

RESTAURATION LODGE #548



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The February social meeting will be Tuesday, February 10, 2015
at 7:00 PM at Our Savior's Lutheran Church in Cedar Rapids

The program for the February 10 meeting will be our member Mette-Gro Kelly speaking on "A Pickled Herring out of Water". She will be sharing her story of a mid century immigrant from Norway -- a tale of her experiences of immigrating twice to America.

Hosts for the meeting will be Alan and Barbara Erickson and Verl Lekwa.

ELECTION OF OFFICERS

The following have agreed to serve as officers if elected at the February meeting:

President: Barbara Erickson Vice President: Cindy Monroe

Secretary: Harold Williamson Treasurer: Delaine "Ding" Sather

Membership Secretary: Alan Erickson

Social Directors: Barbara Taylor and Lois Shindoll

Cultural Directors: Beverly Robeck with a second to be determined

BOOK CLUB

Book club will meet Wednesday, February 18th at 1 p.m. at Gesmes. We will be reading one of the books about Norman Borlaug written by Vietmeyer - or another book about Borlaug by a different author. Ann Gesme will lead the discussion. Mary Durspek will provide refreshments.

NORWEGIAN LANGUAGE CLASS

Every Thurday at 6PM at Tom Næsse's house

FEBRUARY BIRTHDAYS:

<u>Name</u>	<u>Birth Day</u>	<u>Name</u>	<u>Birth Day</u>
Carson McCormick	1	Dean Slyter	4
Oline B Stigers	1	Sarah Gunderson	5
Terry D Brende	2	Nicole M Harrison	17
Lorie C Meyer	2	Ronald C Larson	22
Candy L Roberg	3		

NEWS FROM NORWAY

A major highway is closed after a bridge collapsed. One of Norway's busiest motorways, Higway E-18 through Vestfold County, is closed at Holmestrand, after a bridge collapsed on Monday afternoon, February second.

Northern Norway is recovering from another winter storm . Electricity was back Friday morning in most households in the counties of Troms and Nordland, after extensive power outages on Thursday, due to a fierce winter storm which stopped air travel and damaged buildings in the region. [Join the crowd!! - ED]

Record high opposition to EU membership . Twenty years ago Friday, Norway voted no to EU membership in a second referendum, and the opposition to Norwegian membership in the Union is now higher than ever, at 74 per cent. The latest Sentio poll shows that only 16.8 per cent are in favor of membership, while 9.2 per cent are undecided, when asked if Norway should become a member of EU, Nationen

Norway faces a new terror threat . There is an increased risk of a terror attack taking place in Norway within the next year, according to the Security Police (PST). This time, however, the threat is directed towards the police and military [sound familiar?], not the public, PST explains in a press conference. The Security Police (PST) presented a new analysis on Wednesday that illustrates a greater terror threat against Norway in the coming year.

RECIPES (Ann Gesme)

Flatbread

Cream 1/2 cup shortening and 1/3 cup sugar

Add: 1 cup buttermilk, and 1-1/2 cups All-bran cereal soaked in 1 cup lukewarm water.

Mix together and add: 3-1/2 cups flour, 1 tsp soda, 2 tsp salt, 2 tsp baking powder

The dough will be rather soft. Take about 1/3 cup dough and roll very thin on a floured pastry cloth, using a stocking-covered rolling pin. Bake on a lefse griddle.

Lefse

1 c. water

3 c. milk

1 c. whipping cream

1 stick + 2T. butter (total 10 Tbsp) or try 5 tablespoons

3-1/2 t. salt

Place ingredients above in a sauce pan.

Heat until butter is melted and it begins to boil.

Remove from heat and add 4C. Hungry Jack potato flakes.

Stir well. Cool completely in refrigerator (several hours, or overnight).

When mixture is completely cooled, add 2C. flour.

Mix with a pastry blender.

Roll out on floured pastry cloth and bake on lefse griddle.

I use about 1/3 cup for each round.

EXERCISE NOTE

If you are doing anything to stay in condition, from walking in a mall, to biking, to swimming, to stretching, to lifting small weights, see Verl Lekwa and get started on the SON exercise medal ladder. It acts as an incentive to stay healthy.

OLE and LENA

When Lena tried to give the phone operator her phone number on a long distance call, the operator inquired, "Do you have an area code?" – "No," said Lena. "Yust a little sinus trouble."

Ole was filling out a questionnaire. To the question regarding church preference, Ole put down: "Red brick with white trim"

MINUTES

Minutes of the January 13, 2015 Social Meeting, Restauration Lodge 1-548, Sons of Norway, Our Savior's Lutheran Church

- Convened at 6 PM. Singing of table prayer; Lutefisk and Lefse potluck. 68 in attendance.
- Reconvened about 7 PM.
- Pledge of Allegiance and singing of "America" and "Ja Vi Elsker" accompanied by Ann Gesme on piano.
- Introduction of guests, about 12
- Treasurer's Report: Ding Sather – Checking \$1792.00 Savings \$7832.11
- Secretary's Report: Harold Williamson – Minutes as appeared in newsletter approved.
- Social Directors' Report: Lois Shindoll -
 - Need servers for July and September. Sign-up sheet circulated.
 - Four calendars left. \$12 each.
- Membership Secretary: Alan Erickson – 128 members.
- Sunshine Report: Cheryl Zapf – Card to David and Ruth Christ, 50th Wedding Anniversary.
- Sports and Recreation: Verl Lekwa – Award to Bob Erlandson for bicycling 300 miles.
- Book Club: at Ann Gesme's home, 1 PM, January 21.
- Cultural Directors' Report: Bev. Robeck -
 - February program entitled "A Pickled Herring out of Water" to be presented by Mette Kelley
- News from Norway: Tom Naesse –
 - Stormy weather has led to mud slides.
- Norwegian class: Tom Naesse – Meets on Thursdays at 6 PM, his house.
- Lutefisk report: Dale Hovden noted his lutefisk co-chefs: Will Michelson, Verl Lekwa and Zach Williamson
- SON Insurance Representative: Eldon Neighbor gave a presentation.
- Announcements:
 - Next Board Meeting, Tuesday, January 20, 2015, 7 PM, is at house of Lois Shindoll, 1038 Rolling Glen Dr.
 - Next Social Meeting, Tuesday, February 10, 2015, 7 PM at Our Savior's Lutheran Church
 - Knitting class, Thursday, January 15.
- Program: Evelyn Galstad of Iowa City gave a program on her experiences at Skogfjorden, the Norwegian summer language camp at Bemidji, MN. She also sang two Norwegian songs.



Evelyn Galstad lecturing on the camp Skogfjorden at Bemidji MN



Lutefisk crew, Verl Lekwa, Zach Williamson, Dale Hovden, Will Mickelson



Verl Lekwa presenting another biking medal to Bob Erlandson for 300 miles



That "prized" product, LUTEFISK !!



Digging in at the annual Lutefisk Potluck food table



Cry of the Norsemen !!!

Elected Officers:

President – Cindy Monroe 363-7420
Vice President – Barbara Erickson 377-1707
Secretary – Harold Williamson 338-5658
Treasurer – Ding Sather 393-7310

Membership Secretary –
Alan Erickson 377-1707
Cultural Directors – Barbara Taylor 393-0844
Beverly Robeck 319-512-0331

Social Directors – Mavis Lovik 393-6679
Lois McCormick-Shindoll 377-2890

Sons of Norway representatives:

Eldon Neighbor 319-350-9101

Appointed Officers:

Auditors:
Verl Lekwa 738-2847
Ruth Christ 351-7717
Bob Thorkildson 721-9902
Foundation-Wally Sundet 393-6971
Historian-Paula Schulte 396-1076
Language Facilitator
Tom Næsse 841-2311

Past President-Lois Shindoll 377-2890
Librarian- Lois Shindoll 377-2890
Musician-Sharon Kay Stang 351-5133
Newsletter Editors-Mary/Bill Durspek 377-4480
Scholarship-Lois Shindoll 377-2890
Sports/Recreation/Youth-Verl Lekwa 728-2847
Sunshine-Cheryl Zapf 363-5326
Publicity-

Lodge web site: www.sofn-cedarrapids.org

Web master: Robert Thorkildson 721-9902