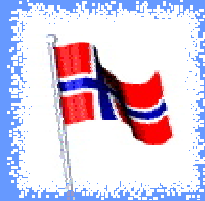


RESTAURATION LODGE #548



Oct 2014 www.sofn-cedarrapids.org Volume XXXVIII Number 9

The October social meeting will be Tuesday, Oct. 14, 2014 at 7:00 PM at Our Savior's Lutheran Church in Cedar Rapids

Program for the October meeting: What do you know about the Ibsen family??? We know a lot about Henrik Ibsen, but he had other sisters and brothers. We will learn about "The Forgotten Ibsen" and his life, presented by Lois McCormick.

Hosts for the meeting will be Paula Schulte and Sharon Kay Stang

FRA PRESIDENT

By the time you read this, I will have completed another Norwegian adventure motivated by this lodge. The car –my husband's, since mine isn't out of the body shop yet (another story) – is packed. Travel coffee perked. Supplies purchased. I am off to Vesterheim in Decorah to take a rosemaling class. So many members of our lodge have indicated they have taken classes and loved them. Two members completed classes at Vesterheim within the last year. At a summer lag meeting a couple of years ago, my sister and I took a half-day introductory class. If you squinted and looked at my project across the room, it was passable. To prepare, I read Norwegian Rosemaling by Margaret Miller and Sigmund Aarseth. Perhaps my greatest readiness is in my genes – my paternal families came from Telemark. See you at the next lodge meeting.

PROGRAMS NEEDED

Cultural Directors Barbara Taylor and Beverly Robeck would like to know if any Lodge member has a suggestion of a topic for a program for next year. They are also looking for anyone that might be interested in presenting a program on a Norsk topic, which might be, but not limited to, a hobby, collection, project, travel, talent, story, play or special interest. If you have ideas or suggestions or are willing to do a program, please either call or email Barbara Taylor at 319-393-0844/barbscitch@mchsi.com or Beverly Robeck at 319-512-0331/mrobeck@mchsi.com .

PROGRAM AT THE PARAMOUNT

Ole and Lena will be at the Paramount Sunday Nov 16 at 7:00 pm. This is "Ole & Lena's 50th Wedding Anniversary and Vow Renewal". Cost is \$28, however, Barbara Erickson will be coordinating a group order. Please contact Barbara via email at arericks@mchsi.com on or before the meeting on Oct 14 if you are interested.

BOOK CLUB

Book Club will meet at Gesme's apartment Wednesday, October 15 at 1 p.m. to discuss *Stolen Genes, Stolen Children* by G. N. Revelle. Mary Durspek will lead the discussion

and provide refreshments. Phone or email Ann to let her know whether or not you will attend. RSVP to Ann at 362-6910 or augdhg@mchsi.com by Tuesday, Oct 14.

NORWEGIAN LANGUAGE CLASS

The class will re-start on October. 9 at Tom Næsse's.

INSURANCE REPS Nathan Kjelmeland and Eldon Neighbor

I haven't had the chance to meet all of you, but I hope to very soon. I was speaking with Eldon today about what we can do to make sure more members are taking advantage of the benefits this great organization offers. We would like to give members a better idea of what they can do to improve their financial situation through the Sons of Norway via a chat or short lecture. As an example of possible needs of members, we can relay the following story about "Bill and Cheryl".

Bill worked his entire life since his 20s maintaining elevators. After work, he went to work on his farm. He saved up enough money in 15 years to purchase a neighboring farm. By the time he was 60, he started having problems with shaking. He soon found out that he had early symptoms of Parkinson's. By age 62, he was severely impaired. Cheryl had to sell the 200 acres Bill had worked so hard for. She is doing okay for now, but the kids will be left with nothing. The Sons of Norway has products that can prevent disasters like this from happening.

CALENDARS

Lois will be ordering calendars soon for the approaching new year.

October Birthdays:

Name	Month	Day	Name	Month	Day
David L Johansen	10	3	Norma L Kvindlog	10	19
Gary D Speicher	10	13	Verl L Lekwa	10	24
Paula J Schulte	10	15	Astrid Anderton	10	27
Sydney M Stapley	10	16	Richard G Stueland	10	30

NEWS FROM NORWAY

Norwegians are hesitant to use public transportation. Unless the population outgrows its resistance towards using public transit, several large cities will have major traffic problems in only a few years.

The UN asked Norway for expert help on the use of drones. UN rapporteur Christof Heyns thinks that Norway should play a key role in regulating the use of drones and new weapon technology. Modern warfare is changing, Heyns warns.

Radicalization to extreme Islamist groups is now taking place all over Norway, says Head of the Security Police (PST), Benedicte Bjørnland. She calls for immediate measures in order to stop the development. Representatives of the Syrian opposition, including dissident military forces, have twice met for talks in the Norwegian capital of Oslo, to discuss the road ahead for the war-torn country, NRK reports.

EXERCISE NOTE

If you are doing anything to stay in condition, from walking in a mall, to swimming, to stretching, to lifting small weights, see Verl Lekwa and get started on the SON exercise medal ladder. It acts as an incentive to stay healthy.

OLE and LENA

Ole, Lars and Sven had been going to the Sons of Norway hall meeting as long as there had been a hall. And every month, wouldn't ya know it, they didn't win a prize in the monthly draw. That is until the last meeting.

Sven was the first one of the three to get his name drawn. He won two pounds of spaghetti sauce, four boxes of noodles, and three pounds of Swedish meatballs.

Ole had his name drawn next. He got himself round trip tickets to Duluth, a night's stay at the Dew Drop Inn and a pair of tickets to see the Inger triplets Polka Ensemble. Ole thought that he had died and gone to heaven. Lars was the last one to have his name drawn; he won a toilet brush.

At the next monthly meeting, they sat down together to check out how each other had fared for the past month.

Sven said "Uff da, I had dat pasghetti for tree days. It was so good, and Helga didn't have to buy food for dem dere tree days."

Ole said "Lena was so happy vhen I brought home dem tickets. The trip up to Dulut was nice, we got to ride da Greyhound, and you know, they got a built in outhouse on dat dere bus. And the Inger Triplets, if I didn't know better, I would swear dey were sisters."

Then Ole turned to Lars, and asked him how his prize worked out. Lars looks at them both and says "Dat dere toilet brush is nice, but I tink I'll go back to using paper."

ADDRESS CHANGES

Ding Sather, 1755 Hunter's Creek Way, Marion, IA 52302

Clarence Sampson, c/o Gary Sampson, 5841 Sanden Rd, CR, IA, 52411.

MINUTES

September 9, 2014 Social Meeting, Restauration Lodge 1-548, Sons of Norway
Our Savior's Lutheran Church

- Meeting convened at 7:05 PM by President Cindy Charlson Monroe. 30 in attendance.
- Pledge of Allegiance and singing of "America" and Ja, Vi Elsker" accompanied by Sharon Kay Stang on piano.
- Treasurer's Report: Ding Sather – Checking \$1047.55, Savings \$8266.77
- Secretary's Report: Harold Williamson – July minutes approved as appeared in Newsletter
- Social Directors' Report: Mavis Lovik –
 - Servers today are: Carolyn Rushton and Mavis Lovik
 - Servers for October are: Sharon Kay Stang and Paula Schulte
- Cultural Directors' Report: Barbara Taylor –
 - Circulated a sheet asking for program suggestions
- Sports and Recreation: Verl Lekwa - Silver bicycling award to Alan Erickson
- Book Club – Will Meet September 17, 12:30 PM at Ann Gesme's. Lunch will be served.
 - Book to be discussed is "Of Norwegian Ways" by Bent Vanber
 - Call Ann if you plan to attend.
- President's Report:
 - Orienteering event held at Indian Creek Nature Center. Class on snow shoes to be held this winter.
 - Book entitled "Norwegian Folk Tales" as retold by Jean Russell Larson and illustrated by Penny Follows Frischken mentioned.

- Insurance Representative, Eldon Neighbor, made a presentation.
- Announcements:
 - Next Board Meeting, September 16, 7 PM, at Cindy Monroe's home.
 - Next Social Meeting, October 14, 7 PM at Our Savior's Lutheran Church. Program will be "The Other Ibsen" by Lois McCormick
- Program – "Gathering Room Murals" at Vesterheim presented by Martha Griesheimer. They are based on the primstav, an early Norwegian calendar.



Verl Lekwa giving Alan Erickson his silver cycling medal--bronze last month.



Martha Greisheimer of Vesterheim lecturing on Murals in the Gathering Room



Our excellent banner for Restauration 1-548 Lodge and flags.



Old car in the 2014 Decorah Syttende Mai parade

Elected Officers:

President – Cindy Monroe 363-7420
Vice President – Barbara Erickson 377-1707
Secretary – Harold Williamson 338-5658
Treasurer – Ding Sather 393-7310

Membership Secretary –
Alan Erickson 377-1707
Cultural Directors – Barbara Taylor 393-0844
Beverly Robeck 319-512-0331

Social Directors – Mavis Lovik 393-6679
Lois McCormick-Shindoll 377-2890

Sons of Norway representatives:

Nathan Tjelmeland 319-826-5366
Eldon Neighbor 319-350-9101

Lodge web site: www.sofn-cedarrapids.org

Web master: Robert Thorkildson 721-9902

Appointed Officers:

Auditors:
Verl Lekwa 738-2847
Ruth Christ 351-7717
Bob Thorkildson 721-9902
Foundation-Wally Sundet 393-6971
Historian-Paula Schulte 396-1076
Language Facilitator
Tom Næsse 841-2311

Past President-Lois McCormick 377-2890
Librarian- Lois McCormick 377-2890
Musician-Sharon Kay Stang 351-5133
Newsletter Editors-Mary/Bill Durspek 377-4480
Scholarship-Lois McCormick 377-2890
Sports/Recreation/Youth-Verl Lekwa 728-2847
Sunshine-Cheryl Zapf 363-5326
Publicity-