

Restauration Lodge #1-548



Dec 2018 www.sofn-cedarrapids.org

**Our next meeting will be Tuesday, December 11, 2018 at 6:00 pm
at Our Savior's Lutheran Church in Cedar Rapids**

PROGRAM The program for this month is *Great Norwegian Porridge Debate* by Thea O'Grady .

At the meeting we will have a pea soup supper, and also venison meatballs and rye bread. The hosts and hostesses for the December meeting are the Board Members who are to bring desserts and help set up at 5:00 PM

FRA PRESIDENT

Amid the hustle and bustle of the holiday season, I hope the December SofN social meeting is on your calendar. It's a great time for socializing and food - pea soup, rye bread, and Scandinavian treats. December and January (Lutefisk Potluck) are excellent meetings to bring friends. December's meeting will elect officers as recommended by the Nominating Committee. Best wishes to you all for a God Jul. Barbara

LEKEPLASS

Nothing scheduled this month.

PROGRAMS

December: *Great Norwegian Porridge Debate*, by Thea O'Grady and a soup supper.

Jan 2019: Norwegian Artists by Mette Kelly

Feb 2019: TBD

Mar 2019: Hygge by Marilyn Olson

HOSTS AND HOSTESSES NEEDED

We are in need of hosts and hostesses for the March 12, June 11, July 9 and November 12, 2019 meetings. We would like members to check their calendars to see when they could help our Restauration Lodge by serving as a Host or Hostess for a meeting in 2019. When you are a Host/Hostess you provide treats/dessert of your choice to serve the members present. We usually have about 45-50 members present. The Social co-chairpersons prepare the coffee and lemonade for the evening and help to get everything set. A Host/Hostess team may bring napkins and paper plates, but that is their choice because the Lodge has those items and plastic-ware available.

CALENDARS

The new 2019 calendars are in and may be purchased from Vice President Lois Shindoll or call her at 377-2890. Due to an over-supply sent in error, we are offering them at a bargain price of only \$10 at the December meeting.

NAME TAGS

If you want the magnet-backed version of nametags, they are \$8.25 and are ordered by our Vice President, Lois Shindoll. See her at the meetings or call her at 377-2890.

SCANDINAVIAN KNITTING

All who are interested in knitting are invited to the Scandinavian Knitters which meet Mondays 9:30 - noon at Thea O'Grady's home 5870 Stags Leap Lane, Marion, IA 52302 tel 319-536-4979

LANGUAGE CLASS

Language class is cancelled this month.

BOOK CLUB

No book club this month

DECEMBER BIRTHDAYS:

Name	Birth Day	Name	Birth Day
Mavis I Lovik	2	Robert J Thorkildson	25
Martha Diane Ellingson	17	Rebecca M Cleveland	26
Jason Arthur Gambach	19	Joan E Bredeson	27
Thorleif Næsse	22	Dean H Gesme	31
Arden R Shindoll	22	Eldon W Wohlleben	31

FACEBOOK LINK

Link to our Facebook

<https://www.facebook.com/SonsOfNorwayRestaurationLodge1548>

District One now has a facebook at

<https://www.facebook.com/Sons-of-Norway-District-1-148130308566588/>

EXERCISE

Your friends are looking in your casket and making comments about your life, your habits, your legacy. He could have done better about taking care of himself (or herself), they muse. Fool them by adding a decade to your life by exercising properly, spurred on by our Sons of Norway program. Among your New Year's resolutions: I'll do a better job this coming 2019 by proper exercising (walking, stretching, lifting, repetitive motions). Fool your friends and don't let them look down on you.

Verl Lekwa, Sports Director

SONS OF NORWAY MISSION STATEMENT

FYI A review of the Sons of Norway mission statement::

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and provide quality insurance and financial products to our members.

INSURANCE

A new insurance representative is now on board, Scott Johannsen of Davenport. He has been in the business for some 20 years. he has a mail address at sjohannsen@riverlandinsurancegroup.com and Tel 563-343-5167.



NEWS FROM NORWAY

● Crystals may have helped the Vikings cross the Northern Seas. Vikings may have calibrated crystals in sunny weather, then used them to navigate on grey days. When the Vikings left the familiar fjords of Norway for icy, uncharted territories, they were at the mercy of weather. They had no magnetic compasses, and no way to ward off stretches of heavy clouds or fog that made it difficult to navigate by sun. How the explorers traversed open ocean during these times is a mystery that has long captivated scholars.

● Norse sagas refer to a solarstein or “sunstone” that had special properties when held to the sky. In 1967, a Danish archaeologist named Thorkild Ramskou suggested these were crystals that revealed distinct patterns of light in the sky, caused by polarization, which exist even in overcast weather or when the sun dips below the horizon.

Multiple translucent crystals fit the bill, namely calcite, cordierite and tourmaline. None have ever been found at Viking archaeological sites, but a calcite crystal was discovered in the wreck of a British warship from the 1500s, indicating it might have been a tool known to advanced ocean navigators.

● A study published in *Royal Society Open Science* advances this idea, suggesting the Vikings had a high chance of reaching a destination like Greenland in cloudy or foggy weather if they used sunstones and checked them at least every three hours.

● Norway's parliament votes to ban burqa in schools and universities.

Banning coverings 'does not solve the problem of women being exposed to negative social control', say opponents.



Norway's parliament has voted overwhelmingly in favor of a ban on wearing the burqa or niqab in nurseries, schools and universities. Members of the Storting voted 91 to eight to adopt amendments to several laws that, together, “imply that there is a prohibition on the use of clothing that fully or partially covers the face” in an educational setting.

The bill was proposed in March and passed its first reading on Tuesday, according to the parliament's website, and will become an act if it passes a second debate. That debate will take place on Monday, a Storting spokeswoman told *The Independent*. Åshild Bruun-Gundersen, of the conservative Progress Party which is part of Norway's ruling coalition, called the burqa and niqab “suppressive garments that prevent integration” that prevent women “from living a free life”. Her party, which favors tighter rules on immigration, wants a full ban on the coverings in public places, she said. The Socialist Left Party (SV), however, said it would not support a nationwide ban

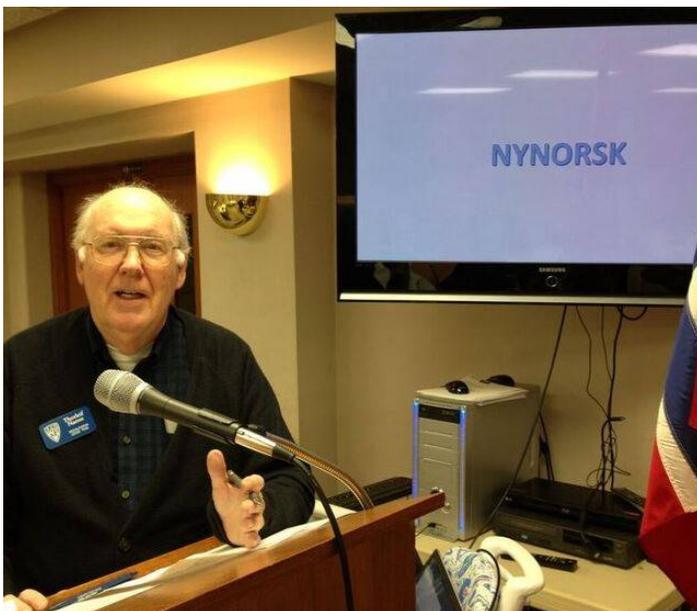
MINUTES

Not Available at press time.





November Lekeklass votive session led by Marilyn Olson with learners Ann Larson, Mary Durspek, Sue Speicher , Lisa Kenyon, Kathleen Almelién, Barbara Erickson, and Barbara Taylor,



Our member Tom Nässe lecturing on Nynorsk at the November meeting.



Votives under construction at the November Lekeklass meeting. The votives are made using small glass tumblers with twigs glued to them.

Elected Officers:

President – Barbara Erickson	377-1707
Vice President – Lois Shindoll	377-2890
Secretary – Cindy Monroe	363-7420
Treasurer – Arden Shindoll	377 2890
Membership Secretary	
Alan Erickson	377-1707
Cultural Director –	
Marilyn Olson	393-5531

Social Directors --Barbara Taylor	393-0844
Sue Speicher	364-8607

SON Financial Benefits Counselor

Scott Johannsen
sjohannsen@riverlandinsurancegroup.com
(563) 343-5157

Lodge web site: www.sofn-cedarrapids.org

Web master: Robert Thorkildson 721-9902

Appointed Officers:

Auditors:	
Verl Lekwa	738-2847
Ruth Christ	351-7717
Bob Thorkildson	721-9902
Language Facilitator	
Tom Næsse	841-2311
Publicity Director	
Thea O'Grady	(319)- 536-4979

Past President- Cindy Monroe	363-7420
Librarian- Lois Shindoll	377-2890
Musician-Sharon Kay Stang	351-5133
Newsletter Editors-Mary/Bill Durspek	377-4480
Scholarships- Cindy Monroe	363-7420
Sports/Recreation/Youth-	
Verl Lekwa	(319) 728-2847
Sunshine- Cheryl Zapf	363-5326