



Restauration Lodge
will celebrate at the next meeting
May 12, 2026 at 7 PM at Ascension
Lutheran Church

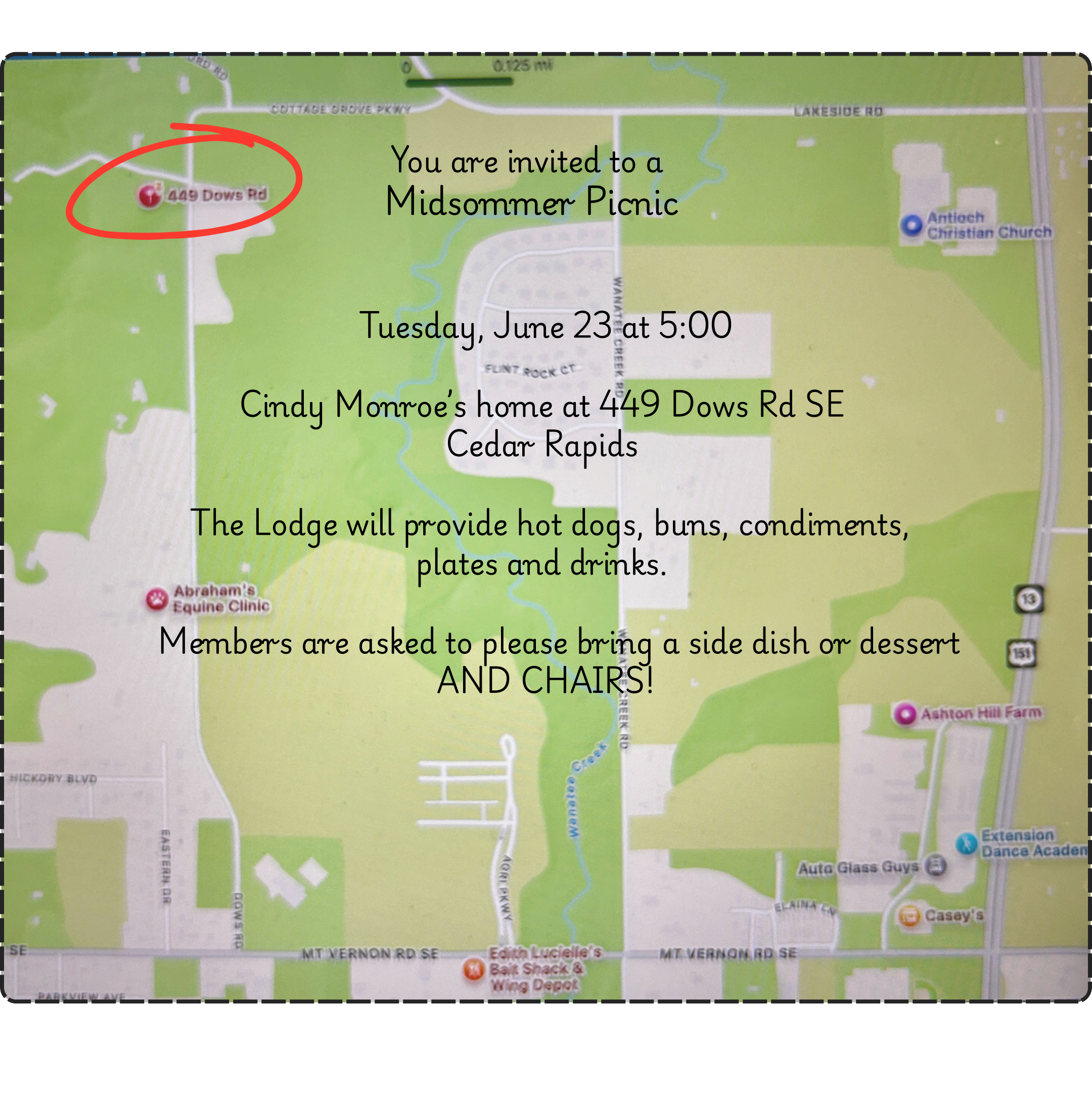
Bring your Norwegian flags.
Dress Festively!
Wear Flowers!

Constitution Day

SYTTENDE MAI
MAY 17, 2026

Norman Borlaug, the program for
the evening is by Lori Lane, native of
Cresco, IA, where Norman Borlaug
lived. The Borlaug museum is also
there.



A map of the Cedar Rapids area showing various streets and landmarks. A red circle highlights the location of 449 Dows Rd. The map includes labels for Cottage Grove Pkwy, Lakeside Rd, Flint Rock Ct, Wanatee Creek Rd, Mt Vernon Rd SE, Eastern Dr, Dows Rd, Hickory Blvd, Parkview Ave, and Elaina Ln. Landmarks such as Abraham's Equine Clinic, Edith Lucielle's Bait Shack & Wing Depot, Ashton Hill Farm, Auto Glass Guys, Casey's, Extension Dance Academy, and Antiach Christian Church are also marked. A scale bar indicates 0.125 miles.

You are invited to a
Midsommer Picnic

Tuesday, June 23 at 5:00

Cindy Monroe's home at 449 Dows Rd SE
Cedar Rapids

The Lodge will provide hot dogs, buns, condiments,
plates and drinks.

Members are asked to please bring a side dish or dessert
AND CHAIRS!

Happenings
(Hendelser)

sKandanavian Knitters
Meet Mondays from 10-12 at Feedwell Bakery
and Kitchen

Book Club--**No meeting May 20**
Meets the 3rd Wednesday at 1:00 at the
home of Kari Harper
ZOOM is available!

All groups can be reached by email
sofncedarrapids@gmail.com



Ancient Sami Art

DON'T FORGET TO BRING Your March/April 2026 Viking Magazines for Kathleen Amelien

May birthdays

Ardith Erickson
Dean Ekstrom
John Hanson
Wendy Christian
Carolyn Rushton
Cheryl Zapf

June birthdays

Donna Trolliet
Wilmer Mickelson
Arnold Andersen
Barbara Erickson
Judy Fitzgibbons
Phillip Santerre
Kathleen Doyle Almelien
Ann Ghoske
Barbara Taylor
Lorelei Oetker
Ashton Galstad
Alan Erickson
Evelyn Galstad



Andrew Almelien

August 04, 1977 - April 25, 2026

We are saddened to announce the unexpected passing of the son of Kathleen and Jim Almelien.

Andrew Almelien, 48, of Atlantic, Iowa formerly of Clarinda, Iowa, passed away suddenly on Saturday, April 25, 2026, of natural causes at Clarinda Regional Health Center.

A Memorial Service will be held at 10:30 a.m., on Saturday, May 2, 2026, at Trinity Presbyterian Church in Clarinda, Iowa with Pastor Marcia Cline officiating.

Visitation with family will be held from 4:00 p.m. to 7:00 p.m. on Friday, May 1, 2026, at Nodaway Valley Funeral Home. [Funeral Website](#)

In lieu of flowers memorials may be directed to Andrew Almelien Memorial to be designated toward a "Do What's Right" scholarship in Andrew's name.

Memories can be shared with the family at www.nodawayvalleyfuneralhome.com. Arrangements were entrusted to the Nodaway Valley Funeral Home of Clarinda.

David Lee Tesdahl

May 20, 1947 — March 28, 2026

From his obituary, a man of deep faith and unwavering pride in his Norwegian heritage, David's life was marked by devotion to God and a commitment to living His values. David found great joy in reading the Bible, immersing himself in scripture and exploring its teachings. His spiritual journey was enriched by active participation in numerous Bible studies, including the Bible Study Fellowship.

Beyond his spiritual pursuits, David was an avid fisherman, always sharing his catches with others and the stories he would tell. His downtime often included watching his favorite sports on television, collecting movies, and staying informed by watching the local and national news. He was honored to be a part of the local Honor Flight, an experience that he will cherish forever.

Members of the Lodge fondly remember David.



Thank You for Your Service

Click

Travels

Are you a traveler? I would like to know about your trips.
Please send me your trips and your pictures to
sofncedarrapids@gmail.com



In April 2026, Ellen Holstein and her 92 year old mother, Joan, flew from Minneapolis to....
Keflavik, Iceland to Bergen to Stavanger and from Svolvær, Lofoten to Bergen back to Keflavik then Minneapolis! 8 flights!



PULSVARMER
MADE FROM
SHEEP WOOL
INSIDE AND
USED IN THE
CUFFS TRIMMED
WITH RED
WOOL. THERE IS
HIDE IMPRINTED
AND STAINED
FOR THE SELBU
ROSE DESIGN



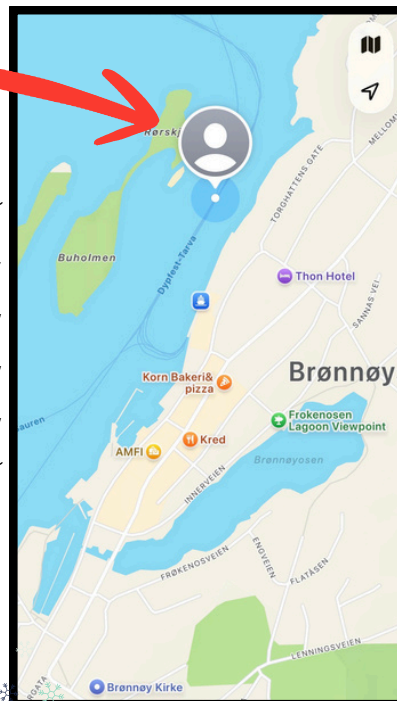
Current trends in
Norsk sweaters
from HipKnitShop
on-line and patterns
on ravelry.com!



4 inches overnight!

Ellen and Joan

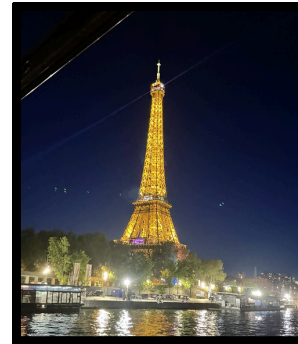
They took two
cruises on the
Fjordline from
Stavanger to Bergen
and the Hurtigruten
from Bergen to
Lofoten.



They met with cousins and one knit Selbu
mittens for all of them!

Travels

Marilyn and Tom Olson
went to Paris!



What was better? The
Eiffel Tower? OR
Ice Cream on French Toast?
We may never know!



Book Club Book List--UPDATED!

June

Helen

Hidden in Shadows by Viveca Sten

July

Kari

Scenes From a Childhood by Jon Fosse

August

Cindy

Last Rituals by Yrsa Sigurdardóttir

September

Marilyn

The Boy and the Mountain by Torbjorn Ekelund



October

Helen

The Moon Turned to Blood by Ruth J. Tiger

November

Thea

Faceless Killers by Henning Mankill

December

Barbara

The Arrow Collector by Cristian Perfumo