

Restauration Lodge

Sept-Oct 2026

Takk for alt
By Ellen Holstein



Norway and Norwegians around the world are mourning the passing of King Harald V, who died August 28 at the age of 89 after more than 35 years on the throne. King Harald will be remembered not only for his devotion to Norway, but for the warmth, humor and humanity he brought to the monarchy. He guided the nation through times of celebration and sorrow and spoke often of a Norway broad enough to embrace people of different backgrounds, beliefs and ways of life. His simple words, "Norway is you. Norway is us," captured the inclusive spirit of his reign. For those of us in Sons of Norway, even an ocean away, his passing feels like the loss of a familiar and beloved link to the country and heritage we cherish.

As Norway mourns, a new chapter begins with his son, King Haakon VIII. After more than three decades as Crown Prince, Haakon comes to the throne well prepared and with a reputation for warmth, thoughtfulness and service. As he carries forward the royal motto "Alt for Norge," we remember his father with gratitude and look with hope toward the future. Takk for alt, Kong Harald – og lykke til, Kong Haakon.



Contact us at sofn.cedarrapids@gmail.com





Thank you to Arden and Lois Shindoll for celebrating their 14th wedding anniversary with us! They even brought cake!

Members were charmed by their wedding album and liked the Restauration Lodge photo!

Who do you know?



skandanavian Knitters
We are never not knitting!

We meet every Monday 10-12
Feedwell Bakery and Kitchen
560 Boyson Road NE
Cedar Rapids

SONS OF NORWAY BOOK CLUB READING SCHEDULE MAY 2026 – MAY 2027

**MEETINGS:
LAST THURSDAY OF
MONTH AT 8 PM & LAST
SATURDAY OF MONTH AT
4 PM**

**To see the entire book list
Click Here**



**Restauration Lodge
Book Club**

September 16, 2026

and

October 21, 2026

Hosted by Kari Harper

**September's book is
The Boy and The Mountain
by Torbjorn Ekeland**

**October's read is
The Moon Turned to Blood
by Ruth J. Tiger**



Reading won't solve your problems, but neither will dusting. Choose wisely.





Dear Restauration members,

Our September meeting is Tuesday the 8th at 7 PM.

Ascension Lutheran Church, 2201 Grand Ave. Marion.

The cultural committee has a wonderful line up of programs for the months ahead....

This month, Marilyn Olson's presentation is "Changing of the Guard - From King Harald V to King Haakon VIII."

October? TBD

As you know, Norway and Norwegians of the world have mourned the passing of King Harald V.

On August 28. Harald V had served as Norway's king for 35 years. Harald was the first Norwegian king born in Norway since King Olav IV in 1370. Harald was a king of the people known for his compassion and humor. King Haakon VIII will continue the legacy of his father, grandfather and great grandfather with the motto
"Alt for Norge"
Everything for Norway.

Let's wish King Haakon all the best.

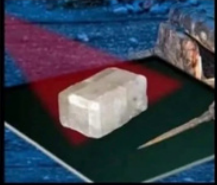
Barbara, Presidenten



 **physicsuncovered**

Viking sagas described a sunstone that could find the sun through clouds.

In 2013, a calcite crystal was found in a shipwreck near the Channel Islands. When held to the sky, it splits light into two beams. Rotating it until both beams match reveals the sun's exact position even under full cloud cover, confirming the old Norse legends.



physicsuncovered Viking sagas spoke of a mysterious "sunstone" that could reveal the position of the sun even on...

July 14, 2026 Meeting Minutes
by Kari Harper

Lois and Arden S brought treats to celebrate their 14th anniversary, thank you.

Also, HAPPY ANNIVERSARY.

Guests: Gabrielle – granddaughter of Arden, and her friend Sara, both from Sarasota FL.

Tom O had surgery, wishing him the best.

Dale F recovering at home from recent illness.

We wish both a speedy recovery.

Treasurer's report: Savings \$2,933.26, Checking \$4,290.70

Current membership: 79

23 attending tonight's meeting.

July Book Club: Scenes from a Childhood by Jon Fosse.

September Book Club: The Boy and the Mountain by Torbjorn Ekelund

Please note new Zoom address:

<https://us06web.zoom.us/j/86003301253?pwd=LO8kFjsWaaTnUMAXgBQZ0lOiOZtngr.1>

Meeting ID: 860 0330 1253

Passcode: 436607

Genealogy of Linn County is sponsoring a trip 8/29 to Clinton for the Dambo Trolls and Saw Mills Tour. If interested, meet at the CR library parking lot (must provide own transportation), \$10.00 registration.

Thank you, Cindy, for hosting the Midsommer Picnic; it was a great time and enjoyed by all.

This month's education program was provided by Cindy,

In May, she and Marilyn went to Norway for the Red List Trip with Vesterheim. The Red List is endangered craft techniques.

She also provided an update on the convention in Wilmar, MN; 102 delegates attended.

8/4 Anne G, Cindy, and John Monroe will take a trip to Norway organized by John Campbell with KCRG.

Katheleen A was awarded the Gold Medal in weaving.