

RESTAURATION LODGE #548



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**The September social meeting will be
Tuesday, September 10, 2013
7:00 pm at Our Savior's Lutheran Church,
3634 1st Avenue N.E., Cedar Rapids, Iowa**

The program for the September meeting will be "Norsk Games" presented by Lois McCormick. The program will include looking back at past games of the Vikings. For the Vikings, strength and agility were highly prized, and many of their pastimes reflected these values. Their games were often an entertaining way to train for battle but they also included board games.

Hosts for the meeting will be Verl Lekwa, Jon White, and Barb Taylor

FRA PRESIDENT

I enjoy reading mysteries and in the last one by Lisa Gardner, was surprised to see a reference to orienteering. A brother and sister were describing a father-son conflict in the context of an orienteering match. The author's description was mostly accurate. "...sport from Scandinavia... Basically you're turned loose with a detailed topographic map of an area and thirteen controls (flags). You have a compass, you have a map and you have three hours to find however many flags as you can find. It can be brutal. The courses are rated for difficulty and truly advanced ones, the red and blue courses, aren't even forest trails, they're just flags left in the forest. You get to plow through the underbrush, hike up mountains, cross teeming rivers. People get lost. People get injured. You have to know what you're doing." On the morning of the meet referred to, the father (a Marine) registers for the blue course, the most difficult, which he usually won. His sixteen year old son, usually the winner at the next level down, registered for the blue level also. After not returning after three hours, a search party is sent for the son. Two hours later, the son crashes into the registration area with a broken ankle wrapped in a twig brace after falling off a hill. "That was the kind of thing Daddy liked."

That level of competition will never touch these feet. However, sometime in the future we may want to partner with another organization and offer a family orienteering event that is informal, but offers beginning opportunities. The assistance offered by Orienteering USA is extensive and there are a few events in Minnesota and Wisconsin near enough to attend for experience and training. While with my son and his family in Japan over the next two months, I hope to sharpen my skills. Andrew, a Green Beret stationed in Okinawa, might be able to offer some individualized training for his mother.

BOOK CLUB

No book club this month due to the illness of Ann Gesme.

DAYTIME NORWEGIAN LANGUAGE CLASS

No basic Norwegian class in September.

Advanced level by Tom Næsse - Will resume in October. A new day is under consideration to foster more attendance.

NEWS FROM NORWAY

The parliamentary election (national) in Norway will take place on September 9 this year. Televised debates similar to ours have been held with one difference. It is the party leaders that participate, not specific candidates. Some of the headlines: "The young people are on the fence and have not yet made up their mind". "It does not matter who you vote for, it is the money that is in control". There are currently seven political parties that have representation at the "Storting" (Norwegian Parliament). The number of representatives range from 2 to 64 (Labor Party). We will see if this election creates any changes. Hot topics are immigration and care for the elderly. Tom

SEPTEMBER BIRTHDAYS

<u>NAME</u>	<u>BIRTHDAY</u>	<u>NAME</u>	<u>BIRTHDAY</u>
Enid U Benda	9	Mary C Neuhaus	23
Ruth E Christ	26	Joanne Oftedahl	5
William J Durspek	1	Joe A Reed	10
Dale A Fitzgibbons	22	Norman V Roberg	5
Jodi Enger Marquith	8	Winfred M Ross	27
Clarissa Mc Cormick	21	Carey E Trantham	30
Cynthia C Monroe	5	Vincent Williams	6

LEARN A FOREIGN LANGUAGE

The Concordia Language Villages in Bemidji, MN offer an alternative to traveling abroad for language study. Choose among 15 languages, with classes ranging from a weekend to four weeks long. Plan for a cultural immersion: students living on campus, eating authentic regional foods and conversing in their new languages. From \$155(800-222-4750; concordialanguagevillages.org)

EXERCISE NOTE

Phil Mickelson won over 50 golf tournaments, including the British Open a few weeks back. Sounds like a Norwegian name, but in checking, he's of Danish background. Close enough, but not in the cup! Verl

MINUTES

July 9, 2013 --Social Meeting, Restauration Lodge 1-548, Sons of Norway, Our Savior's Lutheran Church

- Meeting convened at 7:05 PM by Pres. Cindy Charlson Monroe. Attendance: 30 with 4 guests.
- Pledge of Allegiance and singing of "America" and "Ja VI Elsker", Sharon Kay Stang on piano.
- Secretary's Report: Harold Williamson – Minutes of June 11, in Newsletter approved.
- Social Directors' Report: Lois McCormick
 - Servers tonight are: Joe and Jean Reed and Jenny Bosking.
 - Servers for September are: Jon White, Barbara Taylor and Verl Lekwa.
- Cultural Directors': Jon White –

- Tonight's program is on Orienteering
- No meeting in August
- **Membership Director's Report: Alan Erickson – 132 members.**
- **Sunshine Report: Cheryl Zapf –**
 - Graduation cards to Alexandra Mickelson and Zachary Williamson
 - Get well card to Beverly Reinertson
 - Card to Jean Murray for loss of husband
- **Sports and Recreation: Verl Lekwa – Indicated that a SON sports program can be devised for various activities.**
- **Insurance Representative: Dave Tesdahl – Mentioned products for kids that are self employed: a. disability, b. life insurance**
- **Old Business:**
 - **Volunteers needed for:**
 - **Sunday, July 14, 2-4 PM for Fairy Tale Festival at Usher's Ferry**
 - **Friday, July 26, all day, for Nordic Fest in Decorah**
 - **Saturday, August 3, 10-5 for Hoover Days in West Branch**
 - **Immigrant trunk – Dale Hovden donated an axe head and a Civil War diary.**
- **New Business:**
 - **Don Kvindlog related experiences with Norwegian relatives who visited USA.**
- **Announcements:**
 - **Books on table may be checked out.**
 - **Book Club's next discussion is July 17, 1 PM at Gesme's and "Selected Plays of Marcus Thane" will be discussed. For Aug 21 meeting, book will be your choice from NAHA Studies and Records Yearbooks.**
 - **Beginning Norwegian Class meets July 11 and 25 at 9:30 AM at Gesme's. Experienced class is on summer break.**
 - **Next Board Meeting is Aug. 20, 7 PM, at Monroe's.**
 - **Next Social Meeting is September 10, 7 PM.**
 - **Program: Orienteering by Cindy Monroe and Scott Monroe**



Cindy and son Scott giving their Orienteering program



Cindy and Lois at our Sons of Norge booth at Hoover Fest in West Branch



Cindy and Lois at West Branch

Sunrise over Lofoten, Norway



Sunrise over Lofoten

Elected Officers:

President – Cindy Monroe 363-7420
Vice President – Barbara Erickson 377-1707
Secretary – Harold Williamson 338-5658
Treasurer – Ding Sather 393-7310

Membership Secretary –
Alan Erickson 377-1707
Cultural Directors – Jon White 393-9430
Barbara Taylor 393-0844

Social Directors – Mavis Lovik 393-6679
Lois McCormick-Shindoll 377-2890

Sons of Norway representatives:

David Tesdahl 286-9447

Lodge web site: www.sofn-cedarrapids.org

Web master: Robert Thorkildson 721-9902

Appointed Officers:

Auditors:
Verl Lekwa 738-2847
Ruth Christ 351-7717
Bob Thorkildson 721-9902
Foundation-Wally Sundet 393-6971
Historian-Paula Schulte 396-1076
Language Facilitators
Tom Næsse 841-2311
Ann Gesme 362-6910
Past President-Lois McCormick 377-2890
Librarian- Lois McCormick 377-2890
Musician-Sharon Kay Stang 351-5133
Newsletter Editors-Mary/Bill Durspek 377-4480
Scholarship-Lois McCormick 377-2890
Sports/Recreation/Youth-Verl Lekwa 728-2847
Sunshine-Cheryl Zapf 363-5326
Publicity-