

RESTAURATION LODGE #548



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**The May social meeting will be Tuesday, May 10, 2016
at 6:00 PM at Our Savior's Lutheran Church in Cedar Rapids**

The meeting for May will be our celebration of Norway's Constitution Day on May 10th at 6:00 P.M. We will have a catered meal with the dinner menu of roast pork loin, breaded cod, parsley buttered potatoes, vegetable of the day, salad, rolls and butter. Table service will be provided by the caterer. **MEMBERS ARE ASKED TO BRING NORWEGIAN DESSERTS.** Board members please help set up at 5 pm and help clean up after the meal.

FRA PRESIDENT

The months of May and June will be busy for our lodge. We will be remembering Norway's Constitution Day (Syttende Mai) on May 10 with a catered dinner starting at 6 pm. There we will have a preview of beautiful table decorations that will be used at our convention banquets as crafted by many hands. The convention itself on June 9, 10, 11 is coming fast and promises to be a spectacular event. There's lots of activities including a Nordic market, a Nordic folk art exhibit, and several vendors. Don't forget to bring your Norwegian treasures for our lodge's consignment booth. There are many volunteer opportunities, and sign ups will be available. Be sure to register with Alan Erickson to attend the banquets. Did you see John Hanson's article in the Gazette Sunday May 1? The following 3 Sundays will continue his articles about Education experiences in Norway.

Barbara

SYTTENDE MAI

Our Constitution Day catered meal tickets are \$10.00 a person. **WE NEED TO HAVE RESERVATIONS BY MAY 6TH.** If you have been unable to get tickets and would like to attend, **PLEASE** call Lois Shindoll at 377-2890. Please note that if a reservation is made, it must be paid for even if you are unable to attend. If a reservation is made by phone, you can pay for the reservation at the door.

CONVENTION PLANNING

The registration form is complete and out. **PLEASE** save June 8-11 to volunteer at the convention and attend the banquets. We are in need of volunteers to meet the almost 130 slots we need to fill. If you can volunteer, please let us know which day(s). Please sign up for donations of cookies, regular and decaf coffee and "treasures for sale". Thank you from Anna Marie Klein, Barbara Erickson and Cindy Monroe.

BOOK CLUB

Book Club is on vacation until after the convention in June.

LANGUAGE CLASS

Tom Nässe's class meets Thursdays at 6 PM at Tom's place.

PROGRAMS FOR EARLY 2016

May 10, 2016 *Syttende Mai dinner and Convention Preview*

June - No meeting

July - Travis Cleveland - *Vesterheim*

NORDIC FEST

Reminder for your calendars - Nordic Fest in Decorah, Friday, July 29, 2016

SCANDINAVIAN KNITTING

All who are interested in knitting are invited to the Scandinavian Knitters which meet Mondays 9:30 - noon at Thea O'Grady's home 5870 Stags Leap Lane, Marion, IA 52302 tel 402-617-0332

OUR SCHOLAR-MEMBER JOHN HANSON IN NORWAY

Our lodge member, John Hanson, who received a Fulbright Scholarship to teach in Norway during this school year, can be followed at his blog at

<https://johnlhanson.wordpress.com/> .

MAY BIRTHDAYS

Name	Birth Day	Name	Birth Day
Ardith B Erickson	1	Eileen M Kjonaas	13
Anna M Klein	2	Waldemar S Sundet	19
Miles Hsiao-ling Pei	5	David W Tesdahl	20
John L Hanson	8	Carolyn A Rushton	21
Marvel A Titone	10	Cheryl L Zapf	28
Wendy L Christian	11		

NEWS FROM NORWAY

Norway increases support to Syria's neighboring countries. "Syria's neighboring countries are shouldering a heavy burden and are facing major challenges. Norway will therefore contribute USD 10 million to a new financing initiative for Lebanon and Jordan," said Minister of Foreign Affairs Børge Brende. The new financing initiative was recently launched by the World Bank, the UN and the Islamic Development Bank.

Norway's labor movement attracted thousands of supporters over the weekend who turned out for rallies and parades around the country. In Oslo, an estimated 10,000 marched through the city. Norway's nationwide hotel strike entered its second week on Monday with nearly double the number of strikers out on the picket lines. As the strike spread over the weekend, it is set to spread again. The state also is "very far" from a labor agreement with some 100,000 public employees.

Norway's Lutheran Church voted on Monday in favor of allowing same-sex marriage, becoming the latest of a small but growing number of churches worldwide to do so. Last year the French Protestant Church allowed gay marriage blessings, while the US Presbyterian Church approved a change in the wording of its constitution to include same-sex marriage.

FACEBOOK LINK

Link to our Facebook

<https://www.facebook.com/SonsOfNorwayRestaurationLodge1548>

District One now has a facebook at <https://www.facebook.com/Sons-of-Norway-District-1-148130308566588/>

OLE & SVEN

Sven and Ole go deer hunting and Sven accidentally shoots Ole. Sven managed to get Ole out of the woods and drove him to the emergency room. After a while, the doctor comes out to Sven in the waiting room.

"Doctor, is my friend going to be alright? I drove as fast as I could."

"You know, Sven, we might have had a chance if you hadn't taken the time to dress him up and tie him to the hood of your car."

EXERCISE

The time to get healthy or stay healthy is before the doctor frowns and says, I think you need to make some changes. Diet, exercise, do the whole business. Sons of Norway doesn't have a diet program but it does have one for exercise. This year set about walking in your neighborhood, at a mall, on a treadmill, or if you need more and can do more, lift some weights. Look on the Internet for a stretching program that would suit you, join the YMCA, on and on. I would recommend skiing but that can lead to trouble, but as Norwegians by blood we can't turn our backs on such a vigorous way to stay healthy. The bottom line: DO SOMETHING!

MINUTES

Restauration Lodge 1-548 Sons of Norway Social Meeting Agenda April 12, 2016

- Meeting convened at 7:05 PM by President Barbara Erickson, 43 in attendance.
- Pledge of Allegiance and singing of *America* and *Ja, Vi Elsker* accompanied by Sharon Kay Stang on piano.
- Treasurer's Report: Ding Sather – Checking \$1950.27 Savings \$5752.94 Convention account \$6067.20
- Secretary's Report: Harold Williamson - Minutes of 3/8/16 as printed in the newsletter approved.
- Membership Secretary's Report: Alan Erickson - 139 members including 1 reinstated member, Merrill Ludvingson
- Social Directors' Report: Barbara Taylor, Lois Shindoll -
- Syttende Mai banquet (May 10) tickets are \$10. Menu: cod/pork loin. Officers come early to set up and stay late to cleanup. Members should bring desserts
- Cultural Directors' Report: Beverly Robeck, Dale Fitzgibbons –
 - Tonight, Tom Naesse will present program on Norway and Peace in the World
 - May 10. There will be a discussion of convention.
- Sunshine Report: Suggestions from members to send cards to:
 - Donald Johnson, 100 year birthday
 - Arlo Meyer, illness
- Vice President Report: Cindy Charlson Monroe
 - Convention: 78 delegates to date. Hope to have enough to cover reserved rooms. Possible to register on line. Birds to be given to attendees finished by Jean Murray shown.
 - Scholarships to summer language camp available.
- What's New in Norway? Tom Naesse – Slow oil market has led to high unemployment. Defense budget to be increased.
- Sons of Norway Representative: Jason Scroggin.
 - Presented check for \$43.73 to lodge as a reward for policies purchased by members,
- Thank hosts: Sharon Kay Stang, Sandra Van Amburg, Mary Brubaker
- New Business
 - Lois Shindoll indicated that name badge pins can be changed to a magnet clasp for

\$2.50

- Program tonight: Tom Næsse speaking on Norway's role in Peacekeeping Efforts
- Announcements
 - Sign up for Syttende Mai dinner (\$10)
 - Scandinavian knitting Mondays 9:30 until noon at Thea O'Grady's house
 - T-shirts for sale
 - UI Dept of Theater Arts presenting Lady from the Sea by Henrik Ibsen the next two weekends – see Ruth Christ for more details (tickets \$18 through Hancher - \$12 seniors)
 - Next board meeting: Tue April 19 7:00 pm at Cindy's house
 - Next social meeting: Tuesday May 10 6:00 pm Meal – 7:00 pm convention preview



Tom Næsse speaking on Norway's role in Peacekeeping Efforts



Jean Murray, Mary Durspek, and Lois Shindoll helped to paint decor on some 200 birds



Neat car in the Jul 2014 Nordic Fest in Decorah

Elected Officers:

President – Barbara Erickson 377-1707
Vice President – Cindy Monroe 363-7420
Secretary – Harold Williamson 338-5658
Treasurer – Ding Sather 393-7310

Membership Secretary –
Alan Erickson 377-1707

Cultural Directors –
Beverly Robeck 319-512-0331
Dale Fitzgibbons 365-7704
Social Directors --Barbara Taylor 393-0844
Lois Shindoll 377-2890

Sons of Norway representatives:

Eldon Neighbor 319-350-9101
Jacob Scroggin 319-842-2340

Appointed Officers:

Auditors:
Verl Lekwa 738-2847
Ruth Christ 351-7717
Bob Thorkildson 721-9902
Foundation-Wally Sundet 393-6971
Historian-Paula Schulte 396-1076
Language Facilitator
Tom Næsse 841-2311

Past President- Cindy Monroe 363-7420
Librarian- Lois Shindoll 377-2890
Musician-Sharon Kay Stang 351-5133
Newsletter Editors-Mary/Bill Durspek 377-4480
Scholarship- Cindy Monroe 363-7420
Sports/Recreation/Youth-Verl Lekwa 728-2847
Sunshine-Cheryl Zapf 363-5326
Publicity-

Lodge web site: www.sofn-cedarrapids.org

Web master: Robert Thorkildson 721-9902