

# RESTAURATION LODGE #548



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**The April social meeting will be Tuesday, April 12, 2016  
at 7:00 PM at Our Savior's Lutheran Church in Cedar Rapids**

The program for April will be by Tom Næsse on Norway's involvement in UN peace keeping actions.

Hosts for the meeting will be Sharon Kay Stang, Sandra Van Amburg and Mary Brubaker. The Social Directors' really appreciate the willingness of our members to volunteer for serving as hosts/hostesses at our Lodge meetings.

## **FRA PRESIDENT**

Spring has arrived and with it time for sorting out and cleaning. Have you found any Norwegian treasures that need a new home? Our lodge will have a consignment table at the Nordic Market during the District 1 Convention in June. (Our theme is "Treasures Across the Ocean") Proceeds from such sales have a small commission or could be donated to the lodge. We are still looking for volunteers to fill the many jobs during the convention, and there are many people working on hand crafts - contact Cindy if you are willing to help. Do you know of youth planning to attend Norwegian language camps this summer? Scholarships are available so be sure to apply. Mark your calendars for our Syttende Mai dinner May 10. I'll see you at the April meeting. Barbara

## **SYTTENDE MAI**

Our celebration of Norway's Constitution Day will be on May 10th at 6:00 P.M. We will have a catered meal for \$10.00 a person. Tickets will be on sale at the April 12 meeting. The dinner menu will be roast pork loin, breaded cod, parsley buttered potatoes, vegetable of the day, salad, rolls and butter. Table service will be provided by the caterer.

**MEMBERS ARE TO BRING NORWEGIAN DESSERTS. WE NEED TO HAVE RESERVATIONS BY MAY 6TH.** If you are unable to get tickets at the next meeting and would like to attend, PLEASE call Lois Shindoll at 377-2890. Please note that if a reservation is made, it must be paid for even if you are unable to attend. If a reservation is made by phone, you can pay for the reservation at the door.

## **CONVENTION PLANNING**

The registration form is complete and out. At 6:00 before the April meeting, we will be holding discussion sessions. You are invited to join us. PLEASE save June 8-11 to volunteer at the convention and attend the banquets. Thank you from Anna Marie Klein, Barbara Erickson and Cindy Monroe.

## **BOOK CLUB**

Book Club is on vacation until after the convention in June.

## LANGUAGE CLASS

Tom Næsse's class meets Thursdays at 6 PM at Tom's place.

## PROGRAMS FOR EARLY 2016

April 12, 2016 *Norway's role in Peacekeeping Efforts* by Tom Næsse

May 10, 2016 *Syttende Mai dinner and Convention Preview*

June - No meeting

July - Travis Cleveland - *Vesterheim*

## SCANDINAVIAN KNITTING

All who are interested in knitting are invited to the Scandinavian Knitters which meet Mondays 9:30 - noon at Thea O'Grady's home 5870 Stags Leap Lane, Marion, IA 52302 tel 402-617-0332

## OUR SCHOLAR-MEMBER JOHN HANSON IN NORWAY

Our lodge member, John Hanson, who received a Fulbright Scholarship to teach in Norway during this school year, can be followed at his blog at

<https://johnlhanson.wordpress.com/> .

## APRIL BIRTHDAYS

Name	Birth Day	Name	Birth Day
Quin M Cornell	4	Ann M Gesme	29
Zachery E Williamson	7	Isabelle McCormick	29
Jeffery D Christ	9	Owen Hanson	30
Espen C H Anneling	10	Ryal Hanson	30
Patricia R Knutson	16	Larry George Kurth	30
Richard K Isaacson	25		

## FROM NORWAY

Norway gets Europe's largest onshore power project. Europe's largest onshore wind power project, comprising six onshore wind farms, with a combined capacity of 1000MW will be built in Central Norway. NEWS Statkraft, TrønderEnergi and the European investor consortium Nordic Wind Power DA will join forces to realize the project, which will require a total investment of around EUR 1.1bn. The wind farms will be built on the Fosen peninsula, the island of Hitra and in Snillfjord, in a coastal area providing some of the best conditions for renewable energy production from wind in Europe.

Saturday, February 6th is celebrated as the indigenous Sami People's Day in Norway and other Scandinavian countries. The day is official flag day in Norway, and the Sami flag is flown on all official buildings. The Nordic Sami Council decided in 1992 to celebrate a joint Sami National Day, and the day was first celebrated on February 6th 1993.

The EU-Commission on Tuesday presented its "Sustainable Energy Security Package". The Commission confirms that gas will remain important in the EU's energy mix in the years to come. For Norway as a major supplier of gas to Europe, the package will have significance. [Smart to avoid Russia as a source!] We have big remaining gas resources and Norway will stay a reliable supplier of gas to Europe in the long term, says Minister of Petroleum and Energy, Tord Lien.

## FACEBOOK LINK

Link to our Facebook

<https://www.facebook.com/SonsOfNorwayRestaurationLodge1548>

District One now has a facebook at <https://www.facebook.com/Sons-of-Norway-District-1-148130308566588/>

### OLE & SVEN

Sven and Ole go fishing. It's such a great day, they rent a boat so they can fish from the middle of the lake. They row out, drop their lines, and before you know it, they're catching fish, one after another after another. They can't believe what a great fishing spot they found.

Sven says, "This is the best fishing spot in the county. It's just too bad we didn't bring some paint." Ole asks, "Paint? Why should you want paint, to go fishing?"

"Well Ole, don't you see, so we can paint an "X" in the bottom of the boat, so we can find this spot next time." Ole laughs at him. "Sven, don't be such a dummy! Next time, what if they give us a different boat?"

### EXERCISE

The time to get healthy or stay healthy is before the doctor frowns and says, I think you need to make some changes. Diet, exercise, do the whole business. Sons of Norway doesn't have a diet program but it does have one for exercise. This year set about walking in your neighborhood, at a mall, on a treadmill, or if you need more and can do more, lift some weights. Look on the Internet for a stretching program that would suit you, join the YMCA, on and on. I would recommend skiing but that can lead to trouble, but as Norwegians by blood we can't turn our backs on such a vigorous way to stay healthy. The bottom line: DO SOMETHING!

### MINUTES

Restauration Lodge 1-548 Sons of Norway Social Meeting Agenda, March 8, 2016

- Welcome and Introduction of Guests – President Barbara Erickson – 39 in attendance, 1 guest
- Pledge of Allegiance and singing of *America* and *Ja, Vi Elsker*, accompanied by Thea O'Grady on piano
- Treasurer: (Ding Sather reported by email) as of 2/16/2016 \$1642 checking; \$5725 savings
- Secretary: (Harold Williamson) minutes as printed in the newsletter approved
- Membership Secretary: (Alan) 138 members including 1 new member, Evelyn Thompson
- Social Directors: (Barb Taylor, Lois Shindoll)
  - Hosts tonight are Cindy Charlson Monroe and Verl Lekwa
  - Hosts for April 12 will be Sharon Kay Stang, Sandra Van Amburg and Mary Brubaker
- Cultural Director: (Bev Robeck, Dale Fitzgibbons)
  - Ann Gesme presents program tonight
  - Next month, Tom Naesse will present program on Norway's involvement in UN peace keeping actions.
  - May meeting will include a catered meal.
- Sunshine: (Cheryl Zapf reported by email) – Card to Cindy Charlson Monroe (Congratulation on Tusen Takk award), Card to Mary Jane Barlow (recovering from surgery)
- Sports and Recreation: (Verl Lekwa) – Need to work harder
- Convention (VP): (Cindy Charlson Monroe) –
  - Birds on table to be party favors at convention. 350 made by members.
  - A Cedar Rapids carpenter had made calendar sticks and will sell at convention
  - Need volunteers to paint and dress dolls
  - Registration for convention is 30+ so far.

- **What's New in Norway? (Tom Naesse) – Less oil revenue creating problems, unemployment, higher taxes**
- **Norsk Class (Tom Naesse) – Meets on Thursday at 6 PM at his house.**
- **Thea O'Grady gave a short presentation on the origin and the meaning of the words in "Ja VI Elsker"**
- **President's report:**
  - **Thank hosts: Cindy Charlson Monroe and Verl Lekwa; Thea O'Grady for playing piano**
  - **Noted that T shirts for sale and books for loan are set out.**
- **Announcements**
  - **Scandinavian knitting Mondays 9:30 until noon at Thea O'Grady's house**
  - **Next board meeting cancelled (Barbara Erickson out of town – no new business)**
  - **Next social meeting April 12, 7:00 PM**
  - **Dale Fitzgibbons reported that there was an article the Sunday March 6 Gazette on "The Tokheim Co." which was founded by Norwegian immigrant John Tokheim, of Odda, Norway. The firm made gasoline pumps based on his many patents.**
- **Program by Ann Gesme on a women's magazine published in Cedar Rapids for immigrant Norwegian women. The magazine was in Norwegian and there was also a Swedish edition.**



**Green blanket over the mountains in Norway**



**Ann Gesme lecturing on the Cedar Rapids Norsk newspaper Kvinden Hjemmet**



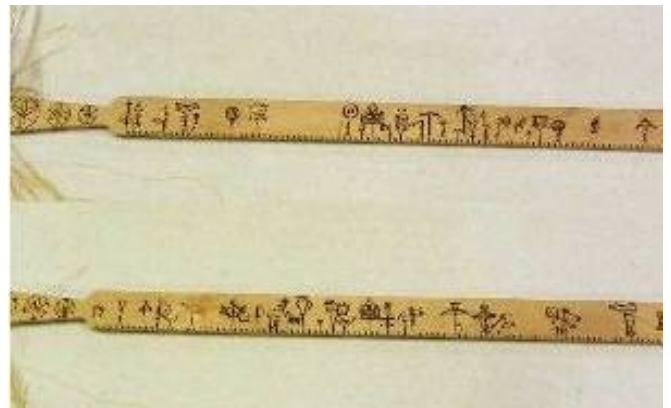
**Mary Durspek and Jean Murray holding painted birds for the convention tables**



**Ann Gesme showing a copy of the April 1939 issue of the Kvinden newspaper**



**Closeup of a typical Bird -several hundred more to do-Help!!**



**Primstavs - Ancient calendar sticks**

**Elected Officers:**

President – Barbara Erickson 377-1707  
Vice President – Cindy Monroe 363-7420  
Secretary – Harold Williamson 338-5658  
Treasurer – Ding Sather 393-7310

Membership Secretary –  
Alan Erickson 377-1707

Cultural Directors –  
Beverly Robeck 319-512-0331  
Dale Fitzgibbons 365-7704  
Social Directors --Barbara Taylor 393-0844  
Lois Shindoll 377-2890

**Sons of Norway representatives:**

Eldon Neighbor 319-350-9101  
Jacob Scroggin 319-842-2340

**Appointed Officers:**

Auditors:  
Verl Lekwa 738-2847  
Ruth Christ 351-7717  
Bob Thorkildson 721-9902  
Foundation-Wally Sundet 393-6971  
Historian-Paula Schulte 396-1076  
Language Facilitator  
Tom Næsse 841-2311

Past Pesident- Cindy Monroe 363-7420  
Librarian- Lois Shindoll 377-2890  
Musician-Sharon Kay Stang 351-5133  
Newsletter Editors-Mary/Bill Durspek 377-4480  
Scholarship- Cindy Monroe 363-7420  
Sports/Recreation/Youth-Verl Lekwa 728-2847  
Sunshine-Cheryl Zapf 363-5326  
Publicity-

**Lodge web site:** [www.sofn-cedarrapids.org](http://www.sofn-cedarrapids.org)

Web master: Robert Thorkildson 721-9902