

Restauration Lodge #1-548



September 2017 www.sofn-cedarrapids.org

The September meeting will be Tuesday, September 12, 2017 at 7:00 pm at Our Savior's Lutheran Church in Cedar Rapids

The program will be by Lisa Kenyon on the "Draken Hårold Harfagre: the Viking Ship in Detroit"

Hosts for the meeting will be Bev & Marv Robeck and Lois and Arden Shindoll.

FRA PRESIDENT

I hope everyone had a good summer. I'm looking forward to our fall programs, Lekeplass, and the resumption of our Norwegian book club. The Sons of Norway mission statement and the new dues schedule is included in this newsletter for your information. Please talk to your friends and bring those interested to our meetings. Barbara

NEW UNIFIED DUES STRUCTURE

Simplified Dues Structure for United States. See discussion on page 4 of the August Viking magazine by International President Jon Tehven. Uniform dues rates for all US lodges will be effective January 1, 2018. Have questions? Email: 2018dues@sofn.com

2018 Dues Chart	United States			Total dues	
	<i>Int'l</i>	<i>District</i>	<i>Local</i>	<i>Annual</i>	<i>Monthly</i>
Individual					
Regular	\$ 32.00	\$ 14.00	\$ 14.00	\$ 60.00	\$ 5.00
Golden	\$ 16.00	\$ 14.00	\$ 14.00	\$ 42.00	\$ 3.50
Lifetime	\$ -	\$ -	\$ -	\$ -	\$ -
Family					
Regular	\$ 42.00	\$ 25.00	\$ 28.00	\$ 95.00	\$ 8.00
Golden					
Both Golden	\$ 21.00	\$ 25.00	\$ 14.00	\$ 60.00	\$ 5.00
1 Golden/ 1 Regular	\$ 32.00	\$ 25.00	\$ 21.00	\$ 78.00	\$ 6.50
1 Golden/ 1 Lifetime	\$ 16.00	\$ 14.00	\$ 12.00	\$ 42.00	\$ 3.50
Both Lifetime	\$ -	\$ -	\$ -	\$ -	\$ -

LEKEPLASS

Lekeplass will resume at our September 12 meeting starting at 4:30 PM in the basement of the church. We will be viewing the full-length movie version of the book "A Man Called

Ove". The movie is in Swedish with English subtitles. Bring a sack supper or take-out to eat during the movie. Questions? Contact Lisa Kenyon 319-360-2310

LANGUAGE CLASS

Can have it on Sept. 6, then leaving for California. Will resume after Oct. 8.

BOOK CLUB

Book Club 1 p.m., Wednesday, September 20 at Ann Gesme's home, 2115 First Ave SE, Apt. 3303. Thea O'Grady will provide refreshments and lead the discussion of Michael Booth's book, *The Almost Nearly Perfect People: The Truth About the Nordic Myth*.

PROGRAMS

September 12 Lisa Kenyon on the "Draken Hårold Harfagre: the Viking Ship in Detroit"
October 10 A dramatic production (TBD) produced and directed by Carolyn Rushton.

SEPTEMBER BIRTHDAYS

Name	Birth Day	Name	Birth Day
Bill Durspek	1	Enid Benda	9
Cindy Monroe	5	Alison Galstad	21
Joanne Oftedahl	5	Clarissa McCormick	21
Norman Roberg	5	Dale Fitzgibbons	22
Lisa Suttie	5	Ruth Christ	26
Vincent Williams	6	Carey Trantham	30
Jodi Marquith	8		

SCANDINAVIAN KNITTING

All who are interested in knitting are invited to the Scandinavian Knitters which meet Mondays 9:30 - noon at Thea O'Grady's home 5870 Stags Leap Lane, Marion, IA 52302 tel 319-536-4979

FACEBOOK LINK

Link to our Facebook

<https://www.facebook.com/SonsOfNorwayRestaurationLodge1548>

District One now has a facebook at

<https://www.facebook.com/Sons-of-Norway-District-1-148130308566588/>

BLOG BY OUR JOHN HANSON

John has recently written an essay about Iowa and Norway in a literary journal. It may be seen at: <https://rootstalk.grinnell.edu/article/obedience-and-resistance> Check it out!

EXERCISE

Still time to get in the summer mode and walk, swim, bike, anything other than making a bee-line for the recliner. Check on the SON programs for medals that can give you an incentive to stay in condition. Verl Lekwa

SONS OF NORWAY MISSION STATEMENT

FYI A review of the Sons of Norway mission statement::

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and provide quality insurance and financial products to our members.

INSURANCE

I was with a friend recently who wants to ensure his only child is provided for after he is gone. He has a considerable amount of money put away towards that purpose. It is all in the bank and collects minimal interest and is taxable, upon his death. It is also subject to health care expenses such as long term care cost, should the need arise for my friend. After our discussion, he has decided to put part of that money in a single pay whole policy which not only is tax exempt, it also will take the single payment amount and increases the amount he can leave for her through the face value of the policy. Call Eldon to schedule that free lunch and discuss your options.

NEWS FROM NORWAY

Earlier this month the fjords of Norway's Lofoten Islands rang out with the cries of activists. For an entire week, environmental groups and local fishermen rallied to oppose plans to drill for oil near the pristine archipelago. Labour and the Conservatives—are both in favour of lifting a ban on oil excavation around Lofoten. The areas surrounding the archipelago are estimated to hold 1.3bn barrels in resources. Yet many analysts expect the moratorium to remain. Why?

One reason is the environment. Lofoten is home to the world's largest cold-water coral reef and mainland Europe's biggest seabird colony. About 70% of all fish caught in the Norwegian and Barents seas use its waters as a breeding ground, which in turn provides rich feeding to a population of seals and whales. A poll published this month by *Dagbladet*, a newspaper, found that nearly half of Norwegians now favor leaving buried oil reserves untouched to limit carbon emissions.

MINUTES

Sons of Norway Restauration Lodge Social Meeting July 11, 2017

Meeting called to order at 7:05 pm by President Barbara Erickson, at Our Savior's Lutheran Church

- Pledge of Allegiance, singing of "America", and "Ja Vi Elsker"
- Secretary's Report – Harold Williamson – Approved as printed in Newsletter
- Treasure's Report – Arden Shindoll Savings = \$13,886.34 Checking = \$2013.66
- Membership – Alan Erickson 140
- Cultural Directors – Bev Robeck and Dale Fitzgibbons; No meeting in August
 - Sept, Oct, Nov, and Dec meetings are arranged
- Book Club Not meeting until Sept.
- Sunshine – Cheryl Zapf, No Activity
- Social Directors - Barb Taylor, Lois Shindoll: Servers Sep-Lois, Arden Shindoll, Bev and Marv Robeck
- Sports and Recreation – Verl Lekwa – Two awards earned but certificates have not arrived
- V.P. and Scholarships – Cindy – Nordic fest is approaching, We had three representatives at the Linn County Fair. Waffles were given out till the batter was gone.
- Lekeplass - Lisa - None until Sept
- Scandinavian Knitting – Thea - Meets 9:30 Mondays at Thea's house "We are still talking about the non-attenders
- What's new in Norway – Tom - Coffee drinking extends life, 4 cups a day extends life by 18%. Up to a liter a day is OK. There is trouble with water scooters at the

beaches - too loud and too fast. At airports, parking to load and unload is limited to 7 minutes.. Fines are \$10 or more.

- Sons of Norway Rep – M.E. Levsen
- Business – No new or old business
- Announcements – No Social meeting in August,
- Next board meeting - Aug 15
- Next Social Meeting – Tuesday, Sep. 12
- Tonight’s Program – Kate Martinson, Retired Luther professor, and Vesterheim volunteer and trustee. “North Sea to South Seas Norwegian Sugar Cane Story”



Kate Martinson lecturing at the July meeting



Monday Knitters getting prepared for the eclipse



Vesterhiem and Restoration board members at the July meeting



Lodge members at this summer's Nordic Fest



Sunrise over Lofoten, Norway

Elected Officers:

President – Barbara Erickson	377-1707
Vice President – Cindy Monroe	363-7420
Secretary – Harold Williamson	338-5658
Treasurer – Arden Shindoll	377 2890
Membership Secretary Alan Erickson	377-1707
Cultural Directors –	
Beverly Robeck	319-512-0331
Dale Fitzgibbons	365-7704
Social Directors --Barbara Taylor	393-0844
Lois Shindoll	377-2890

Sons of Norway representatives:

Eldon Neighbor	319-350-9101
M.E. Levsen	319-538-5933

Appointed Officers:

Auditors:	
Verl Lekwa	738-2847
Ruth Christ	351-7717
Bob Thorkildson	721-9902
Language Facilitator	
Tom Næsse	841-2311

Past Pesident- Cindy Monroe	363-7420
Librarian- Lois Shindoll	377-2890
Musician-Sharon Kay Stang	351-5133
Newsletter Editors-Mary/Bill Durspek	377-4480
Scholarship- Cindy Monroe	363-7420
Sports/Recreation/Youth-Verl Lekwa	728-2847
Sunshine-Cheryl Zapf	363-5326

Lodge web site: www.sofn-cedarrapids.org

Web master: Robert Thorkildson 721-9902