

Restauration Lodge #1-548



January 2018 www.sofn-cedarrapids.org

Our next meeting will be Tuesday, January 9, 2018 at 6:00 PM at Our Savior's Lutheran Church in Cedar Rapids

We are having a Lutefisk potluck supper at the meeting. Members are asked to bring one or more dishes to pass. For ideas, see Fra President below. Board members are asked to help set up before the meeting starting at 5PM.

PROGRAM Thea O'Grady is giving a presentation titled, "No Wool, No Vikings - The Fleece That Launched 1000 Ships"

HOSTS

January, 2018 - Potluck - Board members help set up
February, 2018 - Cindy Monroe and Verl Lekwa

FRA PRESIDENT

Godt Nytt År! In 2018 we welcome the new board officers Lois Shindoll, Vice President, Cindy Monroe, Secretary, Sue Speicher, Co-Social Director, Marilyn Olson, Cultural Director, and Alan Erickson, Membership Secretary elected in December. Thank you to Harold Williamson, Bev Robeck, and Dale Fitzgibbons for their service. We encourage members to bring favorite Scandinavian foods to our upcoming January 9 potluck dinner (starting at 6:00 pm). Examples are herring, meatballs, sandbakkels, krumkake, rommegrat, rosettes, rutabagas, fruit soup, lefse, etc. Lutefisk will be provided. This is a great time to personally invite someone you may know who is interested in Scandinavian culture and bring them to our meeting. Thea O'Grady is planning on a great presentation titled, "No Wool, No Vikings - The Fleece That Launched 1000 Ships". Keep warm! It's great to wear and show off your Norwegian sweaters. Barbara Erickson

LEKEPLASS

Our January Lekeplass is cancelled. Any ideas for future Lekeplass sessions would be welcomed. Contact any board member if you have a good idea.

PROGRAMS

January, 2018 - Lutefisk and Lefse potluck dinner.
January, 2018 - Thea O'Grady "No Wool, No Vikings"

NAME TAGS

If you want the magnet-backed version of nametags, they are \$8.25 and are ordered by Lois Shindoll. See her at the meetings or call her at 377-2890.

SCANDINAVIAN KNITTING

All who are interested in knitting are invited to the Scandinavian Knitters which meet Mondays 9:30 - noon at Thea O'Grady's home 5870 Stags Leap Lane, Marion, IA 52302 tel 319-536-4979

LANGUAGE CLASS

Language class will begin this year on the first Wednesday in February, the 7th at 6PM at Tom Næsse's house.

BOOK CLUB

Book Club Wednesday, 17 January, 2018, Gesme's apartment at Cottage Grove Place, 1:00 pm. Cindy Monroe will furnish refreshments and lead the discussion of Asbjørnsen and Moe's Norwegian Folktales. Please let Ann know if you are planning to come at 319-362-6910 or e-mail her at augdhg@gmail.com.

CALENDARS

Lois Shindoll will have the new 2018 calendars for sale at the January meeting. Cost is \$12.

SUBSCRIPTION OFFER [NEW FOR VESTERHEIM MEMBERS]

An introductory six-month subscription to *The Norwegian American* for only \$17.50—a 50% savings! *The Norwegian American* is America's only Norwegian newspaper in existence, and it has been published continuously since 1889. Sign up [here](#), call (206) 784-4617, email subscribe@na-weekly.com, or write to 17713 15th Ave NE, #205, Shoreline, WA 98155 to set up your subscription. Offer valid on new subscriptions only. Limit one per Vesterheim membership

January Birthdays:

Name	Birth Day	Name	Birth Day
M Jean Murray	3	Larry D Knutson	18
Signe Hovet	4	Catherine R Fejfar	21
M David Solberg	4	Susan R Speicher	21
Carol Ann Kurth	6	David E Christ	24
Harlan E Ahlgren	7	Dianne F Garber	24
Marvin Robeck	13	Nancy L Hansen	24
David A Aanonson	17	Gloria A Larson	24
Iver Hovet	17	Frank D Klemetson	25
Lois M Shindoll	17	Alan V Stang	28

FACEBOOK LINK

Link to our Facebook

<https://www.facebook.com/SonsOfNorwayRestaurationLodge1548>

District One now has a facebook at

<https://www.facebook.com/Sons-of-Norway-District-1-148130308566588/>

EXERCISE

Without ruining your holiday season, remember to eat moderately, especially sweets. Then in January get down to really toning up, taking off a few pounds, and feeling great when spring rolls around. And along the way, earn some Sons of Norway sports medals. Verl Lekwa

SONS OF NORWAY MISSION STATEMENT

FYI A review of the Sons of Norway mission statement::

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and provide quality insurance and financial products to our members.

INSURANCE

Fellow lodge members, Last month I appealed to your need to shop for your loved ones and get them something that won't be returned or broken or need batteries.

Insurance is the gift that will never stop giving and WILL be used by everyone on your list at some point in the future. The SON life products have the option of creating a cash value that can be borrowed against for new home buyers or college students, or for the trip of a lifetime We, at Neighbor Insurance, wish each and every one of you the very best in the new year.

NEWS FROM NORWAY

Norway Decriminalizes Drug Use -- Drug use will no longer be punished, but treated in Norway. The majority in the Storting (Norwegian Parliament) agrees on the historic transformation of Norwegian drug policy.

The majority will stop punishing people who struggle, but instead give them help and treatment," said Nicolas Wilkinson, SV's health spokesman in the Parliament to VG. Labor Party (Ap), Conservatives (Høyre), Socialist Left (SV) and Liberals (Venstre) supported the proposal.

Wilkinson says it's a march order to the government to shift the first-line reaction to drug addicts from the courtroom to the health service. It is important to emphasize that we do not legalize cannabis and other drugs, but we decriminalize," said Sveinung Stensland (Høyre)

Norway to build world's tallest timber building. Mjøstårnet" will be more than 80 metres tall and stand 30 metres higher than what is today considered the world's tallest timber building. "Mjøstårnet sets new standards for timber constructions. The building is the closest we come to a skyscraper in timber," says investor and contracting client, Arthur Buchardt. It will be built on the edge of Norway's largest lake, Mjøsa, NW of Oslo. Exchange rate on 2 Jan 2018, 1 USD = 8.101 Kr for those of you wanting to travel.

OLE'S PLANE TROUBLES

It seems Ole had at last scraped up enough money to fly back to Norway to visit his relatives. He was excited and happy and when he boarded the airplane he took the first seat he came to, in first class. Very shortly another passenger came up to him and said, "Sir, you'll have to move. That's my seat. I have the ticket for it."

"You don't understand," Ole answered. "I'm going back to Norway for the first time and I'm so excited and I need this front seat."

No amount of talking could get Ole to move, so the passenger summoned the stewardess who said, "Sir, that is this gentleman's seat and you'll have to move."

"You don't understand," Ole said again. "I'm going back to Norway for da first time and I need dis seat so I can get off da airplane quickly to see my relatives."

The stewardess tried and tried, but couldn't get Ole to move. She finally called the captain, but he couldn't do any good either until he finally leaned down and whispered something in Ole's ear. Ole then said, "Oh. All Right." And he quickly moved to his assigned seat in the rear of the airplane. "What did you tell him?" the amazed stewardess and other passenger asked. "We couldn't budge him."

"Oh," the captain replied. "I just told him this seat didn't go to Norway."

MINUTES

Restauration Lodge 1-548 Sons of Norway Social Meeting Restauration Lodge 1-548 Sons of Norway Social Meeting December 12, 2017

Welcome and introduction of guests by President Barbara Erickson. 7 guests and 48 members. Pledge of Allegiance and singing of *America* and *Ja, Vi Elsker*.

Treasurer: (Arden Shindoll) Checking = \$1,744.84 Savings = \$14,013.93 Check was written to Cindy Monroe for \$65.91 for dinner supplies.

Secretary: (Harold Williamson) Minutes were printed in newsletter. Approved.

Membership Secretary: (Alan Erickson) 137 members as of December 1, 2017.

Vice President: (Cindy Monroe) No report

Social Directors: (Barbara Taylor and Lois Shindoll) Hosts needed for November 2018 meeting.

Cultural Director: (Bev Robeck and Dale Fitzgibbons) January program will be "No Wool, No Vikings" by Thea O'Grady. February program will be "Trolls" by Kris Rowley.

Book Club: (Ann Gesme) No meeting in December. January 17 book is **Norwegian Folktales** by Asbyørnsen and Moe. (Added after meeting: February 21 book is **Magnus Chase and the Hammer of Thor** by Riordan. March 21 book is **How to Hygge: The Nordic Secrets to a Happy Life** by Johanson. April 18 book is **The Hundred-Year-Old Man Who Climbed Out the Window and Disappeared** by Jonasson. May 16 book s **The Caller** by Karen Fossum.)

Sunshine Club: (Cheryl Zapf) Sympathy card was sent to Patty Knudtson upon death of her mother, Jean Ross.

Sports and Recreation (Veryl Lekwa) Congratulations to Richard Isaacson, who received the top sports medal (of four levels).

Scholarship: (Cindy Monroe) No report.

Lekaplass: No report.

Scandinavian Knitting: (Thea O'Grady) Knitting will meet at Thea's home on Mondays from 9:30-noon.

What's New in Norway and Language Class: (Tom Næsse) Winter has arrived; Nobel Peace Prize ceremony was held December 10. Tom will be out of town and the next language class will be the first Wednesday in February.

Sons of Norway Representative: (Mary Levsen) Absent

Business:

- The slate of Board members for 2018 was presented and approved. It includes Vice president – Lois Shindoll; Social Co-Director – Sue Speicher; Cultural Director – Marilyn Olson; Membership Secretary – Alan Erickson. Installation will take place in January. Members serving second year of term in 2018 include President – Barbara Erickson; Social Co-Director – Barb Taylor. Board members are encouraged to step forward to cover other positions such as publicity, historian, Sons of Norway Foundation, and librarian.

Announcements:

- Help is needed to bake/boil lutefisk for our January potluck.

Next Board Meeting: December meeting undecided.

Next Social Meeting: 6:00 PM, Julbord (Lutefisk Potluck), January 9, 2018

Program Tonight: Member Bob Erlandson's program *The Heavy Water War, The Epic Struggle to Sabotage Hitler's Atomic Bomb Program*, gave an excellent multi-national summary of this famous World War II effort. Bob has **The Winter Fortress: The Epic Mission to Sabotage Hitler's Atomic Bomb** by Neal Bascomb and **Kampen om tungtvannet** (DVD TV mini-series) available for members to borrow.



**Lodge members enjoying the December soup supper
The Fitzgibbons and Cheryl Zaph are closest to the camera**



**More Soupers-Tom Næsse, Al & Sharon Stang, Lois & Arden Shindoll,
Jean Nelson and Dave Johansen enjoying the cuisine in December**



Verl Lekwa awarding the top sports medal to Richard Isaacson

Elected Officers:

President – Barbara Erickson	377-1707
Vice President – Lois Shindoll	377-2890
Secretary – Cindy Monroe	363-7420
Treasurer – Arden Shindoll	377 2890
Membership Secretary Alan Erickson	377-1707
Cultural Director – Marilyn Olson	393-5531
Social Directors --Barbara Taylor	393-0844
Sue Speicher	364-8607

Sons of Norway representatives:

Eldon Neighbor	319-350-9101
M.E. Levsen	319-538-5933

Appointed Officers:

Auditors:	
Verl Lekwa	738-2847
Ruth Christ	351-7717
Bob Thorkildson	721-9902
Language Facilitator Tom Næsse	841-2311

Past President- Cindy Monroe	363-7420
Librarian- Lois Shindoll	377-2890
Musician-Sharon Kay Stang	351-5133
Newsletter Editors-Mary/Bill Durspek	377-4480
Scholarship- Cindy Monroe	363-7420
Sports/Recreation/Youth-Verl Lekwa	728-2847
Sunshine-Cheryl Zapf	363-5326

Lodge web site: www.sofn-cedarrapids.org

Web master: Robert Thorkildson 721-9902