Mavis Hovden 393-3286
Anna Marie Klein 373-9260

Sons of Norway representatives:

David Tesdahl 286-9447

Lodge web site: www.sofn-cedarrapids.org

Web master: Robert Thorkildson 721-9902

Appointed Officers:

Auditors:

Verl Lekwa 738-2847
Ruth Christ 351-7717
Bob Thorkildson 721-9902
Foundation-Wally Sundet 393-6971
Greeters-

Historian-Paula Schulte 396-1076

Language Facilitators:

Tom & Ingrid Næsse 841-2311
Past President-Dean Gesme 362-6910
Librarian-Sherry Waite

Marshall-

Musician-Sharon Kay Stang 351-5133
Newsletter Editors-Mary/Bill Durspek 377-4480
Publicity-Ann Gesme 362-6910
Scholarship-Ruth Christ 351-7717
Sports/Recreation/Youth-Verl Lekwa 728-2847
Sunshine-Cheryl Zapf 363-5326