

Restauration Lodge #1-548



Oct 2018 www.sofn-cedarrapids.org

Our next meeting will be Tuesday, Oct 9, 2018 at 7:00 PM at Our Savior's Lutheran Church in Cedar Rapids

PROGRAM The program for this month is Friluftsliv (Norsk Outdoor Life) by our member John Hanson.

The hosts and hostesses for the October meeting are Marv & Bev Robeck and Al & Sharon Kay Stang.

FRA PRESIDENT

In the latest Viking Magazine, Eivind Heibert, Sons of Norway (SofN) CEO wrote the Velkommen column and thanked outgoing International President Jon Tehven (from Cedar Falls) for serving the last 4 years. At the International Convention in August, Ron Stubbings was elected the new SofN International President. Our own Cindy Monroe was a delegate to that convention. Looking forward to 2020, SofN celebrates its 125 anniversary! We are encouraged to celebrate and promote our lodge's activities. October is the month where the SofN Foundation is highlighted for its educational scholarships and grants to those in hardship. Our lodge has been a good supporter of the Foundation. We take a collection only once a year for the Foundation and that is in October. Our speaker is John Hanson, a member of Restauration Lodge, who received a Fulbright Scholarship to teach for a year in Norway and will share about Norwegian outdoor life, "Friluft-Liv". Chris Rowley recently spoke to our lodge and her book on Trolls is now published - ask at our club meeting about purchasing it. Barbara

LEKEPLASS

No Lekeplass this month

November 13th at 5:30 we will have a session on *Christmas Votive Decoration*

We will be teaching members how to make winter decorations with votives and twigs.

PROGRAMS

November: Nynorsk by Tom Næsse.

December: Hygge by Marilyn Olson.

CALENDARS

The new 2019 calendars are in and may be purchased from Vice President Lois Shindoll for \$12 at the October meeting, or call her at 377-2890.

NAME TAGS

If you want the magnet-backed version of nametags, they are \$8.25 and are ordered by our Vice President, Lois Shindoll. See her at the meetings or call her at 377-2890.

SCANDINAVIAN KNITTING

All who are interested in knitting are invited to the Scandinavian Knitters which meet Mondays 9:30 - noon at Thea O'Grady's home 5870 Stags Leap Lane, Marion, IA 52302 tel 319-536-4979

LANGUAGE CLASS

Language class is every Wednesday at 6PM at Tom Næsse's home.

BOOK CLUB

Book Club for October is on Wednesday, October 17, at 1 P.M., at Gesme's apartment 3303 at Cottage Grove Place. Marilyn Olson will provide refreshments and also lead the discussion of this month's book, NORWEGIAN BY NIGHT by Derek B. Miller. Please let Ann know whether or not you will be attending at 319-362-6910 or e-mail her at augdhg@gmail.com.

OCTOBER BIRTHDAYS:

Name	Birth Day	Name	Birth Day
James E Almelien	1	Laurence B Munson	17
David L Johansen	3	Marilyn E Olson	23
Gary D Speicher	13	Verl L Lekwa	24
Tom C Olson	14	Astrid Anderton	27
Paula J Schulte	15	Richard G Stueland	30
Sydney M Stapley	16		

FACEBOOK LINK

Link to our Facebook

<https://www.facebook.com/SonsOfNorwayRestaurationLodge1548>

District One now has a facebook at

<https://www.facebook.com/Sons-of-Norway-District-1-148130308566588/>

EXERCISE

In December 2008 Merle and Eileen Kjonaas received medals for biking, the first ones that I gave out as Sports Director. The following year in November, Al Stang received one for swimming, and in January 2010 Lois McCormick won an award for walking. So during those years the earning of medals was not common. Then in 2014 there were 12 medals given, and at the last meeting, September 2018, when Dale Fitzgibbons got a tai chi medal it was the 50th medal given out since that first one I presented in 2008. Then Barb Erickson received one at the last meeting to get us started toward the 100 mark. Do your part to get us to 100 medals and the side benefit will be that you will keep in better condition and feel better. What's to lose? Verl Lekwa, Sports Director

FOUNDATION

We will be collecting donations for Foundation this month so bring your checkbooks.

SONS OF NORWAY MISSION STATEMENT

FYI A review of the Sons of Norway mission statement::

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and provide quality insurance and financial products to our members.

INSURANCE

A new insurance representative is now on board, Scott Johannsen of Davenport. He has been in the business for some 20 years. he has a mail address at sjohannsen@riverlandinsurancegroup.com and Tel 563-343-5167.

OLE & SVEN

Sven says to Ole "I found dis pen, is it yours?"

Ole replies - "Don't know, give it here"

He then tries it and says "Yes it is" asks "How do you know?"

Ole replies, "Dat's my handwriting!"

NEWS FROM NORWAY



A Russian citizen arrested in Norway on suspicion of spying during a seminar in parliament rejects the claim and says it is a "misunderstanding", his lawyer told AFP on Monday. Norway's intelligence service PST said on Sunday it had arrested a 51-year-old Russian suspected of "illegal intelligence activity". The man, who has not been named, was on Saturday ordered held in custody for two weeks, the day after his arrest at Oslo airport. "He says he doesn't understand why he's being accused of this and believes it is

a misunderstanding," his lawyer Hege Aakre said. The man is suspected of spying during an inter-parliamentary seminar which gathered representatives from 34 countries to discuss digitalisation at the Storting, the Norwegian parliament. The investigation is in "a preliminary phase", with suspicions for the time being based on "observations and his behaviour," PST spokesman Martin Bernsen told AFP.

MINUTES

Restauration Lodge 1-548 Sons of Norway Social Meeting Sept 11, 2018

- Welcome and Introduction of Guests – President Barbara Erickson. Attendance 47.
- Pledge of Allegiance and singing of *America* and *Ja, Vi Elsker*.
- Treasurer - (Arden Shindoll): checking: \$489.62; Savings: \$12,972.22
- Secretary - (Cindy Monroe): Minutes were accepted
- Membership Secretary - (Alan Erickson) , 121 members as of Sept 1, 2017.
- V.P - (Lois Shindoll): Lois shared some Tidbits from Norway. Lois visited Norway for 2 weeks this summer visiting family and friends.
- Social Directors - (Barb Taylor, Sue Speicher): September hosts-Larry and Sarah Knutson and Pat Bjorseth
- Cultural Director – (Marilyn Olson): Next month John Hansen will share outdoor life in Norway.
November's program will explore nynorsk.
- Book Club – (Ann Gesme): Next meeting is September 19 and we will discuss *The Little Old Lady Who Broke All the Rules* by Catharina Ingelman-Sunberg. October 17's selection is *Norwegian by Night* by Derek B. Miller.
- Sunshine – (Cheryl Zapf): Cards to Speichers for 50th anniversary and Bill Durspek.
- Sports and Recreation – (Verl Lewka): Dale Fitzgibbons received sports award for Tai Chi. Barbara Erickson received a medal for bicycling.
- Scholarship – (Cindy Monroe): No report.
- Scandinavian Knitting – (Thea O'Grady): Meets Mondays at Thea's home.
- Language class– (Tom Næsse): no language classes for the summer. Back in October.
- Sons of Norway Representative:
Scott Johannsen, sjohannsen@riverlandinsurancegroup.com, (563)343-5157

- **Business**
 Kris Rowley's book *Trolls* has just been printed. Cost is \$20. See Ardie Erickson to purchase.
 Questers October 6 program will include a presentation on tine boxes. Sue Speicher has more information.
- **Announcements:**
 Next board meeting: Monday Sept 17 3:00 pm at Cindy Monroe's house
 Next social meeting: Tuesday Sept 9, 7:00 pm
- **Program tonight: "About the Artist Herbjorn Gausta"** by Dr. Kate Elliot, associate professor of Art History and Curator of the Luther College Fine Arts Collection.
Finding the Hjemland: Herbjorn and the Immigrant American Artist Experience.



Dr. Kate Elliot presenting about the artist Herbjorn Gausta



Sports Director Verl Lekwa presenting Barbara Erickson her Gold medal for Bicycling



Sports Director Verl Lekwa presenting Dale Fitzgibbons his Enamel medal for Tai Chi



Anyone want to Cruise?

Elected Officers:

President – Barbara Erickson	377-1707
Vice President – Lois Shindoll	377-2890
Secretary – Cindy Monroe	363-7420
Treasurer – Arden Shindoll	377 2890
Membership Secretary Alan Erickson	377-1707
Cultural Director – Marilyn Olson	393-5531
Social Directors --Barbara Taylor	393-0844
Sue Speicher	364-8607

SON Financial Benefits Counselor

Scott Johannsen
sjohannsen@riverlandinsurancegroup.com
(563) 343-5157

Lodge web site: www.sofn-cedarrapids.org

Web master: Robert Thorkildson 721-9902

Appointed Officers:

Auditors:	
Verl Lekwa	738-2847
Ruth Christ	351-7717
Bob Thorkildson	721-9902
Language Facilitator Tom Næsse	841-2311
Past President- Cindy Monroe	363-7420
Librarian- Lois Shindoll	377-2890
Musician-Sharon Kay Stang	351-5133
Newsletter Editors-Mary/Bill Durspek	377-4480
Scolarships- Cindy Monroe	363-7420
Sports/Recreation/Youth- Verl Lekwa	(319) 728-2847
Sunshine- Cheryl Zapf	363-5326