

August 2021
Here's Our Website



All the News that's Fjord to Print
by Thea O'Grady



See FaceBook Page
District 1 Norwegian
Culture and Heritage



RESTAURATION
LODGE 1-548

1-548

THERE IS NO AUGUST MEETING

**The September Meeting Location
Is yet to be decided.
You will be notified where we will be for
THE SEPTEMBER 14 MEETING**

★	📢 August Birthdays 📢	
★	Charles L Holecek	1
★	Lisa Maureen Kenyon	5
★	Sara K Knutson	7
★	Harold E Williamson	8
★	Tucker L Cornell	13
★	Anna Collins	14
★	Mary L Brubaker	15
★	Diane Irene Ogann	15
★	Darlene Larson Edward	16
★	Dale D Hovden	29

VOLUNTEERS NEEDED

Saturday August 7.
Hoover's Hometown Days in West Branch. With
Cindy Monroe anytime between 10am and 3pm.
She has a new, large canopy and a fan.

Text Cindy at 319-981-8356 or email her at
cmonroe1947@gmail.com.

sKandanavian Knitters
We meet every
Monday morning at 10
Please call Thea for details.
319-536-4979

It's time to train for the 2022 Winter Olympics!



**HOW NORWEGIANS TRAIN
FOR CROSS-COUNTRY SKIING**



ANCIENT VIKING WORKOUT STATION

Tips and Jokes from Jim Almelien



Sharing the newest idea to get rid of mosquitos the Arctic Norwegian way..

(Wish I knew about this method to get rid of mosquitos earlier.. They had me as a buffet for lunch yesterday) .Here is the procedure:(See photo):

The mosquitos land in what it think is sugar. But it is salt, so it get thirsty. Then it lands on the cap to drink what it think is water. But it is vodka. The mosquito then gets drunk, stumble over the branch, and hit its head





**Our book club meets
every 3rd Wednesday
via ZOOM from 1-3 PM.**

This month we will meet August 18.

**You are invited to participate even if
you have not read the book!**

Please join us  [ZOOM LINK](#)

The Book Page

Books for Restauration Book Club for 2021-2022

August 18, 2021 Cindy Monroe

Big Sister by Gunnar Staalesen

• Free ebook (HOOPLA, cloudLibrary) through your library

September 15, 2021 Thea O'Grady

Letters Written during a Short Residence in Sweden, Norway, and Denmark (1796)

by Mary Wollstonecraft

• Free through eBook Downloader, Gutenberg (for iPad)

October 20, 2021 Ann Gesme

Between Rocks and Hard Places

November 17, 2021 Ellen Holstein

So Much Longing in so Little Space by Karl Ove Knausgaard • Free ebook (HOOPLA, cloudLibrary)

December 15, 2021 Barbara Erickson

Norske Fields by Anne Schroeder

January 19, 2022 Marilyn Olson

The Iron Chariot by Stein Riverton • Free ebook (HOOPLA, cloudLibrary) through your library



Wickfield Pavilion by Kathleen Almelien

Elected Officers:

👑 **President – Barbara Erickson** 319-377-1707
Vice President – Lois Shindoll 319-377-2890
Secretary – Cindy Monroe 319-363-7420
Treasurer – Arden Shindoll 319-377-2890
Membership Secretary– Alan Erickson
319-377- 1707

Cultural Director – Marilyn Olson 319-393-5531

Social Directors – Barb Taylor 319-393-0844
Sue Speicher 319-364-8607

SON Financial Benefits Counselor

Scott Johannsen

sjohannsen@riverlandinsurancegroup.com

563-343-5157



Web master:

Bob Thorkildson

319-721-9902

Appointed Officers:

Auditors: Verl Lekwa 319-728-2847

Ruth Christ 319-351-771

Bob Thorkildson 319-721-9902

Language Facilitator Tom Næsse

319-841-2311

Past President Cindy Monroe

319-363-7420

Librarian Lois Shindoll 319-377-2890

🎵 **Musician—Sharon Kay Stang**

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319-363-7420

Sports/Recreation/Youth

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☀️ **Sunshine- Cheryl Zapf**

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