

# Restauration Lodge #1-548



July 2018 [www.sofn-cedarrapids.org](http://www.sofn-cedarrapids.org)

**Our next meeting will be Tuesday, July 10, 2018 at 7:00 PM at Our Savior's Lutheran Church in Cedar Rapids**

**PROGRAM** The program for this month is "American Humor: Ole and Lena in America" by Norm Carlson.

Hosts for the meeting are Becky Cleveland and Marilyn Olson.

## **FRA PRESIDENT**

I hope your summer is going well. Alan, Cindy and I attended District 1 convention June 14-16. Restauration lodge is in zone 7, and the zone was split into an eastern Iowa and Illinois portion, and a separate zone for western Iowa, Nebraska and Kansas. Our new zone director, Keith Jorgensen is in the Cedar Falls Solglimt lodge. Attending a convention is interesting and hopefully in 2 years others can be our lodge delegates. Cindy will be a delegate to the International SofN convention being held August 16-18 in Bloomington MN. See our facebook page and pictures from the Linn County Fair! Be sure to support other events (listed in the minutes). Reminder, there is no August social meeting - see you in September.

Barbara

**LEKEPLASS** No Lekeplass this month

## **PROGRAMS**

July, 2018 "American Humor: Ole and Lena in America" by Norm Carlson

August - No Meeting

September, 2018 "About the Artist Herbjorn Gausta" by Dr. Kate Elliot of Luther

## **NAME TAGS**

If you want the magnet-backed version of nametags, they are \$8.25 and are ordered by our Vice President, Lois Shindoll. See her at the meetings or call her at 377-2890.

## **SCANDINAVIAN KNITTING**

All who are interested in knitting are invited to the Scandinavian Knitters which meet Mondays 9:30 - noon at Thea O'Grady's home 5870 Stags Leap Lane, Marion, IA 52302 tel 319-536-4979

## **LANGUAGE CLASS**

Language class is closed for the summer.

## **BOOK CLUB**

No Book Club until September.

## JULY BIRTHDAYS

Name	Birth Day	Name	Birth Day
Mavis M Hovden	2	John Arthur Albertson	18
Sharon Kay Stang	4	Jonathan R White	18
Laurie K Johnson	6	Beverly B Robeck	19
Donald H Kvindlog	7	Jonathan R O'Neill	21
Delaine C Sather	15	Ulla Wall	29
Nancy S Thorkildson	15		

## AUGUST BIRTHDAYS

Name	Birth Day	Name	Birth Day
Charles L Holecek	1	Diane I Ogann	15
Lisa Maureen Kenyon	5	Darlene L Edwards	16
Sara K Knutson	7	Emma J Nielsen	18
Harold E Williamson	8	Taylor Lawrence	19
Tucker L Cornell	13	Dale D Hovden	29
Mary L Brubaker	15		

## BIRTHDAY CELEBRATION FOR HAROLD

Don't forget the party for Harold Williamson on the occasion of his birthday on August 8, 2018 (8/8/18) Harold (Harry) when he turns 88 years old.

## FACEBOOK LINK

Link to our Facebook

<https://www.facebook.com/SonsOfNorwayRestaurationLodge1548>

District One now has a facebook at

<https://www.facebook.com/Sons-of-Norway-District-1-148130308566588/>

## EXERCISE

OK. You used the excuse that it was too cold last winter to exercise and you had no place inside. Now you say it's too hot. Buckle down and get to the Y or a mall, or buy a treadmill or cheaper yet, get a disc that shows a group doing walking and leg exercises that you can follow in your own home. After all, you are Norsk, the premium brand. Lekwa

## SONS OF NORWAY MISSION STATEMENT

*FYI A review of the Sons of Norway mission statement::*

*The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and provide quality insurance and financial products to our members.*

## INSURANCE

A new insurance representative is now on board, Scott Johannsen of Davenport. He has been in the business for some 20 years. he has a mail address at [sjohannsen@riverlandinsurancegroup.com](mailto:sjohannsen@riverlandinsurancegroup.com) and Tel 563-343-5167.

## OLE & SVEN

Ole, and Sven came into the bar. They were high-fiving each other, shouting, and generally having a celebration of some sort. "Line 'em up," Ole shouted as the party continued. They drank and carried on for hours. Finally the bartender's curiosity got the better of him. "Just what are you celebrating?" he asked. "51 days! We did it in 51 days!"

they responded. "What did you do in 51 days?" he probed.  
"Put the puzzle together," they replied, "51 days, and the box said 3-5 years!"

### NEWS FROM NORWAY

NATO and Norway are preparing for one of the largest military exercises ever held in the country, Trident Juncture 18. Norway is alerted for increased espionage activities. 40,000 participants, 130 aircraft and 60 vessels from more than 30 nations – this is NATO's exercise Trident Juncture 18.

This October and November, more than 40,000 participants from all over NATO and its partners will be coming to Norway for exercise Trident Juncture 2018.

The exercise will test the whole military chain – from troop training at the tactical level, to command over large forces. It will train the troops of the NATO Response Force and forces from other allies and partners, ensuring they can work seamlessly together. Intelligence threats to Norway are already considered to be high, and we expect this activity to increase in connection with the exercise. It is natural in connection with such special events, says Herland to VG.

### MINUTES

Restauration Lodge 1-548 Sons of Norway Social Meeting, June 12, 2018

- Welcome and Introduction of Guests – President Barbara Erickson.  
Attendance was 38.  
Members said the Pledge of Allegiance and sang *America* and *Ja, Vi Elsker*.
- Treasure's Report (Arden Shindoll) Checking has \$630.17 and savings has \$12,970.22. Checks were written to Barbara Erickson, Alan Erickson and Cindy Monroe for \$250 each for convention expenses, \$18.45 for refreshment supplies, and \$50 for Foundation gift to be given at convention.
- Secretary's Report (Cindy Monroe) Minutes were approved.
- Member Secretary (Alan Erickson) 131 members as of June 1, 2017.
- V. P. (Lois Shindoll) – No report.
- Social Directors (Barb Taylor and Sue Speicher) July hosts are Thea O'Grady, Becky Cleveland and Marilyn Olson.
- Cultural Director (Marilyn Olson) The program tonight, "Churning Butter", was given by member Mette Gro Kelley. July's program, "Ole & Lena, Norwegian Humor, will be given by Norm Carlson of Des Moines.
- Book Club (Ann Gesme) Our book club does not meet in the summer. Next year's booklist is in the newsletter. You might want to get a headstart on reading. September's book is *The Little Old Lady Who Broke All the Rules* by Catharina Ingelman-Sunberg. Barbara Erickson will lead the discussion and provide dessert.
- Sunshine (Cheryl Zapf) Several get well and sympathy cards have been sent. Members who have passed include Norma Kvindlog and Terry Brende.
- Sports and Recreation (Verl Lekwa) No report.
- Scholarship (Cindy Monroe) No report.
- Scandinavian Knitting (Thea O'Grady) Members are invited to join the knitting group on Mondays from 9:30-noon at Thea's home.
- What's New in Norway (Tom Naesse) No summer classes. Tom is in Norway.
- Sons of Norway Representative (Scott Johannsen) No report. Scott's email is [sjohannsen@riverlandinsurancegroup.com](mailto:sjohannsen@riverlandinsurancegroup.com) and phone is 563-343-5157.
- Business (President Erickson) No new business. Barbara expressed a thank you to Marilyn Olson for teaching members who to make kransakakke before the meeting.
- Announcements  
District 1 Convention – Rochester, MN – June 14-16, 2018.  
Linn County Fair – Friday, June 29, 2018. Members invited to join us for all or part of

the day. In addition to information about Restauration, we will be making wafflers to share with fair goers.

Folklore Village – Dodgeville, WI – July 19-22, 2018

Nordic Fest – Decorah IA – July 27-29, 2018 - We offered to assist at the Sons of Norway tent.

Hometown Days – West Branch, IA – Saturday, August 4, 2018. We will have a Restauration table.

Next Board Meeting is Monday, June 18 at 3:00 at Cindy Monroe's home.

Next Social Meeting is Tuesday, July 10 at 7:00 pm.



**Mette Kelley** presenting about the Norsk mountain ladies and their prowess at making cheese and butter.



Dessert table at the June meeting with hosts Barb Taylor and Sue Speicher showing wedding cakes made at Lekeplass at the June meeting.



**Lois and Arden Shindoll** forming rings for the Norsk wedding cake at the June Lekeplass event.



**Milt Knutson** and his award for best male costume in the St. Patrick's day parade.

**Elected Officers:**

President – Barbara Erickson	377-1707
Vice President – Lois Shindoll	377-2890
Secretary – Cindy Monroe	363-7420
Treasurer – Arden Shindoll	377 2890
Membership Secretary Alan Erickson	377-1707
Cultural Director – Marilyn Olson	393-5531
Social Directors --Barbara Taylor	393-0844
Sue Speicher	364-8607

**SON Financial Benefits Counselor**

Scott Johannsen  
sjohannsen@riverlandinsurancegroup.com  
(563) 343-5157

**Lodge web site:** [www.sofn-cedarrapids.org](http://www.sofn-cedarrapids.org)

Web master: Robert Thorkildson 721-9902

**Appointed Officers:**

<b>Auditors:</b>	
Verl Lekwa	738-2847
Ruth Christ	351-7717
Bob Thorkildson	721-9902
Language Facilitator Tom Næsse	841-2311
Past President- Cindy Monroe	363-7420
Librarian- Lois Shindoll	377-2890
Musician-Sharon Kay Stang	351-5133
Newsletter Editors-Mary/Bill Durspek	377-4480
Scholarships- Cindy Monroe	363-7420
Sports/Recreation/Youth- Verl Lekwa	(319) 728-2847
Sunshine- Cheryl Zapf	363-5326