

RESTAURATION LODGE #548



Mar 2016 www.sofn-cedarrapids.org Volume XXXX Number 3

**The March social meeting will be Tuesday, March 8, 2016
at 7:00 PM at Our Savior's Lutheran Church in Cedar Rapids**

The program for March will be Ann Gesme on *Women's Publication*. How many know that a Norwegian language journal for women, *Kvinden og Hjemmet* (The Woman and the Home), was published here in Cedar Rapids for 60 years until 1948? The editor was Ida Hansen, an immigrant from Norway. The magazine included articles of interest to both men and women, and especially interesting advertisements --- everything from patent medicines, to buggies to quilt patterns.

Hosts for the meeting will be Cindy Monroe and Verl Lekwa.

FRA PRESIDENT

Restauration lodge was pleased to present the Tusen Takk award to Cindy Charlson Monroe for her exemplary volunteer efforts for our lodge, and to the community. Her can-do spirit and passion makes things happen - help support her in leading the upcoming District Convention. Last month we were privileged to hear from Jon Tehven, Son's of Norway International President about the three aspects or legs of SofN. We learned that SofN Financial provides insurance products totaling almost \$360,000,000 and supports our heritage. The Fraternal leg promotes heritage and cultural aspects of Norway and other Nordic countries. The Foundation provides grants, scholarships, and support for SofN member's humanitarian aid. Did you know that our Restauration lodge had the highest percentage of growth in 2015? Barbara

CONVENTION PLANNING

After much work, the registration form is complete and out. At 6:00 before each of the March and April meetings, we will be holding discussion sessions. You are invited to join us. PLEASE save June 8-11 to volunteer to the convention and attend the banquets. Thank you from Anna Marie Klein, Barbara Erickson and Cindy Monroe

BOOK CLUB

Book Club is on vacation until after the convention in June.

LANGUAGE CLASS

Tom Næsse's class is progressing with a new attendee, Les Stokke.

PROGRAMS FOR EARLY 2016

March 8, 2016 *Women's Publication* by Ann Gesme

April 12, 2016 *Norway's role in Peacekeeping Efforts* by Tom Næsse

May 10, 2016 *Convention Preview*

SCANDINAVIAN KNITTING

All who are interested in knitting are invited to the Scandinavian Knitters which meet Mondays 9:30 - noon at Thea O'Grady's home 5870 Stags Leap Lane, Marion, IA 52302 tel 402-617-0332

OUR SCHOLAR-MEMBER JOHN HANSON IN NORWAY

Our lodge member, John Hanson, who received a Fulbright Scholarship to teach in Norway during this school year, can be followed at his blog at <https://johnlhanson.wordpress.com/> .

MARCH BIRTHDAYS

Name	Birth Day	Name	Birth Day
Gerard Rushton	3	Merle K Kjonaas	15
Jacob K Scroggin	3	Karl M Knutson	18
Robert J Erlandson	5	Grace L Williamson	19
Russell M Hansen	6	Dan M Legrand	23
Kerith Lucille St Louis	6	Travis E Cleveland	25
Mary Durspek	11	Eldon L Neighbor	26
Madison Stonewall	14	Susan M Johansen	27
Morgan Stonewall	14	Ingrid Naesse	28

NEWS FROM NORWAY

Two top diplomats in Norway's foreign ministry have warned that the pressure on Europe's borders will only increase, and that border blockades in the Balkans will lead to another influx of asylum seekers over Russia's border to Norway. They also warn of the "perfect political storm" in Europe, in an internal ministry memorandum obtained by newspaper VG that was supposed to be kept confidential.

The Norwegian defense department's brand new surveillance vessel, dubbed in local media as the country's "spy ship," is taking over intelligence-gathering duties this year at a time of renewed tensions with Russia. Some experts on Russian relations warn the ship may provoke Russian officials, just when cooperation is needed on a wide range of issues including refugee returns, but most agree it's needed to gain more information on Russia's military build-up in the far north.



Norway's new surveillance vessel *Marjata* was mostly built at the Vard Langsten shipyard in Romsdal, and outfitted with special surveillance equipment at a naval base in the US. The vessel is 126 meters long, cost around NOK 1.5 billion to build, and it replaces the former *Marjata* in service since 1995.

FACEBOOK LINK

Link to our Facebook

<https://www.facebook.com/SonsOfNorwayRestaurationLodge1548>

District One now has a facebook at <https://www.facebook.com/Sons-of-Norway-District-1-148130308566588/>

OLE & SVEN

Ole and Sven were taking a vacation in Sven's new camper. As usual, they'd become lost and were wandering around a strange town trying to find the highway. Sven was just starting down a grade to go under a bridge when he slams on the brakes.

Ole: Vat da heck you do dat for, Sven?

Sven: Dat sign dere says "Low Bridge. No Vehicles Over Twelve Feet High." Dis here camper is t'irteen feet!

Ole: Cripes almighty Sven, dere ain't no cops around. Yust hit da gas pedal and go for it!

EXERCISE

Indeed, "Go For It", the time to get healthy or stay healthy is before the doctor frowns and says, I think you need to make some changes. Diet, exercise, do the whole business. Sons of Norway doesn't have a diet program but it does have one for exercise. This year set about walking in your neighborhood, at a mall, on a treadmill, or if you need more and can do more, lift some weights. Look on the Internet for a stretching program that would suit you, join the YMCA, on and on. I would recommend skiing but that can lead to trouble, but as Norwegians by blood we can't turn our backs on such a vigorous way to stay healthy. The bottom line: **DO SOMETHING!**

MINUTES

February 9, 2016, Social Meeting, Restauration Lodge, 1-549, Sons of Norway
Our Savior's Lutheran Church.

- Convened at 7:08 PM by President Barbara Erickson, 41 in attendance.
- Pledge of Allegiance and singing of "America" and "Ja, Vi Elsker" accompanied by Sharon Kay Stang on piano.
- Treasurer's Report: Ding Sather - Checking \$1392.62 Savings \$5725.00
- Secretary's Report: Harold Williamson – Minutes of January 12, 2016, as printed in Newsletter approved.
- Memberships Secretary's Report: Alan Erickson – 138 members, including 4 new members.
- Social Directors' Report: Barbara Taylor and Lois Shindoll -
 - Hosts for next month: Cindy Monroe and Verl Lekwa
 - Tonight: Bill and Mary Durspek and Barbara Taylor
 - Calendar for this year filled.
- Cultural Directors' Report: Beverly Robeck and Dale Fitzgibbons
 - Tonight's program presented by John Tehven
 - Ann Gesme will present next month's program
 - Need help making embroideries for decorations at convention.
- Sunshine Report: Cheryl Zapf – reported by e-mail that:
 - get well cards sent to:
 - Pat Bjoreth – knee surgery
 - Mrs. V. Lekwa – knee surgery
 - Mary Jane Barlow – hip surgery
 - Sympathy card to Marilyn Olson (her mom died)
 - THANK YOUs to lutefisk chefs: Wil Michelson, Verl Lekwa and Zach Williamson
 - Thinking of You to: Gloria Larson (not feeling well)

- **Sports and Recreation: Veri Lekwa – Exercise or else!**
- **Convention: Cindy Charlson Monroe –**
 - Showed vendor form and ad form
 - Showed doll, need clothiers
 - Need delegates to convention – Ann Gesme looking for volunteers
- **Awards:**
 - Golden Member – Dianne Garber
 - Tusen Takk award presented by David Christ to Cindy Charlson Monroe
- **Installation of elected officers: President Barbara Erickson gave oaths to:**
 - Vice President: Cindy Charlson Monroe
 - Secretary: Harold Williamson
 - Cultural Director: Beverly Robeck
 - Social Director: Lois Shindoll
- **Singing of Norwegian Songs: “Just a Little Lefsa”.** Thea O’Grady sang melody and audience sang chorus, accompanied by Sharon Kay Stang on piano.
- **Announcements:**
 - Scandinavian Knitting, Mondays at 9:30 AM at Thea O’Grady’s house.
 - Calendars have all been sold (40)
 - T-shirts still available
 - Next Board Meeting: Feb. 16, 7 PM, at Cindy Charlson Monroe’s house.
 - Next Social Meeting: March 8, 7 PM, at Our Savior’s Lutheran Church
- **Program: Beverly Robeck introduced John Tehven, SON International President, who gave a talk on “Sons of Norway”**



Fjord Cruise ships -possibly at Geilo? Need stop signs here?



New Officers sworn-in, Cindy Monroe-Vice President, Harold Williamson-Secretary, Bev Robeck-Cultural Director, Lois Shindoll-Social Director



Norsk dolls made by Sarah Knutson



International President Jon Tehven and Lodge President Barbara Erickson. Jon lectured on SON at the February meeting



Doll with knit hat made by Anna Marie Klein

Elected Officers:

President – Barbara Erickson 377-1707
Vice President – Cindy Monroe 363-7420
Secretary – Harold Williamson 338-5658
Treasurer – Ding Sather 393-7310

Membership Secretary –
Alan Erickson 377-1707

Cultural Directors –
Beverly Robeck 319-512-0331
Dale Fitzgibbons 365-7704
Social Directors --Barbara Taylor 393-0844
Lois Shindoll 377-2890

Sons of Norway representatives:

Eldon Neighbor 319-350-9101
Jacob Scroggin 319-842-2340

Appointed Officers:

Auditors:
Verl Lekwa 738-2847
Ruth Christ 351-7717
Bob Thorkildson 721-9902
Foundation-Wally Sundet 393-6971
Historian-Paula Schulte 396-1076
Language Facilitator
Tom Næsse 841-2311

Past Pesident- Cindy Monroe 363-7420
Librarian- Lois Shindoll 377-2890
Musician-Sharon Kay Stang 351-5133
Newsletter Editors-Mary/Bill Durspek 377-4480
Scholarship- Cindy Monroe 363-7420
Sports/Recreation/Youth-Verl Lekwa 728-2847
Sunshine-Cheryl Zapf 363-5326
Publicity-

Lodge web site: www.sofn-cedarrapids.org

Web master: Robert Thorkildson 721-9902