

# RESTAURATION LODGE #548



Jul 2013 [www.sofn-cedarrapids.org](http://www.sofn-cedarrapids.org) Volume XXXVII Number 7

**The July social meeting will be  
Tuesday, July 9, 2013  
7:00 pm at Our Savior's Lutheran Church,  
3634 1<sup>st</sup> Avenue N.E., Cedar Rapids, Iowa**

The program for the July meeting will be "Orienteering". The program will be presented by Cindy and Scott Monroe, and Verl Lekwa. Orienteering involves such things as mapping, land navigation and use of the compass.

## **VOLUNTEERS NEEDED**

Cindy Charlson Monroe still needs volunteers for Ushers Ferry Sunday, July 14 (2:00-4:00), Nordic Fest, Friday, July 26 (all day) and Hoover Days, Saturday, August 3 (10:00-5:00). Save time on your calendar for those events and help if you can.

## **BOOK CLUB**

Book club will be July 17, 1 p.m at Ann Gesme's. Book for discussion is "*Selected Plays of Marcus Thrane*" by Terje Leiren. Carolyn Rushton will lead the discussion and provide refreshments..

## **DAYTIME NORWEGIAN LANGUAGE CLASS**

Beginning Norwegian class meets the 2nd and 4th Thursdays of the month at Gesme's apartment. In July we meet the 11th and 25<sup>th</sup>, 9:30 a.m. at Cottage Grove place, apartment #3303. Please let me know if you are coming to the class. Call Ann Gesme at 319-362-6910 or [augdhq@mchsi.com](mailto:augdhq@mchsi.com).

Advanced level by Tom Næsse - none -- on summer break.

## **NEWS FROM NORWAY**

Next week, the "felles ferie" (common vacation time) starts in Norway. This is the time when most everyone is entitled (by law) to take their vacation. It is a mess with overcrowded beaches, camping places, busy roads, closed factories and the like. Even medical services run on minimal staff.

## **ERRORS IN MEMBER LIST**

If you have found any errors in the member listing for your address, telephone, or E-Mail address, please notify Bill Durspek or Lois McCormick.

## JULY BIRTHDAYS

<u>NAME</u>	<u>BIRTHDAY</u>
John Arthur Albertson	18
Fred M Amundson	25
Nora A Burgess	26
Mavis M Hovden	2
Marian A Lucken	20
Laurie K Johnson	6
Donald H Kvindlog	7
Beverly B Robeck	19
Delaine C Sather	15
Sharon Kay Stang	4
Ulla Wall	29
Jonathan R White	18

## AUGUST BIRTHDAYS

<u>NAME</u>	<u>BIRTHDAY</u>
Mary L Brubaker	15
Tucker L Cornell	13
Charles L Holecek	1
Dale D Hovden	29
Sara K Knutson	7
Taylor Lawrence	19
Donald Livingston	31
Emma J Nielsen	18
Diane Irene Ogann	15
Rod A Simonson	28
Harold E Williamson	8

## LEARN A FOREIGN LANGUAGE

The Concordia Language Villages in Bemidji, MN offer an alternative to traveling abroad for language study. Choose among 15 languages, with classes ranging from a weekend to four weeks long. Plan for a cultural immersion: students living on campus, eating authentic regional foods and conversing in their new languages. From \$155(800-222-4750; concordialanguagevillages.org)

## EXERCISE NOTE

If you are doing anything to stay in condition, from walking in a mall to swimming to stretching to lifting small weights, see Verl Lekwa and get started on the SON exercise medal ladder. It acts as an incentive to stay healthy.

## RECIPE "The Worlds Best Cookie" (Thanks to Mavis Hovden)

1 cup sugar 1 cup brown sugar 1 cup butter 1 egg 1 cup salad oil  
1 tsp soda 1 tsp salt 1 tsp vanilla  
1 cup oatmeal 1 cup crushed corn flakes 3-1/2 cups sifted flour  
1/2 cup shredded coconut 1 cup chopped pecans

Preheat oven to 350 degrees. Cream butter and sugars until light and fluffy.

Add egg, mixing well, then oil. Add oatmeal, corn flakes, coconut and nuts., stirring well.

Add flour, soda, salt and vanilla. Mix well, form into balls the size of a walnut. Place on ungreased cookie sheet and flatten with a fork dipped in water. Bake 12 minutes. Allow to cool on cookie sheet before removing.

## MINUTES

June 11, 2013 Social Meeting, Restauration Lodge 1-548, Sons of Norway

Our Savior's Lutheran Church

- Meeting convened at 7:07 PM by President Cindy Charlson Monroe. 32 in attendance +2 guests.
- Pledge of Allegiance
- Singing of "America" and "Ja Vi Elsker" accompanied by Sharon Kay Stang on piano.
- Treasurer's Report: Ding Sather – Checking \$3040.35, Savings \$8106.25. All bills paid.

- **Secretary's Report: Harold Williamson - Minutes of May 14, 2013 as appeared in Newsletter approved.**
- **Membership Director's Report: Alan Erickson – 132 members**
- **Social Directors' Report: Lois McCormick-Shindoll**
  - Servers tonight are the Dale and Mavis Hovden and Sandy Van Amburg
  - Name tags available from Lois for \$7.25
  - July servers will be the Stigers
- **News from Norway: Tom Naesse**
  - Violence in Oslo
  - Mother of Anders Brevik passed away.
- **Insurance Representative: Dave Tesdahl**
  - SON offers annuity products with no risk of loss of principal.
  - Donation may be made from an IRA at age 70 ½ .
- **Golden Membership Award received by Bill Durspek.**
- **Old Business:**
  - Volunteers requested for Linn County Fair, Fairy Tale Festival, Nordic Fest and Hoover Days.
- **New Business:**
  - Discussed Immigrant Trunk Project which will be shared with schools. Need items for chest such as calendar stick, flat bread etc.
- **Announcements:**
  - Feel free to check out books on table or from cabinet.
  - Book club
    - July 17, 1 PM, at Gesmes. Will discuss "Selected Plays of Marcus Thrane.
    - Aug 21. Your choice from NAHA Studies and Records Yearbooks.
  - Beginning Norwegian Language Class meets June 13 and 27 at 9:30 AM at Gesmes.
  - Experienced Nowegian Language Class on summer break.
  - No Board Meetings in June or July.
  - Next Social Meeting is July 9, 7 PM. Program is Orienteering.
- **Program: Indexing Projects and Shields of Norway by Jon White.**



**30 year Award-Bill Durspek**



**Jon White lecture on Norsk Shields**

**Elected Officers:**

President – Cindy Monroe 363-7420  
Vice President – Barbara Erickson 377-1707  
Secretary – Harold Williamson 338-5658  
Treasurer – Ding Sather 393-7310

Membership Secretary –  
Alan Erickson 377-1707  
Cultural Directors – Jon White 393-9430  
Barbara Taylor 393-0844

Social Directors – Mavis Lovik 393-6679  
Lois McCormick-Shindoll 377-2890

**Sons of Norway representatives:**

David Tesdahl 286-9447

**Lodge web site:** [www.sofn-cedarrapids.org](http://www.sofn-cedarrapids.org)

Web master: Robert Thorkildson 721-9902

**Appointed Officers:**

Auditors:  
Verl Lekwa 738-2847  
Ruth Christ 351-7717  
Bob Thorkildson 721-9902  
Foundation-Wally Sundet 393-6971  
Historian-Paula Schulte 396-1076  
Language Facilitators  
Tom Næsse 841-2311  
Ann Gesme 362-6910  
Past President-Lois McCormick 377-2890  
Librarian- Lois McCormick 377-2890  
Musician-Sharon Kay Stang 351-5133  
Newsletter Editors-Mary/Bill Durspek 377-4480  
Scholarship-Lois McCormick 377-2890  
Sports/Recreation/Youth-Verl Lekwa 728-2847  
Sunshine-Cheryl Zapf 363-5326  
Publicity-