

RESTAURATION LODGE #548



Jul 2014 www.sofn-cedarrapids.org Volume XXXVIII Number 7

The July social meeting will be Tuesday, July 8, 2014 at 7:00 PM at Our Savior's Lutheran Church in Cedar Rapids

Program for the July meeting: Ann Gesme will present "Life of Ole Bull".

Hosts for the meeting will be Verl Lekwa and Ding and Bev Sather.

Note that there will be no social meeting in August.

BOOK CLUB

The Book Club is taking the summer off - no meetings in July or August.

NORWEGIAN LANGUAGE CLASS

No class in July and August.

JULY BIRTHDAYS

<u>Name</u>	<u>Birth Day</u>	<u>Name</u>	<u>Birth Day</u>
Mavis M Hovden	2	Jonathan R White	18
Sharon Kay Stang	4	Beverly B Robeck	19
Laurie K Johnson	6	Marian A Lucken	20
Donald H Kvindlog	7	Fred M Amundson	25
Delaine C Sather	15	Nora A Burgess	26
John Arthur Albertson	18	Ulla Wall	29

NEWS FROM NORWAY

120,000 Norwegians receive welfare payments, an increase of 6000 from the year before. The number of welfare recipients and welfare expenses have increased significantly in the past year, after several years on a decline. Norwegian municipalities spent NOK 5.1 billion on social welfare in 2013, nearly NOK 600 million more than in 2012. Immigrants made up close to 36 percent of all welfare recipients in 2013.

Norway gives financial aid of NOK 60 million to Iraq.

Sounds like the US problem with eggs has reached Europe! Norwegian farmers on Thursday morning began a blockade of the distribution of eggs to the nation's grocery stores, in protest against the Government's offer of farm subsidies for next year. Distribution from all the nine egg packaging plants across the country has been stopped. The Government has offered the farmers an increase of NOK 150 million, an offer the farmers call "shameful", and which is only ten per cent of what the farmers had asked for.

EXERCISE NOTE

Some years ago I was finishing the requirements for a SON walking medal, the final one, and needed only a few miles to go. My wife and I were at a resort in northern Wisconsin, and I saw a county park nearby. I told her I'd walk some of the trails to get the walking requirements out of my mind. I got ten minutes down the woody path when I heard a loud snort. That wasn't a chipmunk, I thought. We'd been told not to put out trash at night as bears would tear into the containers, so I immediately considered being lunch for a bear. I continued down the path but never hesitated at the signs which told the species of trees around me, to listen for the sound of a certain type of bird, to contemplate the quietness of nature in the forest. Nuts to contemplation: I wanted to get out alive. So I hurried along and finally arrived relieved at my car. I had earned my Sons badge and still had two unchewed legs. I urge all members to earn whatever type of badge that interests them, but stay out of the northern woods while doing it. Veri Lekwa

OLE and LENA

A Norwegian, a Swede and a Dane made a bet about who could stay the longest in a stinky pig barn. They all went in at the same time. After only two minutes the Dane came running out. Five minutes later the Swede stumbled out the door. After ten minutes, all the pigs ran out.

RECIPE – FRA TOM NÆSSE'S MOTHER

Cauliflower au gratin

1 head cauliflower cut into florets

Cook (boil) 5 minutes in lightly salted water – drain.

Sauce

1 ¼ cup milk

2 tsp wheat flour

2 tsp margarine

Mix above in a kettle and bring to a boil

Separate yolks and egg white from 2 eggs. Mix the yolks and a little shredded cheese.

Whip the egg white until it is stiff with a little salt (leave out salt if preferred) and mix it carefully into the sauce.

Place the cauliflower in a greased pan and pour the sauce over it and bake for 45 minutes at 400 F.

MINUTES

June 10, 2014 Social Meeting, Restauration Lodge 1-548, Sons of Norway

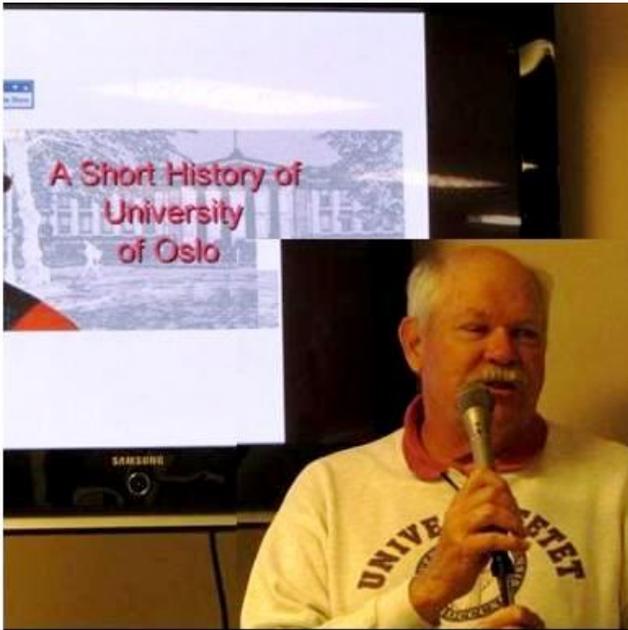
Our Savior's Lutheran Church

- Meeting convened at 7:06 PM by President Cindy Charlson Monroe. 22 in attendance.
- Pledge of Allegiance and singing of: "America" and "Ja, Vi Elsker" accompanied by Sharon Kay Stang on piano.
- Secretary's report: Harold Williamson – Minutes as appeared in Newsletter approved.
- Social Secretaries' report: Mavis Lovik – Recognized our good Syttende Mai Banquet.
 - Servers tonight are Mary Durspek and Ann Larson.
 - July meeting: Ann Gesme will present "Life of Ole Bull".
 - No August meeting.

- **Membership Secretary's Report: Alan Erickson – 130 members.**
- **Sports and Recreation: Verl Lekwa – One award to be given.**
- **Book Group: Not meeting during the summer.**
- **President Cindy Charlson Monroe mentioned books by Norwegian authors:**
 - **Jo Nesbo: "Police" and "Cockroaches" now translated into English and available for checkout on table in front of room**
 - **Karl Ove Knausgaard, author of "My Struggle" book I and 2 is doing an American tour.**
- **Vice President Barbara Erickson gave a recruitment award to Ruth Christ.**
- **President Cindy Charlson Monroe reported :**
 - **That she is running a Facebook page for the lodge.**
 - **Currently contains pictures of the SON display at the library on May 17.**
 - **On items to be discussed at District Meeting at Duluth:**
 - **Proposal to increase district dues by \$0.50**
 - **Proposal to decrease yearly issues of "Viking" magazine from 12 to 6 and use savings to advertise for new members.**
 - **Proposal to disband Reports Committee**
 - **Other procedural proposals.**
- **Ann Gesme offered her Hardanger fiddle for sale.**
- **Program: Beverly Robeck introduced Bob Thorkildson who presented a program on his experiences at the International Summer School in Oslo.**



Picture of Gudvangen, Norway



Bob Thorkildson lecturing on International Summer School in Norway



Tom Næsse's new retirement vehicle



Mary Durspek and Ann Larson setting up the food table for after-meeting goodies



Barbara Erickson presenting a New Member award to Ruth Christ

Elected Officers:

President – Cindy Monroe 363-7420
Vice President – Barbara Erickson 377-1707
Secretary – Harold Williamson 338-5658
Treasurer – Ding Sather 393-7310

Membership Secretary –
Alan Erickson 377-1707
Cultural Directors – Barbara Taylor 393-0844
Beverly Robeck 319-512-0331

Social Directors – Mavis Lovik 393-6679
Lois McCormick-Shindoll 377-2890

Sons of Norway representatives:

Nathan Tjelmeland 319-826-5366
Eldon Neighbor 319-350-9101

Lodge web site: www.sofn-cedarrapids.org

Web master: Robert Thorkildson 721-9902

Appointed Officers:

Auditors:
Verl Lekwa 738-2847
Ruth Christ 351-7717
Bob Thorkildson 721-9902
Foundation-Wally Sundet 393-6971
Historian-Paula Schulte 396-1076
Language Facilitator
Tom Næsse 841-2311

Past President-Lois McCormick 377-2890
Librarian- Lois McCormick 377-2890
Musician-Sharon Kay Stang 351-5133
Newsletter Editors-Mary/Bill Durspek 377-4480
Scholarship-Lois McCormick 377-2890
Sports/Recreation/Youth-Verl Lekwa 728-2847
Sunshine-Cheryl Zapf 363-5326
Publicity-