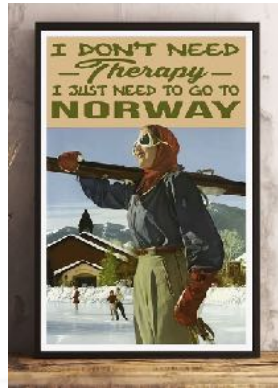


May 2020

[Click for our website](#)



See FaceBook Page  
District 1 Norwegian  
Culture and Heritage



RESTAURATION  
LODGE I-548

Due to the pandemic, May and June's meetings are cancelled.

Fra Presidenten: I hope you are all doing well during this time of stay-at-home. Our last meeting in March seems so long ago and I miss seeing you all. I will really miss celebrating Syttende Mai with you while enjoying our special dinner. So be sure to make something Norwegian and enjoy it on your own! Our lodge is sending a \$200 donation to Linn Community Food Bank. Vesterheim will be receiving memorial gifts in memory of Merrill Ludvigson and Jean Oxley from our lodge. In the newsletter below will be information on participating in an on-line meeting instead of meeting in person at Our Savior's church.

-- Barbara



Please see page  
**3** for a VERY  
IMPORTANT  
MEETING  
announcement!

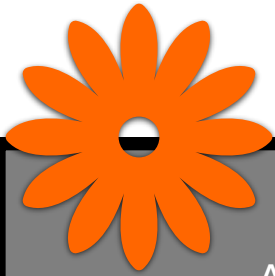
Any Restauration Lodge member who feels like they

want to talk or want assistance in any way

please contact one of the board members.



## OUR ACTIVITIES

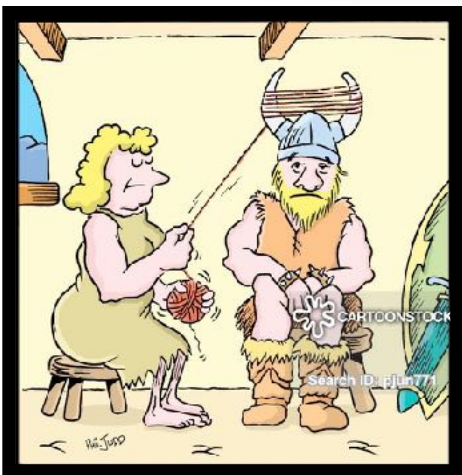


### May Birthdays:

Ardith B Erickson	1
Anna M Klein	2
Miles Hsiao-ling Pei	5
John L Hanson	8
Waldemar S Sundet	19
David L Tesdahl	20
David W Tesdahl	20
Carolyn A Rushton	21



Learn  
Norwegian  
from a  
Norwegian  
with Tom Naesse



Book Club  
and  
Skandinavian  
Knitters  
are cancelled  
until ?

### CORONAVIRUS PREVENTION:

**Wash your hands like you  
just ate a whole bag of Cheetos  
and are about to crochet  
with pure white yarn.**

Crochetverse  
Stephanie Pokorny



**Fra our lodge tech department:**

Our May meeting will be on-line using Zoom. Meeting time: 7:00 pm Tuesday May 12, 2020. We can check in with each other to see how we are doing. There is no formal program.

To use zoom go to <https://zoom.us/> and sign up (free) using email account and create a password. Zoom is available for PC, Mac, or smartphone (either iPhone or android - download the app). For questions or to "test" your zoom setup contact Alan Erickson 319-360-5093.

Zoom meeting information:  
Meeting ID: 777-3044-4484  
Password: SofnCR

Or here is a direct link to Join Zoom Meeting:  
<https://uso4web.zoom.us/j/77730444484?pwd=VWlIVGdtY3hyZldpZG1vclRlb2phZz09>  
You can also join using audio only by calling the following phone number and providing the meeting ID and password: 312-626-6799 (USA, Chicago)

The meeting hookup will be available approximately 15 minutes early. When you sign in, you will be in a "waiting room" and will join the meeting as soon as the host acknowledges you.

**Elected Officers:**

- 👑 **President – Barbara Erickson 319-377-1707**
- Vice President – Lois Shindoll 319-377-2890**
- Secretary – Cindy Monroe 319-363-7420**
- 💰 **Treasurer – Arden Shindoll 319-377-2890**
- Membership Secretary— Alan Erickson**  
**319-377- 1707**
- Cultural Director – Marilyn Olson 319-393-5531**
- Social Directors — Barb Taylor 319-393-0844**  
**Sue Speicher 319-364-8607**

**SON Financial Benefits Counselor**

**Scott Johannsen**  
**[sjohannsen@riverlandinsurancegroup.com](mailto:sjohannsen@riverlandinsurancegroup.com)**  
**563-343-5157**



**Web master: Bob Thorkildson**  
**319-721-9902**

**Appointed Officers:**

**Auditors:**

- Verl Lekwa 319-728-2847**
- Ruth Christ 536-351-7717**
- Bob Thorkildson 319-721-9902**

**Language Facilitator**

**Tom Næsse 319-841-2311**

**Past President**

**Cindy Monroe 319-363-7420**

**Librarian—Lois Shindoll 319-377-2890**

🎵 **Musician—Sharon Kay Stang 319-351-5133**

**Publicity Director } Thea 319-536-4979**

**Newsletter Editor } O’Grady**

**Scholarships**

**Cindy Monroe 319-363-7420**

**Sports/Recreation/Youth**

**Verl Lekwa 536-728-2847**

☀️ **Sunshine- Cheryl Zapf 319-363-5326**



## Fra Membership Secretary

The email list for our newsletter as well as member email addresses at SON national HQ have been updated (about 1/3 of the addresses at HQ were updated). All of our members with email should now be seeing news and information from Sons of Norway.

There's lots of good information at <https://www.sofn.com/> for members and I recommend logging in. You will need your username or email and password. To set that up you will need your member number (found on your membership card or Viking magazine); I also have a list and can help you get set up. -- Alan Erickson



Akevitt Gin & Tonic

Per Person - 1 oz Linie Akevitt

1 oz Bombay Sapphire gin (or favorite gin)

2 oz Fevertree Tonic Elderberry

Stir gently, then pour over ice.

Add 1 slice lime, orange, or grapefruit.

Garnish with a sprig of rosemary.

—Patrick O’Grady