

# RESTAURATION LODGE #548



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**The January social meeting will be Tuesday, January 12, 2016  
at 6:00 PM at Our Savior's Lutheran Church in Cedar Rapids**

The meeting will be our annual Lutefisk and Lefse potluck dinner. Members should bring a side dish or two to share; hot dishes, salads and desserts are most welcome. Table service will be provided. Board members please arrive at 5:00 PM to help set up and clean up afterwards. Extra help would be appreciated with clean-up.

The program for January will be *Grandfather's Experiences in the Civil War* by Dale and Mavis Hovden.

Hosts for the meeting will be the lodge board members.

## FRA PRESIDENT

Let me wish you all godt nyttår. We continue our holiday festivities with lutefisk and lefse at our January meeting. We need everyone to be involved this year as we host the Sons of Norway District 1 Convention June 9-11, 2016. This will be an exciting event and an honor for our lodge. I look forward to seeing you throughout the coming year. Barbara

## CONVENTION PLANNING

We are back on track after taking time off during Christmas. Needless to say, things will get busier by March and April, as deadlines get closer. The most critical needs now are for craft people who sew, carve, and are willing to do Hardanger embroidery. Rather than have several fundraisers, we plan to sell our table centerpieces and have a booth as a vender. In our booth, we are looking for Scandinavian craft items, gently used Scandinavian items that you are ready to part with, and more expensive Scandinavian items you would like to sell on a consignment basis. We are also looking for children to escort our officers in on Friday morning, June 10 at the first session. We currently have 2 of Oline Stigers and 2 of my grandchildren, but need at least 4 more. The lodge in Cedar Falls is letting us use their dance costumes, for those that need a folk dress to wear. PLEASE save June 8-11 to volunteer to the convention and attend the banquets. Thank you from Anna Marie Klein, Barbara Erickson and Cindy Monroe

## BOOK CLUB

Book Club is on vacation until after the convention in June.

## LANGUAGE CLASS

Tom Næsse's class will start again this month.

## PROGRAMS FOR 2015 AND EARLY 2016

January 12, 2016 *Grandfather in Civil War* by Dale and Mavis Hovden

February 9, 2016 *Reflections of Our International President* by Jon Tehven

March 8, 2016 *Women's Publication* by Ann Gesme

## CALENDARS

2016 Norway Calendars will be available in January and later at Sons of Norway social meetings. They will again be \$12.00. If you will not be at this meeting and want a calendar please let Lois Shindoll know and she will reserve them for you. Phone 377-2890

## OUR SCHOLAR-MEMBER JOHN HANSON IN NORWAY

Our lodge member, John Hanson, who received a Fulbright Scholarship to teach in Norway during this coming school year, can be followed at his blog at

<https://johnlhanson.wordpress.com/> .

## JANUARY BIRTHDAYS

Name	Birth Day	Name	Birth Day
M Jean Murray	3	Lois M Mc Cormick	17
Signe Hovet	4	Larry D Knutson	18
M David Solberg	4	Catherine R Fejfar	21
Harlan E Ahlgren	7	Susan R Speicher	21
William S Jacobson	10	David E Christ	24
Shannon Waring	10	Dianne F Garber	24
Marvin Robeck	13	Nancy L Hansen	24
Samantha L Holub	14	Gloria A Larson	24
Alexandra Mickelson	14	Frank D Klemetson	25
David A Aanonson	17	Alan V Stang	28
Iver Hovet	17		

## NEWS FROM NORWAY

The Doctors Association in Norway wants to ban tobacco and smoking.

The Norwegian Medical Association (Legeforeningen) proposed a ban on the sale of tobacco products to anyone born after 2000 as a first step of a smoking-free society. Talking to Aftenposten, the president of the association, Marit Hermansen wants a tobacco-free generation and believes that there should be a total ban on smoking to prevent young people from using tobacco.

Norway Sent 60 Tons of Uranium to Iran. [What?-Ed]

Norway assisted financing and transportation of 60 tons of uranium from Kazakhstan to Iran, as part of the agreement on Iran's nuclear program.

## FACEBOOK LINK

Link to our Facebook

<https://www.facebook.com/SonsOfNorwayRestaurationLodge1548>

District One now has a facebook titled *Sons of Norway District 1*, URL Unknown.

## OLE & LENA

Ole and Lena were on their very first train ride, heading to Minneapolis. They had brought along bananas for lunch. Just as they began to peel them, the train entered a long, dark tunnel. "Have you eaten your banana yet?" Ole asked excitedly. "No," replied Lena. "Vell don't touch it den," Ole exclaimed. "I yust took vun bite and vent blind!"

## EXERCISE

See Verl Lekwa for information and available medals.

Last month was to eat, now we must exercise!

## RECIPE

### SARAH JORSTAD'S NORWEGIAN RYE BREAD (Anna Marie Klein)

5 C. water	1 T. salt
½ C. molasses (I use Grandma's unsulphered)	2 C. rye flour
2 T. shortening	1 envelope + 1 tsp. yeast
2/3 C. brown sugar	2/3 C. white sugar
11-12 C. white flour	

Measure water, molasses, shortening, sugars and salt into big bowl and heat until shortening is melted and mixture is warm. (I put this in the microwave and check after one minute. It usually takes about three minutes.) Stir in the rye flour and yeast. Stir in as much white flour as possible, then with your hands work in the rest. Knead until satiny and smooth. Cover, set in warm place and let rise until double in bulk. Punch down and let rise again, then shape into five loaves. Place in well greased loaf pans, cover and let rise again until double. Bake in 350 deg oven for 50 minutes. Makes 5 loaves. (Anna Marie furnished this bread for the December meeting.)

## MINUTES

December 8, 2015 Social Meeting, Restauration Lodge 1-548, Sons of Norway Our Savior's Lutheran Church

- Meeting convened at 6:03 PM by President Barbara Erickson. 52 in attendance.
- Welcome and introduction of guests: Evelyn Thompson and Hugh and Martha Ellington
- Presentation by Jacob Scroggin, SON Insurance Representative. Noted that there is a policy paying 4% interest.
- Singing of table grace.
- Dinner of pea soups (made by Cindy Charlson Monroe) and rye bread (made by Anna Marie Klein). Desserts provided by board members.
- Business meeting convened at 7:04 PM.
- Treasurer's Report: Ding Sather – Checking \$1816.22 Savings \$5696.89
- Secretary's Report: Minutes of November 10, 2015 printed in News Letter. Accepted with correction of spelling of Diane Ogann's name.
- Membership Secretary's Report: Alan Erickson – 133 members
- Social Secretaries' Report: Barbara Taylor and Lois Shindoll –
  - January 12, Lutefisk and Lefse dinner. 25 pounds of lutefisk ordered. Members should bring a side dish. Table service will be provided.
  - Calendars available for \$12, T-shirts \$12, name tags \$8
  - Library books are on front table and in cabinet.
  - Article in Waukon Newspaper noted.
- Cultural Directors' Report: Beverly Robeck and Dale Fitzgibbons –
  - Dale Hovden will present a program on an ancestor in the American Civil War.
- Sunshine Report: Cheryl Zapf – Cards to Dale Hovden for preparing lutefisk, and to Tom Naesse's daughter for items donated for tonight.
- Sports and Recreation: Verl Lekwa – "Eat this month, exercise next month"

- **Book Club: Ann Gesme – Lunch – The Class Act/Hotel at Kirkwood, Wednesday, Dec. 16, noon. RSVP to Barbara Erickson. Book club will be on hiatus till convention over.**
- **Scandinavian Knitting: Thea O’Grady – Mondays 9:30-Noon at her house.**
- **Norwegian classes will resume in January**
- **News from Norway: David Christ noted that the Summer School program in Oslo runs from June 15 to August 5, 2016. March 15 is deadline to apply if paying own way. Earlier if need financial help.**
- **Tusen Takk Nominations: Turn in to committee (David and Ruth Christ)**
- **Nominations Committee (Cindy Charlson Monroe, Tom Naesse, Marv Robeck) presented slate:**
  - **Vice President – Cindy Charlson Monroe**
  - **Secretary – Harold Williamson**
  - **Social Director – Lois Shindoll**
  - **Cultural Director – Beverly Robeck**
- **President’s Report: Barbara Erickson –**
  - **Thanked Diane Ogann for hosting bead classes.**
  - **Thanked Mette Kelly for running Hardanger som classes.**
  - **Noted that John Hanson has a blog on his stay in Norway.**
- **Announcements:**
  - **No Board meeting in December.**
  - **Social Meeting, Jan 12, 2016, 6 PM, Lutefisk and Lefse. Members bring dish to share. Program : Dale and Mavis Hovden, Grandfather’s experiences in the Civil War**



Several kinds of Pea soup made for the lodge by Cindy Charlson Monroe. The delicious Rye bread ( see recipe above) made by Anna Marie Klein is out of view.



Brobecks and Shindolls in que at the December pea soup supper.





**Sharon Kay and Al Stang doing the music program for the Dec meeting.**



**President Barbara Erickson conducting the December 2015 business meeting.**



**Thea O'Grady and Dale Fitzgibbons performing a mini-skit**



**Scene from Loen, Norfjord**



**Elected Officers:**

President – Barbara Erickson 377-1707  
Vice President – Cindy Monroe 363-7420  
Secretary – Harold Williamson 338-5658  
Treasurer – Ding Sather 393-7310

Membership Secretary –  
Alan Erickson 377-1707

Cultural Directors –  
Beverly Robeck 319-512-0331  
Dale Fitzgibbons 365-7704  
Social Directors --Barbara Taylor 393-0844  
Lois Shindoll 377-2890

**Sons of Norway representatives:**

Eldon Neighbor 319-350-9101  
Jacob Scroggin 319-842-2340

**Appointed Officers:**

Auditors:  
Verl Lekwa 738-2847  
Ruth Christ 351-7717  
Bob Thorkildson 721-9902  
Foundation-Wally Sundet 393-6971  
Historian-Paula Schulte 396-1076  
Language Facilitator  
Tom Næsse 841-2311

Past President- Cindy Monroe 363-7420  
Librarian- Lois Shindoll 377-2890  
Musician-Sharon Kay Stang 351-5133  
Newsletter Editors-Mary/Bill Durspek 377-4480  
Scholarship- Cindy Monroe 363-7420  
Sports/Recreation/Youth-Verl Lekwa 728-2847  
Sunshine-Cheryl Zapf 363-5326  
Publicity-

**Lodge web site:** [www.sofn-cedarrapids.org](http://www.sofn-cedarrapids.org)

Web master: Robert Thorkildson 721-9902