

# Restauration Lodge #1-548



March 2018 [www.sofn-cedarrapids.org](http://www.sofn-cedarrapids.org)

**Our next meeting will be Tuesday, March 13, 2018 at 7:00 PM at Our Savior's Lutheran Church in Cedar Rapids**

**PROGRAM** The program for this month is " Archiving a Basement: Practical Advice for Preserving Family Archives" by Hayley Jackson from Luther College..

## **HOSTS**

March, 2018 --Bill and Mary Durspek, Ron and Ann Larson

April, 2018 --Cheryl Zaph, Barbara Erickson

## **FRA VICE-PRESIDENT**

Spring is coming!!!! We are in the midst of planning our 17th of May celebration. Tickets will be available for \$10.00 at our March social meeting. Check your calendars. Our celebration will be on May 8th, our regular meeting night. More information will be in the April newsletter. Hoping to see you at the March meeting  
Lois

## **LEKEPLASS**

Our Lekeplass is on hold until new ideas arise. Any ideas for future Lekeplass sessions would be welcomed. Contact any board member if you have a good idea.

## **PROGRAMS**

March, 2018 "Archiving a Basement: Practical Advice for Preserving Family Archives" by Hayley Jackson from Luther College

April 2018 "Friluft-liv" (outdoor life) by John Hanson

May, 2018 "Germany's Invasion of Norway and the Escape of the Royal Family" by David Christ

June, 2018 TBD

July, 2018 the program is American Humor: Ole and Lena in America

August - No Meeting

September, 2018 "About the artist Herbjorn Gausta" by Dr. Kate Elliot

## **NAME TAGS**

If you want the magnet-backed version of nametags, they are \$8.25 and are ordered by our Vice President, Lois Shindoll. See her at the meetings or call her at 377-2890.

## **SON T-SHIRTS**

Lois Shindoll has a few T-shirts remaining. See her at the March meeting. Cost for the T-shirt is \$12.

## SCANDINAVIAN KNITTING

All who are interested in knitting are invited to the Scandinavian Knitters which meet Mondays 9:30 - noon at Thea O'Grady's home 5870 Stags Leap Lane, Marion, IA 52302 tel 319-536-4979

## LANGUAGE CLASS

Language class is every Wednesday at 6PM at Tom Næsse's home.

## BOOK CLUB

Book Club Wednesday, 21 March, 2018, Gesme's apartment at Cottage Grove Place, 1:00 pm. Ruth Christ will furnish refreshments and lead the discussion of "The Hundred-Year-Old Man Who Climbed Out the Window and Disappeared" Please let Ann know if you are planning to come at 319-362-6910 or e-mail her at [augdhg@gmail.com](mailto:augdhg@gmail.com).

## MARCH BIRTHDAYS:

Name	Birth Day	Name	Birth Day
Gerard Rushton	3	Karl M Knutson	18
Robert J Erlandson	5	Grace L Williamson	19
Russell M Hansen	6	Dan M Legrand	23
Kerith L St. Louis	6	Travis E Cleveland	25
Mary M Durspek	11	Susan M Johansen	27
Madison Stonewall	14	Ingrid Naesse	28
Morgan Stonewall	14		

## FACEBOOK LINK

Link to our Facebook

<https://www.facebook.com/SonsOfNorwayRestaurationLodge1548>

District One now has a facebook at

<https://www.facebook.com/Sons-of-Norway-District-1-148130308566588/>

## EXERCISE

Without ruining your routine, remember to eat moderately, especially sweets. Then in this new year get down to really toning up, taking off a few pounds, and feeling great when spring rolls around. And along the way, earn some Sons of Norway sports medals. Veri Lekwa

## SONS OF NORWAY MISSION STATEMENT

*FYI A review of the Sons of Norway mission statement::*

*The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and provide quality insurance and financial products to our members.*

## Norway and the Winter Olympics

Norway set a record for total medals at the recent Winter Olympics in Korea with 39 medals (14 gold, 14 silver, 11 bronze). Germany was second with 31, Canada next at 29, and the U.S. followed with 23.

- A look at the history of the Olympics shows Norway winning the first one in 1924 and being first in every following one through 1952 except in 1932 when they were second at Lake Placid, New York.
- The 1952 Winter Olympics was an especially satisfying win since it was held near Oslo. But then something happened: the rest of the world caught up. In 1956 they were 7<sup>th</sup>, next 4<sup>th</sup>, then 3<sup>rd</sup>. But from 1956 through 1964 Norway was far out of the running for total

medals. Then in 1968 they bounced back big, with a first place at Grenoble. But it didn't last: from 1972 to 1988 they were never in the top three.

- In 1992 they climbed to third, in 1994 at Lillehammer they were second (10 golds, 11 silvers, 5 bronze). In Japan in 1998 they were in second, and finally in Salt Lake City in 2002 they won first for the first time since 1968.
- In 2006 they toppled to 13<sup>th</sup> place, but came back to 4<sup>th</sup> in Vancouver in 2010, to second in 2014 in Sochi, Japan, and first once more in Korea in 2018.
- In what events did the medals come? Norway has won 107 medals in cross-country skiing, 80 in speed skating, 35 in biathlon, 30 in Nordic combined, 35 in ski jumping, and 29 in Alpine skiing. In addition, at the last Olympics Norway, with half the population of Sweden, won more than twice as many medals. Go Norskies! Veri Lekwa

## **INSURANCE**

For insurance and other financial matters, consult Sons of Norway Headquarters, [lcarslson@sofn.com](mailto:lcarslson@sofn.com) or call (800) 945-8851

## **NEWS FROM NORWAY Mar 2018**

Designed to withstand a nuclear missile hit, the world's biggest seed vault, nestled deep inside an Arctic mountain, is undergoing a makeover as rising temperatures melt the permafrost meant to protect it. Dubbed the "Noah's Ark" of food crops, the Global Seed Vault is buried inside a former coal mine on Svalbard, a remote Arctic island in a Norwegian archipelago around 1,000 kilometres from the North Pole.

Opened in 2008, the seed bank plays a key role in preserving the world's genetic diversity: it is home to more than a million varieties of seeds, offering a safety net in case of natural catastrophe, war, climate change, disease or manmade disasters.

But warmer temperatures have disrupted the environment around the vault. In an unexpected development, the permafrost, which was meant to help keep the temperature inside the vault at a constant -18 Celsius, melted in 2016.

"The summer season was (warmer) than expected. We had water intrusions in the (access) tunnel that could be related to climate change," Åsmund Asdal, one of the seed bank's coordinators, told AFP. The Arctic is warming twice as fast as the rest of the planet, scientific studies show. And while Europe is at the moment experiencing a sub-zero cold spell, the North Pole recently registered above-zero temperatures, 30 degrees higher than normal. Scientists say warm spells like this are occurring with increasing frequency in the Arctic.

Norway recently announced it would contribute 100 million kroner (10 million euros) to improve the repository in a bid to protect the precious seeds.

Annapolis, MD(March 6, 2018): Norwegian Air will feature Arthur Collins, the founder of Collins Radio, as a "tailfin hero" on the airline's Boeing 737 MAX and 787 Dreamliner aircraft throughout 2018. Collins joins over 80 other tailfin heroes depicted on Norwegian aircraft since the airline began operations in 2002. "Our tailfin hero program was created to honor individuals who have pushed boundaries, made a difference and inspired others," said Thomas Ramdahl, chief commercial officer at Norwegian. Also among the 80 "tailers" are Greta Garbo, Babe Ruth, Victor Borge and Ole Bull.



**OLE AND LENA**

Little Ole had been misbehaving and was sent to his room. After a while he emerged and informed his mother Lena that he had thought it over and then said a prayer.

"Fine," said Lena, his pleased mother. "If you ask God to help you not to misbehave, he will help you."

"Oh, I didn't ask him to help me not to misbehave," said Ole, "I asked him to help you put up with me."



**Kris Erickson Rowley presenting her Troll Talk. Kris is the daughter of Ardie and the late Jerry Erickson.**



**Kris Rowley and one of her trolls**



**Another of Kris' trolls**



**Barbara Erickson swearing in new lodge Cultural Director, Marilyn Olson**

**Elected Officers:**

President – Barbara Erickson	377-1707
Vice President – Lois Shindoll	377-2890
Secretary – Cindy Monroe	363-7420
Treasurer – Arden Shindoll	377 2890
Membership Secretary Alan Erickson	377-1707
Cultural Director – Marilyn Olson	393-5531
Social Directors --Barbara Taylor	393-0844
Sue Speicher	364-8607

**SON Financial Benefits Counselor**

Sons of Norway Headquarters  
lcarlson@sofn.com  
(800) 945-8851

**Lodge web site:** [www.sofn-cedarrapids.org](http://www.sofn-cedarrapids.org)

Web master: Robert Thorkildson 721-9902

**Appointed Officers:**

<b>Auditors:</b>	
Verl Lekwa	738-2847
Ruth Christ	351-7717
Bob Thorkildson	721-9902
Language Facilitator Tom Næsse	841-2311
Past President- Cindy Monroe	363-7420
Librarian- Lois Shindoll	377-2890
Musician-Sharon Kay Stang	351-5133
Newsletter Editors-Mary/Bill Durspek	377-4480
Scholarships- Cindy Monroe	363-7420
Sports/Recreation/Youth- Verl Lekwa	319 728-2847
Sunshine- Cheryl Zapf	363-5326