

# Restauration Lodge #1-548



April 2019 [www.sofn-cedarrapids.org](http://www.sofn-cedarrapids.org)

**Our next meeting will be Tuesday, April 9, 2019 at 7:00 pm  
at Our Savior's Lutheran Church in Cedar Rapids**

**PROGRAM** The program for this month is *Chip Carving* by Ann and Bob Ristow.

Hostesses at the meeting are Jean Murray and Arden & Lois Shindoll.

## **FRA PRESIDENT**

No fooling, April has exciting activities for our lodge members. Ann and Bob Ristow will present the program, Chip Carving, at our meeting April 9. On April 11, The Nordic Fiddlers Bloc will be in concert at CSPA in Cedar Rapids (see article later in this newsletter). The last time they were here three years ago, a group from our lodge enthusiastically attended and enjoyed their music. Did you watch TV channel 9.2 and see our lodge marching in the St. Patrick's Day Parade? Our group of eight did a fine job representing Sons of Norway (who founded Dublin in 807). We had a great time. Looking ahead to the May meeting, we will be celebrating Syttende Mai food and traditions. Tickets for the meal will be available at the April meeting for \$10 each. Barbara

## **LEKEPLASS**

Nothing scheduled this month.

## **PROGRAMS**

April 2019: *Chip Carving* by Ann and Bob Ristow

May 2019: *Tine Boxes* by Lisa Morris and Lori Bobenhouse

June 2019: *A Trip to Norway* by Lois Shindoll

## **NAME TAGS & CALENDARS**

If you want the magnet-backed version of nametags, they are \$8.25 and are ordered by our Vice President, Lois Shindoll. See her at the meetings or call her at 377-2890. Calendars are all sold out.

## **SCANDINAVIAN KNITTING**

All who are interested in knitting are invited to the Scandinavian Knitters which meet Mondays 9:30 - noon at Thea O'Grady's home 5870 Stags Leap Lane, Marion, IA 52302 tel 319-536-4979

## **LANGUAGE CLASS**

Language class is cancelled this month.

### BOOK CLUB

Book Club for March is on Wednesday, April 17 at 1:00 pm at Ann Gesme's apartment, 3303 at Cottage Grove Place. Mary Durspek will provide refreshments and lead a discussion of "*The Folk Arts of Norway*," by Janice S. Stewart. If you are attending, call Ann at 319-362-6910 or e-mail her at [augdhg@gmail.com](mailto:augdhg@gmail.com)

### NORDIC FIDDLERS BLOC:

The Nordic Fiddlers Bloc is returning to Cedar Rapids for a concert on Thursday, April 11 at 7:00 PM at CSPA, 1103 3rd Ave SE, Cedar Rapids, IA 52401. This fiddle trio, Olav Luksengård Mjelva (Norway), Anders Hall (Sweden) and Kevin Henderson (Shetland Islands) are leading musicians in traditional folk and Hardanger fiddle music. Our lodge has a group price of \$15 per ticket (general admission, doors open 6pm). Please sign up at the April social meeting or call Barbara Erickson (319) 377-1707 with your reservation. Please use the South entrance off the parking lot. Nordic Fiddlers Bloc is on YouTube if you would like to preview them.

### RESTAURATION LODGE SCHOLARSHIPS

We are very pleased to offer *scholarships* to grandchildren, children and members of our lodge who further their knowledge of Norwegian culture and language through tuition assistance currently at \$150/week. See the March newsletter for information on *Skogfjorden*, *Masse Moro Norwegian Heritage Youth Camp*, and *Study in Norway*..

### VESTERHEIM TEXTILE TOUR

This summer eight members of our lodge are joining the Vesterheim Norwegian-American Museum on a twelve day textile tour. They will visit Copenhagen, Greve, Koge, Lejre, Glasbjerg, Kolding, Skals, Kristiansand, Mandal, Flekkefjord, Moi, Sogndalstrand, Stavanger, Ytre Anra, Bergen, and Lonevag. The tour leaders are Laurann Gilberson (Textile Curator at Vesterheim) and Ingeborg Monsen (textile instructor and president of Bergen Husfidslag). See the March Newsletter for more information

You may want to keep an eye on our Facebook page from June 17-29!

### THE NORWEGIAN AMERICAN WEEKLY

Thank you to Bev and Marvin Robeck who introduced many of us to a weekly newspaper formerly called the Norwegian American Weekly, Western Viking and Nordisk Tidende. It contains Norway and Norwegian-American information. Articles are written in English and/or Norwegian, allowing you to practice your Norwegian reading skills! You will find back issues available to borrow at our meetings.

### APRIL BIRTHDAYS:

Name	Birth Day	Name	Birth Day
Quin M Cornell	4	Isabelle McCormick	29
Espen C H Anneling	10	Owen Hanson	30
Patricia R Knutson	16	Ryal Hanson	30
Richard K Isaacson	25	Larry George Kurth	30
Ann M Gesme	29		

### FACEBOOK LINK

Link to our Facebook

<https://www.facebook.com/SonsOfNorwayRestaurationLodge1548>

District One now has a facebook at

<https://www.facebook.com/Sons-of-Norway-District-1-148130308566588/>

## **RECIPE Oatbake with Blueberries and Raspberries - Serves 6**

<b>3/4 cup of old fashioned rolled oats</b>	<b>1-1/4 cups hot milk</b>
<b>5 tbl sugar</b>	<b>1 cup all-purpose flour</b>
<b>3 tbl honey</b>	<b>1 tsp pure vanilla extract</b>
<b>1 heaping cup blueberries</b>	<b>1 egg lightly beaten</b>
<b>1 heaping cup raspberries</b>	<b>Confectioners' sugar for dusting</b>
<b>1 tsp baking powder</b>	<b>2lb loaf pan, greased</b>
<b>6-1/2 tablesp unsalted butter, softened at room temp</b>	

- Preheat the oven to 350 F
- Put the oats and hot milk in a mixing bowl and set aside for a few minutes to allow the oats to absorb most of the milk and to cool down slightly.
  - Put the butter and sugar in a separate bowl and cream with a wooden spoon or handheld electric whisk until pale and fluffy. Stir in the honey and vanilla extract. Gradually add the egg, a little at a time, beating well after each addition..
  - Sift the baking powder and flour together, then fold into the butter mixture. Drain any remaining liquid from the oats, then stir into the mixing bowl.
- Pour the mixture into the prepared loaf pan and sprinkle the blueberries and raspberries evenly on top.
- Bake in the preheated oven for 50-60 minutes, until a skewer inserted into the center comes out Clean. Let it rest in the pan for 10 minutes before turning out onto a wire rack to cool. Dust with confectioners' sugar before serving.

## **EXERCISE**

Walking time now, hit the road or circle the gym !!

## **SONS OF NORWAY MISSION STATEMENT**

***FYI A review of the Sons of Norway mission statement::***


***The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and provide quality insurance and financial products to our members.***

## **INSURANCE**

A new insurance representative is now on board, Scott Johannsen of Davenport. He has been in the business for some 20 years. he has a mail address at [sjohannsen@riverlandinsurancegroup.com](mailto:sjohannsen@riverlandinsurancegroup.com) and Tel 563-343-5167.

## **NEWS FROM NORWAY**

Officials in Norway have launched an investigation into why the Viking sky cruise ship carrying 1300 people set sail despite storm warnings, prompting hundreds of air evacuations off the west coast of Norway.



The Viking Sky lost power on Saturday and sent out a distress signal after it began drifting towards land. It got into trouble in a notoriously difficult stretch of waters and was reportedly minutes from striking rocks. The vessel has since restarted three of its four engines and is moving towards the nearest port with the assistance of tugboats.

So far, almost 500 of the 1,373 passengers have been airlifted off the ship. Most of those on board are said to be British or US citizens.



**Marilyn Olson lecturing on the Hygge Lifestyle in Norway**



**Milt Knutson in his Viking uniform at the SaPaDapaSo St. Patrick's Day Parade**



**SaPaDapaSo Parade Marchers Milt Knutson, Barbara Erickson, David Tesdahl, Gwen, Mette Kelley, Marcus Pei, Cindy Monroe and Alan Erickson.**



Parade marchers Cindy Monroe, Marcus Pei, Milt Knutson & Gwen, and Barbara Erickson.



Travis Cleveland's 90th birthday party. Front-Tom Olson, Alan Erickson, Rear, Marilyn Olson, Mette Kelley, Travis Cleveland, Becky Cleveland, Lisa Kenyon, Thea O'Grady, Barbara Erickson

**Elected Officers:**

President – Barbara Erickson	377-1707
Vice President – Lois Shindoll	377-2890
Secretary – Cindy Monroe	363-7420
Treasurer – Arden Shindoll	377 2890
Membership Secretary	
Alan Erickson	377-1707
Cultural Directors –	
Marilyn Olson	393-5531
Mette Kelley	319-895-8993
Social Directors --Barbara Taylor	393-0844
Sue Speicher	364-8607

**SON Financial Benefits Counselor**

Scott Johannsen  
sjohannsen@riverlandinsurancegroup.com  
(563) 343-5157

**Lodge web site:** [www.sofn-cedarrapids.org](http://www.sofn-cedarrapids.org)

Web master: Robert Thorkildson 721-9902

**Appointed Officers:**

Auditors:	
Verl Lekwa	738-2847
Ruth Christ	351-7717
Bob Thorkildson	721-9902
Language Facilitator	
Tom Næsse	841-2311
Publicity Director	
Thea O'Grady	(319)- 536-4979
Past President- Cindy Monroe	363-7420
Librarian- Lois Shindoll	377-2890
Musician-Sharon Kay Stang	351-5133
Newsletter Editors-Mary/Bill Durspek	377-4480
Scholarships- Cindy Monroe	363-7420
Sports/Recreation/Youth-	
Verl Lekwa	(319) 728-2847
Sunshine- Cheryl Zapf	363-5326