

Restauration Lodge #1-548



Nov 2018 www.sofn-cedarrapids.org

Our next meeting will be Tuesday, Nov 13, 2018 at 7:00 PM at Our Savior's Lutheran Church in Cedar Rapids

PROGRAM The program for this month is Nynorsk by our member Tom Næsse . The hosts and hostesses for the November meeting are Ruth and David Christ and Martha and Hubert Ellingson.

FRA PRESIDENT

Again this year, yours truly along with Cindy Monroe, Marilyn Olson, and Lisa Kenyon went to Decorah, to learn three knitting techniques: Domino knitting, Mosaic knitting, and Shadow (sometimes called Illusion) knitting. Our instructor Arnhild Hillesland (a gifted Norwegian designer and teacher from Ames) guided us through these techniques. See the photo of Arnhild's Mosaic afghan. Laurann Gilbertson, curator of the Vesterheim Museum, gave us a tour of treasured Norwegian-American knitted pieces from their museum archives (pieces not currently on display). The photo of the hat (from the archives) is an example of colorwork from early 1900's. In November, our nominating committee will be looking for members to join the board. This is a great group of people to work with so let one of us know if you are interested. We will be having elections at a later meeting. We are having Lekepllass at 5:30 pm Tuesday November 13 when we will be making decorative votive candles and the social meeting with program by Tom Næsse following at 7pm.
Barbara

LEKEPLASS

November 13th at 5:30 we will have a session on *Christmas Votive Decoration* We will be teaching members how to make winter decorations with votives and twigs.

PROGRAMS

November: Nynorsk by Tom Næsse.
December: Hygge by Marilyn Olson, with soup supper.

CALENDARS

The new 2019 calendars are in and may be purchased from Vice President Lois Shindoll for \$12 at the November meeting, or call her at 377-2890.

NAME TAGS

If you want the magnet-backed version of nametags, they are \$8.25 and are ordered by our Vice President, Lois Shindoll. See her at the meetings or call her at 377-2890.

SCANDINAVIAN KNITTING

All who are interested in knitting are invited to the Scandinavian Knitters which meet Mondays 9:30 - noon at Thea O'Grady's home 5870 Stags Leap Lane, Marion, IA 52302 tel 319-536-4979

LANGUAGE CLASS

Language class is every Wednesday at 6PM at Tom Næsse's home.

BOOK CLUB

Book Club for November is on Wednesday, November 21, at 1 P.M., at Gesme's apartment 3303 at Cottage Grove Place. Ann Gesme will provide refreshments. Arnold Andersen will lead the discussion on his book, *Mission to the City*. If you will be attending, call Ann at 319-362-6910 or e-mail her at augdhg@gmail.com.

FOUNDATION

Foundation donations at the October meeting totaled \$251. The board added an additional amount to send a total of \$300 for our lodge contribution to the SofN Foundation. This is very generous of our lodge members.

NOVEMBER BIRTHDAYS:

Name	Birth Day	Name	Birth Day
Leslie Ellis Stokke	10	Patricia Bjorseth	18
Linda M Tellberg	11	Thea Dawn O'Grady	22
Marcus Zhong-ling Pei	13	Milt L Knutson	23
Bonnie L Campbell	16		

FACEBOOK LINK

Link to our Facebook

<https://www.facebook.com/SonsOfNorwayRestaurationLodge1548>

District One now has a facebook at

<https://www.facebook.com/Sons-of-Norway-District-1-148130308566588/>

EXERCISE

Beef up your clothing while doing outdoor exercise as the temperature on average is on a downward slide. Do your part to get us to 100 medals with the side benefit of getting in better condition with all-around better health. What's to lose? Verl Lekwa, Sports Director

SONS OF NORWAY MISSION STATEMENT

FYI A review of the Sons of Norway mission statement::

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and provide quality insurance and financial products to our members.

OLE & LENA

Ole bought Lena a piano for her birthday. A few weeks later, Lars inquired how she was doing with it. "Oh," said Ole, "I persuaded her to switch to a clarinet." "How come?" asked Lars. "Vell," Ole answered, "because with a clarinet, she can't sing."

INSURANCE

A new insurance representative is now on board, Scott Johannsen of Davenport. He has been in the business for some 20 years. he has a mail address at sjohannsen@riverlandinsurancegroup.com and Tel 563-343-5167.

NEWS FROM NORWAY

Wooden Skyscraper Rises in Norway



If all goes according to plan, Mjøstårnet will become the world's tallest wooden skyscraper in March 2019. The 18-story high-rise is being built in Brumunddal, about 90 minutes north of Oslo. At 81 meters tall, the building will include apartments, a hotel, a restaurant, offices and common areas. Up until 1997, buildings taller than three stories were not allowed to be made of timber in Norway. A fire devastated the city of Ålesund in the early 1900s. This new building is not in jeopardy of causing the next major fire. Because of the use of glue laminated timber, it is safer than most

buildings in Norway when it comes to fire safety. The use of this glue doesn't allow the beams to burn the way traditional wooden beams do. They simply form a layer of charcoal which stops the fire from spreading and helps keep the structure intact.

Other news: The national budget negotiations are in full swing.

A NATO training maneuver, Trident Juncture, started in late October in and around Norway. For the first time it will include a US aircraft carrier – USS Harry Truman. A total of 51,000 will participate.

MINUTES

Restoration Lodge 1-548 Sons of Norway Social Meeting Oct 9, 2018

- Welcome and Introduction of Guests – President Barbara Erickson.
Pledge of Allegiance, *America* and *Ja, Vi Elsker*, followed by introduction of guests.
- Treasurer - (Arden Shindoll): Please review figures available next month.
- Secretary - (Cindy Monroe):
- Membership Secretary - (Alan Erickson) 121 members as of Oct 1, 2017.
- V.P - (Lois Shindoll): 2019 calendars are available to purchase for \$12.
- Social Directors - (Barb Taylor, Sue Speicher): Oct hosts: Bev and Marv Robeck, Sharon Kay and Alan Stang
- Cultural Director – (Marilyn Olson): Program plans are being made for next year.
- Book Club – (Ann Gesme): October's book is "Norwegian Night" Marilyn Olson is leading discussion and dessert .
- Sunshine – (Cheryl Zapf): Paula Shulte's mother passed away.
- Sports and Recreation – (Verl Lewka): Exercise indoors and outdoors can be documented and used to earn medals. We encourage all members to participate.
- Scholarship – (Cindy Monroe):
- Scandinavian Knitting – (Thea O'Grady): Meets Mondays at Thea's house from 9:30-12:00. All members are invited to join this group.
- Publicity – (Thea O'Grady):
- What's New in Norway & Norwegian Class– (Tom Næsse):
- Sons of Norway Representative: Scott Johannsen,
sjohannsen@riverlandinsurancegroup.com, (563)343-5157
- Business

Collected donations for Sons of Norway Foundation. We make an annual donation to the Foundation, which supports many members and children of our organization.

- **Announcements:**

- Leif Erickson Day is Tuesday, October 9. Leif Erickson is believed to have visited places such as the Baffin Island and Labrador around 1000 CE.

- Next board meeting: Monday October 15, 3:00 pm at Cindy Monroe's house (Lois leads, Barbara on Vacation)

- Next social meeting: Tuesday November 13, Lekeclass 5:30 pm; meeting 7:00 pm. Come at 5:30 to create votives to set the hygge mood in your home. Our regular meeting will begin at 7:00, with a program by Tom Naesse on Nynorsk.

- Program tonight: "Friluft-Liv" (Norwegian Outdoor Life) by John Hanson



Dr John Hanson presenting about Friluftsliv - Norwegian outdoor life



Knitting Instructor Arnhild Hillesland and Vesterheim Museum Curator Laurann Gilbertson at the Oct 29-31 classes



A Knitted hat from the Vesterheim Archives - an example of Norwegian knitting.



A Mosaic motif afghan done by instructor Arnhild Hillesland

Elected Officers:

President – Barbara Erickson	377-1707
Vice President – Lois Shindoll	377-2890
Secretary – Cindy Monroe	363-7420
Treasurer – Arden Shindoll	377 2890
Membership Secretary Alan Erickson	377-1707
Cultural Director – Marilyn Olson	393-5531

Social Directors --Barbara Taylor	393-0844
Sue Speicher	364-8607

SON Financial Benefits Counselor

Scott Johannsen
sjohannsen@riverlandinsurancegroup.com
(563) 343-5157

Lodge web site: www.sofn-cedarrapids.org

Web master: Robert Thorkildson 721-9902

Appointed Officers:

Auditors:	
Verl Lekwa	738-2847
Ruth Christ	351-7717
Bob Thorkildson	721-9902
Language Facilitator Tom Næsse	841-2311
Publicity Director Thea O'Grady	(319)- 536-4979

Past President- Cindy Monroe	363-7420
Librarian- Lois Shindoll	377-2890
Musician-Sharon Kay Stang	351-5133
Newsletter Editors-Mary/Bill Durspek	377-4480
Scholarships- Cindy Monroe	363-7420
Sports/Recreation/Youth- Verl Lekwa	(319) 728-2847
Sunshine- Cheryl Zapf	363-5326