

RESTAURATION LODGE #548



March 2013 www.sofn-cedarrapids.org Volume XXXVII Number 3

**The March social meeting will be
Tuesday, March 12, 2013
at 7:00 pm at Our Savior's Lutheran Church,
3634 1st Avenue N.E., Cedar Rapids, Iowa**

The program for the March 12 meeting will be: "Norges Folkehøgskules" by Dick Isaacson. Folk high schools are one-year boarding schools based on the idea of learning for life, offering opportunities to grow individually, socially, and academically. There are 77 folkehøgskules in Norway. Dick's relatives operate Nordhordland Folkehøgskule, Norway's largest folk high school, at Frekhaug near Bergen.

Servers for the meeting will be Anna Marie Klein and Paula Schulte.

Note that our former President, Marilyn Cornell will be here for our April meeting and will give the program.

VOLUNTEERS NEEDED

Cindy Charlson Monroe indicated a need for volunteers for Nordic Fest, Linn County Fair and Hoover Days. Save time on your calendar for those events and help if you can.

SUMMIT POINTE EVENT

Three or four members of Sons of Norway will present a program entitled Food and Folktales at Summit Pointe Senior Living Community in Marion on March 13. You are invited to attend if you like. It will be held at 2:30 p.m.

BOOK CLUB

Book Club will meet at Gesme's apartment Wednesday, 20 March. Book to be discussed will be "Norwegian American Women, Migration, Communities and Identities by Betty Bergland and Lori Ann Lahlum". Cindy Monroe will serve the dessert and will lead discussion.

DAYTIME NORWEGIAN LANGUAGE CLASS:

Beginning Norwegian Class will meet at Gesme's apartment the 2nd and 4th Thursdays of the month at 9:30 a.m. The dates will be March 14th and 28th. The new class is Beginning Norwegian. We will be using Kathy Stokker's book, Norsk, Nordmenn og Norge, the same book we used in the past. Please let me know if you are interested. Call Ann Gesme at 319-362-6910 or augdhq@mchsi.com.

Tom Næsse will continue to teach a more advanced level.

RØMMEGROT SITE

An internet site has been created for Carolyn Rushton's play called "Who Ruined the Rømmegrot" to share pictures with friends and family. You are invited to be a member of the site. Come check it out at <http://whoruinedtherommergrot.shutterfly.com/>.

Site Name: Who_Ruined_the_Rommergrot

Site URL: <http://whoruinedtherommergrot.shutterfly.com/>

MARCH BIRTHDAYS

Name	Birth Day	Name	Birth Day
Gerard Rushton	3	Molly M Stuefen	14
Robert J Erlandson	5	Merle K Kjonaas	15
Russell M Hansen	6	Karl M Knutson	18
Kerith Lucille St Louis	6	Grace L Williamson	19
Mary M Durspek	11	Dan M Legrand	23
Madison Stonewall	14	Susan M Johansen	27
Morgan Stonewall	14	Ingrid Næsse	28

BRIEF NEWS FROM NORWAY A study in Norway showed that mothers who took folic acid during pregnancy had fewer children with autism.

Oslo's emergency care unit is cancelling planned surgeries this week because of electrical problems and is considering asking the Army for assistance using their MASH unit. 40 of the 80 scheduled operations are urgent in nature. The Norwegian team took several medals in the World Skiing championships. Extremists complained to the King that Anders Breivik is being treated harshly in prison.

EXERCISE NOTE

"It's time to start a fitness program, or if you have one, to make a greater commitment. The Sons of Norway is one of the few groups that give medals for fitness activities. So let's take fitness seriously before the doctor says it's too late. As the cartoon has it, the doctor tells the patient, 'Would you rather exercise 1 hour a day or be dead 24 hours a day?'" Verl Lekwa

MINUTES

Social Meeting, February 12, 2013, Restauration Lodge 1-548, Sons of Norway
Our Savior's Lutheran Church

- Meeting convened at 7:03 PM by President Cindy Charlson Monroe. 37 in attendance, 1 guest.
- Pledge of Allegiance
- Singing of "Ja Vi Elsker" and "America" accompanied by Carolyn Rushton on piano.
- Secretary's Report: Harold Williamson – Minutes of January 8, 2013 as appeared in Newsletter approved with one correction. Mavis Lovik is nominee for Social Director not Mavis Hovden.
- Treasurer's Report: Ding Sather – Checking \$2931.87, Savings \$8067.68
- Election and Installation of Officers: Following a unanimous vote, Ann Gesme (a former president) installed: Cindy Charlson Monroe as president, Ding Sather as treasurer, Lois McCormick-Shindoll and Mavis Lovik as social directors, and Barbara Taylor as a co-cultural director.
- Membership Director's Report: Alan Erickson – 134 members.
- Sunshine Report: Cheryl Zapf – Cards to:

- Margot Martens family for their loss. (Sister of Margot sent check to lodge in memory of Margot)
- Roger & Oline Stigers for loss of Wanda Hunt, relative of Roger Stiger
- Sharon Kay Stang for injury suffered in a fall on ice
- **What's New in Norway**
- David Christ reported that his grandson and team won a regional knowledge competition and will go to Oslo for final competition
- Cindy Charlson Monroe reported on a study in Norway which showed that mothers who took folic acid during pregnancy had fewer children with autism.
- **Book Club: Meets on 3rd Wednesdays at Ann Gesme's apartment. At next meeting, there will be a discussion of books on the Kensington rune stone.**
- **Insurance Representative: Dave Tesdahl – Cautioned members about delaying coverage.**
- **Golden Membership awards presented to Beverly Robeck and Mary Durspek.**
- **Social Directors' Report: Lois McCormick Shindoll**
- Hosts tonight are: Christs and Ericksons
- Hosts for March are Anna Marie Klein and Paula Schulte
- **New Business: President Cindy Charlson Monroe indicated a need for volunteers for: Nordic Fest, Linn County Fair and Hoover Days.**
- **Announcements:**
- Next Board Meeting, February 19, 7 PM, at President Cindy Charlson Monroe's house.
- Next Social Meeting, March 12, 7 PM, Our Savior's Lutheran Church
- **Program:" Split of Norway from Sweden and Choosing Prince Carl as King" presented by David Christ.**



Cast of "Who Ruined the Rømmegrot"



The Author – Carolyn Rushton



Another addition to the Rømmegrot



Cheryl Zaph “Fixing” the Rømmegrot

For more exciting pictures of the play “Who Ruined the Rømmegrot” by Carolyn Rushton, see the shutterfly URL previously listed.



Harold Williamson and Rømmegrot Cook, Barbara Erickson



Barbara Taylor and her psalmodikon, built from a kit by Barb’s husband

Elected Officers:

President – Cindy Monroe	363-7420
Vice President – Barbara Erickson	377-1707
Secretary – Harold Williamson	338-5658
Treasurer – Ding Sather	393-7310

Membership Secretary – Alan Erickson	377-1707
Cultural Directors – Jon White Barbara Taylor	393-9430 393-0844

Social Directors – Mavis Lovik Lois McCormick-Shindoll	393-6679 377-2890
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Sons of Norway representatives:

David Tesdahl	286-9447
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Lodge web site: www.sofn-cedarrapids.org

Web master: Robert Thorkildson 721-9902

Appointed Officers:

Auditors:	
Verl Lekwa	738-2847
Ruth Christ	351-7717
Bob Thorkildson	721-9902
Foundation-Wally Sundet	393-6971
Historian-Paula Schulte	396-1076
Language Facilitators	
Tom Næsse	841-2311
Ann Gesme	362-6910
Past President-Lois McCormick	377-2890
Librarian- Lois McCormick	377-2890
Musician-Sharon Kay Stang	351-5133
Newsletter Editors-Mary/Bill Durspek	377-4480
Scholarship-Lois McCormick	377-2890
Sports/Recreation/Youth-Verl Lekwa	728-2847
Sunshine-Cheryl Zapf	363-5326
Publicity-	